Volunteer

WYOMING 2019

Your resource guide for volunteer opportunities in Laramie County and the surrounding areas

Serve Wyoming

Wyoming Tribune Eagle

Corporation for National & Community Service

ServeWyoming

MISSION
Improving lives and strengthening Wyoming communities through volunteerism.

CONTACT
- WE CAN HELP your organization.
- YOU CAN SERVE in AmeriCorps.
- SEARCH AND POST volunteer opportunities.
- GET HANDS-ON with any of our projects.

www.servewyoming.org
307-234-3428 • 1-866-737-8304

COMMISSION MEMBERS:

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Melissa Amick, Cheyenne
Amy Busch, Ex-Officio, Cheyenne
Jennifer Crowe, Banner
Cody Friedlan, Treasurer, Gillette
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ServeWyoming promotes collaborative efforts among private, non-profit, and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National & Community Service programs such as AmeriCorps*VISTA, Senior Corps and NCCC. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human needs, healthy futures, the economy, youth, & military/veterans & their family.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating, and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

**AMERICORPS*STATE**
Provide funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs and application process begins in the fall of each year.

**EMERGENCY PREPAREDNESS**
Provide volunteer reception Center (VRC) training and emergency preparedness strategies to AmeriCorps programs, agencies, and the public, including special needs populations.

**PARTNERSHIP BUILDING**
Develop investments and partnerships to sustain ServeWyoming and the programs we support.

**PROFESSIONAL VOLUNTEER NETWORK**
Increase nonprofit capacity through the engagement of highly skilled volunteers.

**PROFESSIONAL DEVELOPMENT & TRAINING**
Increase grantee capacity and statewide awareness of national service through professional development, training and technical assistance, member development, and outreach.

**VOLUNTEER WYOMING**
Serve as a resource to our communities and increase the number and effectiveness of volunteers in Wyoming.

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**INDEX**

The opportunities of each nonprofit, included in this publication, belong to the organization and do not reflect the views or opinions of ServeWyoming.

<table>
<thead>
<tr>
<th>Opp. Type</th>
<th>Page#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration/Organizational Support</td>
<td>9, 11, 12, 13, 14, 15, 16, 18, 19, 20</td>
</tr>
<tr>
<td>Advocacy</td>
<td>7, 8, 12, 13, 14, 18, 19, 20</td>
</tr>
<tr>
<td>Animal Science</td>
<td>7, 9, 15</td>
</tr>
<tr>
<td>Art/Culture</td>
<td>8, 9, 11, 12</td>
</tr>
<tr>
<td>Board/Committee Members</td>
<td>7, 15, 16, 18, 19</td>
</tr>
<tr>
<td>Childcare</td>
<td>8, 9, 12, 14, 16, 18, 19</td>
</tr>
<tr>
<td>Civic Participation</td>
<td>8, 9, 10, 12, 14, 18, 19, 20</td>
</tr>
<tr>
<td>Communications/Marketing</td>
<td>10, 12, 14, 15, 18, 19, 20</td>
</tr>
<tr>
<td>Construction/Home and Lawn Maintenance</td>
<td>10, 13, 15, 18</td>
</tr>
<tr>
<td>Counseling Information Support</td>
<td>7, 8, 20</td>
</tr>
<tr>
<td>Customer Service</td>
<td>7, 9, 10, 12, 14, 15, 16, 18, 19</td>
</tr>
<tr>
<td>Disaster/Emergency Services</td>
<td>7, 9, 10, 14, 18, 20</td>
</tr>
<tr>
<td>Donations Management</td>
<td>13, 14, 16, 17, 20</td>
</tr>
<tr>
<td>Education</td>
<td>7, 8, 9, 10, 12, 14, 15, 18, 19</td>
</tr>
<tr>
<td>Environmental</td>
<td>11, 12, 13, 16, 17, 19</td>
</tr>
<tr>
<td>Faith Based</td>
<td>13, 18, 20</td>
</tr>
<tr>
<td>Family Services</td>
<td>7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19</td>
</tr>
<tr>
<td>Food Prep/Delivery</td>
<td>10, 13, 15, 16, 17, 18</td>
</tr>
<tr>
<td>General</td>
<td>7, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19</td>
</tr>
<tr>
<td>Health/Personal Care</td>
<td>8, 10, 11, 12, 16, 17, 19</td>
</tr>
<tr>
<td>Internship</td>
<td>13, 14, 18</td>
</tr>
<tr>
<td>Mentoring</td>
<td>8, 9, 14, 16, 18</td>
</tr>
<tr>
<td>Recreational Activities</td>
<td>7, 8, 9, 10, 15, 20</td>
</tr>
<tr>
<td>Special Event Support</td>
<td>7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20</td>
</tr>
<tr>
<td>Transportation/Automotive/Mechanical</td>
<td>8, 10, 17</td>
</tr>
<tr>
<td>Youth</td>
<td>7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20</td>
</tr>
</tbody>
</table>

**CHECK OUT OUR 2018-19 AMERICORPS PROGRAMS**

<table>
<thead>
<tr>
<th>Programs</th>
<th>Members</th>
<th>Program Impact</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Wyoming Wyoming Conservation Corps</td>
<td>40</td>
<td>Promote leadership &amp; provide natural resource and environmental management experiences to young adults.</td>
</tr>
<tr>
<td>Greater Wyoming Big Brothers Big Sisters</td>
<td>27</td>
<td>Provide outreach &amp; support to new mentors and recruit mentors/AmeriCorps members to improve the lives of youth in Wyoming.</td>
</tr>
<tr>
<td>Teton Science Schools</td>
<td>48</td>
<td>Provide Education &amp; science training for educators, youth and young adults &amp; promote environmental education.</td>
</tr>
<tr>
<td>Wyoming Coalition Against Domestic Violence &amp; Sexual Assault</td>
<td>6</td>
<td>Provide leadership, education &amp; system advocacy to advance social change &amp; end violence, including crisis intervention.</td>
</tr>
<tr>
<td>Big Brothers Big Sisters of Northwest Wyoming</td>
<td>20</td>
<td>Provide after school educational &amp; enrichment activities, mentoring and homework assistance to local youth.</td>
</tr>
<tr>
<td>Action Resources International</td>
<td>6</td>
<td>Combating poverty through community strengthening projects.</td>
</tr>
<tr>
<td>University of Wyoming Chronic Disease Self Management Program</td>
<td>-</td>
<td>Developing diverse skills to manage chronic disease.</td>
</tr>
</tbody>
</table>

**2018-2019 VOLUNTEER GENERATION FUND PROGRAMS**

<table>
<thead>
<tr>
<th>Programs</th>
<th>Members</th>
<th>Program Impact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Wyoming College</td>
<td>20</td>
<td>Supporting the development and strengthening of the volunteer infrastructure through service learning.</td>
</tr>
</tbody>
</table>

For more information about AmeriCorps, visit www.AmeriCorps.gov
When you ask a volunteer, why they give back to their community, you’re bound to get a variety of answers: passion for the cause, to pay it forward, to get out of the house, to meet new people, to get to know my community, etc. From the reason to the experience, volunteering is rarely the same from person to person. What is similar across the board is the enormous benefit of volunteering to both community and the individual.

From the physical, to the emotional, and even the social, volunteers reap amazing benefits simply from giving their time and energy to someone/something else. Read on to learn how when you give your time and money to others this holiday season, you get just as much back in return!

Volunteering improves your health! Volunteering has consistently been found to lower stress levels, improve your mood, and make you feel healthier and happier.

Gives you purpose! Volunteering can help you feel more connected to your community and help you feel like you’re doing something that matters and contributes to the greater good.

Gets you out of the house! Volunteering is a great reason to get out of your house and escape boredom.

Helps you meet new people! Volunteering allows you to broaden your social horizons and meet like-minded people who care about the same things you do.

Could lead to a new job! Volunteering increases your chance of finding employment regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions and allows you to add relevant experience to your resume, grow your professional network, and try out a new skill or even a career without the pressure of a long-term commitment. Read more about volunteering leading to employment on p. 22.

Sets you apart from the crowd! Your volunteer commitments are great things to add to a resume or even a scholarship application.

As our state’s governor-appointed commission for service and volunteerism, ServeWyoming wants you to reap all the benefits of volunteering! ServeWyoming promotes volunteering and service as a means to strengthen communities through days of service, special initiatives, and community partnerships. We also address community needs by administering AmeriCorps*State funding that allows AmeriCorps members to serve in nonprofit, community-based and educational organizations throughout Wyoming. Read more about AmeriCorps on p. 6 and the benefits of AmeriCorps service on p. 23.

In 2007, ServeWyoming launched a program designed to connect potential volunteers with organizations across our state, and to measurably increase the number and effectiveness of volunteers. We call this program Volunteer Wyoming. Read all about how we can help YOU find that next rewarding volunteer opportunity on p. 6.

Please consider volunteering or increasing your commitment to community service. The rewards are immediate, lasting, and deeply appreciated!

Shelly J. Wallpinner
Executive Director,
ServeWyoming
Want to see your business featured here next year?

Reach over 20,000 readers and inform them about all the great things you are doing to pay it forward, and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction, and quality of life among all Cheyenne-area residents.

Contact ServeWyoming at (307) 234-3428 or (866) 737-8304 or shelly@servewyoming.org for more information about sponsorship opportunities!

Apply your professional skills to the greater good in your community!

Are you looking for ways to utilize your skills to make a positive impact on your community?

Through a mutual partnership with Wyoming community colleges and nonprofits, ServeWyoming is re-launching the Professional Volunteer Network (PVN) Initiative. PVN (AKA Pro Bono) is designed to lead, mobilize and engage Wyoming volunteers and degree-seeking community college students to give their time, professional expertise and applied learning to nonprofits in need of volunteer management and capacity building support, in the form of short-term, training-focused projects known as Service Grants.

Join this network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro Bono” or call us at (307) 234-3428 or (866) 737-8304.
What is Volunteer Wyoming?

Volunteer Wyoming is our statewide Volunteer Center, designed to make finding your next volunteer opportunity as easy as possible! We help connect potential volunteers with local nonprofits in 3 easy ways:

1. **Our FREE online matching database**, www.volunteerwyoming.org! This online system allows individuals to look for and respond to volunteer needs across the state while also enabling organizations to set up agency profiles, post volunteer needs, promote community events, and even advocate for donations.

2. **Call us!** If you’d prefer to talk with an actual person, we’re here to help five days a week. Just call (307) 234-3428 or (866) 737-8304 and tell us what you’re interested in and we’ll help connect you with the nonprofit and/or opportunity to suit your needs.

3. **Check out pages 7-20 of THIS Volunteer Guide!** We produce localized versions of our online database in 5 counties: Natrona, Laramie, Sheridan, Campbell, and Park. You can also view the Guides on our website (under Resources).

No matter how you prefer to search, at ServeWyoming we’re here to help. So, go online, call us, or pick up a Volunteer Guide!

What is AmeriCorps?

AmeriCorps engages more than 75,000+ Americans in intensive service each year at nonprofits, schools, public agencies, and community and faith-based groups across the country.

Since the program’s founding in 1994, ONE MILLION AmeriCorps members have contributed more than 1.2 billion hours in service across America while tackling pressing problems and mobilizing millions of volunteers for the organizations they serve.

Governor Gordon announced the 2018-19 AmeriCorps awards to six deserving Wyoming programs that will have 143 members serving our state who will earn close to $332,000 in Segal Education Awards. Members will apply their skills and ideals toward helping others and meeting critical community needs. As they serve, they also develop valuable job skills and experience, as well as earn a modest education award, which will enhance their employability throughout their careers.

AmeriCorps State is a program of the Corporation for National and Community Service which supports a wide range of community goals in Wyoming that engage citizens, along with thousands of other Americans across the country, in intensive community service each year in the areas of education, disasters, economic opportunity, environment, healthy futures, veterans and family services.

If you are an organization who wants to host an AmeriCorps program or someone looking to serve your community with purpose, call ServeWyoming at (307) 234-3428 or (866) 737-8304.
**Alliance For Historic Wyoming**

**Mission:** Working statewide to protect Wyoming's historic places and spaces.

**Social Content Creator (Administration/Organizational Support, Advocacy, Communications/Marketing):** Love your community's historic places and spaces? Help us show off great things around the state!

- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 12
- **Good For:** Adults 18+

**Preservation Program Coordinator (Administration/Organizational Support, Advocacy, Special Event Support):** Work to protect Wyoming's history statewide. Requires monthly conference calls and rewards with cool field trips.

- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 12
- **Good For:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Researcher (Administration/Organizational Support, Advocacy, Education):** Love historical research? So do we! Help us investigate and promote Wyoming's past.

- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 12
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Julia Stuble
PO Box 123, Laramie, WY 82073
ExecDirector@historicwyoming.org
(307) 333-3508

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**Alzheimer's Association, Wyoming Chapter**

**Alzheimer's Association®**

**THE BRAINS BEHIND SAVING YOURS:**

**Mission:** Eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

**Public Policy Advocates (Advocacy, Civic Participation):** Advocate with elected officials to create a better world for those with Alzheimer's and other dementias.

- **Occurrence:** Monthly
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 14
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, RSVP

**Support Group Facilitator (Counseling Information Support):** Lead a support group for caregivers or those living with Alzheimer's or another dementia. Training provided.

- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+, RSVP

**Community Educator (Communications/Marketing, Customer Service, Education):** Present a variety of educational programs about dementia to groups in your community. Training & materials provided.

- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Adults 18+, Older Adults 55+, RSVP

**Contact:** Janet Lewis
2232 Dell Range Blvd., Ste. 220
Cheyenne, WY 82009
jlewis@alz.org
(307) 316-2892

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**American Cancer Society**

**Mission:** Nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer through research, education, advocacy and service.

**Relay For Life Volunteer (Board/Committee Members, Recreational Activities, Special Event Support):** There are several ways to volunteer with the Relay For Life, on the committee, as a team captain, or as a participant.

- **Occurrence:** Monthly
- **Minimum Age:** 18; **Minimum Age w/Adult:** 14
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Contact:** Jennifer Syvertson
333 S. Beech St.
Casper, WY 82601
jennifer.syvertson@cancer.org
(800) 225-2345
American Red Cross

Mission: The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Help those who have been displaced due to a home fire or other natural disaster and join our Disaster Action Team (DAT) (Disaster and Emergency Services): Respond to local emergencies in your own community to provide Red Cross client assistance such as shelter, food, clothing and comfort kits. DAT Supervisors are also in need. Involves on-call service availability.

**Occurrence:** Flexible, Based on need, On-call
**Minimum Age:** 18
**Good for:** Adults 18+, Seniors 55+

Help those who have been impacted by a natural disaster by becoming a DAT Duty Officer (Disaster and Emergency Services): Work remotely from your home or office to notify and deploy regional DAT volunteers of real time emergencies (such as home fires, flooding or other natural disasters), coordinate lodging for displaced persons and initiate client assistance. Having a phone and internet is essential for this role.

**Occurrence:** Flexible, Based on need, On-call
**Minimum Age:** 18
**Good for:** Adults 18+, Seniors 55+

Utilize your professional mental health credentials to provide valuable services to military members and their families and become a Reconnection Workshop Facilitator (Military Counseling Information and Support): Our Services to the Armed Forces program developed this opportunity to support military families during the deployment cycle, these courses teach participants how to build their resilience.

**Occurrence:** Flexible
**Minimum Age:** 21
**Good for:** Adults 21+, Seniors 55+

Contact: Joshua Stewart
5500 Bishop Blvd.
Cheyenne, WY 82003
Joshua.stewart@redcross.org
(307) 421-0630

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Black Dog Animal Rescue

Mission: The mission of Black Dog Animal Rescue is to provide homeless animals across Wyoming with guaranteed safe and secure placement, promote the use of proven life-saving programs in our communities, and advocate for animal welfare.

**Foster Home (Advocacy, Animal Science, General):** Foster families provide safe housing for homeless dogs and cats until they are adopted.

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+, Family

**Transporter (Animal Science, Transportation/Automotive/Mechanical):** Volunteers drive animals to locations for intake. Usually no more than 100 miles one way.

**Occurrence:** Weekly
**Minimum Age:** 18
**Minimum Age w/Adult:** 16
**Good For:** Adults 18+, Older Adults 55+

Contact: Maddi Haak
2407 E. 9th St.
Cheyenne, WY 82001
maddi@bdar.org
(307) 514-4024

Boys & Girls Club of Cheyenne

Mission: To inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible and caring citizens.

**Boys & Girls Club Volunteer (Education, Mentoring, Recreational Activities):** Assist Club staff with youth development activities, play a game, read a book, etc.

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

Contact: Wendy Fanning
515 W. Jefferson Rd.
Cheyenne, WY 82001
wfanning@bgcchey.org
(307) 778-6674 ext. 1002

Capital City Canine Search and Rescue

Mission: CCCSAR is dedicated to training and providing well-trained canine search teams to law enforcement and rescue groups. We also offer educational programs for the public to further their knowledge and interest in the use of dogs in search and rescue.

**Dog Trainer/Handler (Disaster/Emergency Services):** Learn to train your dog for search and rescue.

**Occurrence:** Weekly (Practice Mon., Tues., and Sat. & you can work with individual handlers on other days)
**Minimum Age:** 18
**Minimum Age w/Adult:** 12
**Good For:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Trail Layer (Disaster/Emergency Services):** Volunteers lay trails for trailing dogs or hide in an area for air scent dogs.

**Occurrence:** Weekly (Practice Mon., Tues., Wed., as a group)
**Minimum Age:** 16
**Minimum Age w/Adult:** 12
**Good For:** Adults 18+, Older Adults 55+, Family, RSVP

Contact: Becky Hale
2329 County Rd. 220
Cheyenne, WY 82001
bjacksonhale@hotmail.com
(307) 421-0311
CASA of Laramie County

Mission: Provide a court-appointed voice for abused/neglected children - protecting their fundamental right to be safe, treated with dignity and the opportunity to grow in a safe environment.

CASA Volunteer Advocate (Advocacy, Family Services): CASA advocates work directly with abused and neglected children and the people in their lives. Training required (held 3 times/year).
Occurrence: Flexible
Minimum Age: 21
Good For: Older Adults 55+

Contact: Carol Tullio
1616 E. 19th St., Ste. 4
Cheyenne, WY 82001
c.tullio@casalc.org
(307) 222-1902

Cheyenne Botanic Gardens

Mission: The Cheyenne Botanic Gardens inspires, beautifies & enriches the greater High Plains community through gardening, volunteerism, education, and stewardship.

Administrative Assistant Volunteer (Administration/Organizational Support, Special Event Support): Act as Front desk greeter, educational programming assistant for the Paul Smith Children's Village and new classroom and provide special event support.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 16
Good For: Disabled, Adults 18+, RSVP

Horticulture & Gardening Volunteer (Administration/Organizational Support, General): Assist with horticulture maintenance in Conservatory, production house, grounds and the Paul Smith Children's Village.
Occurrence: Flexible
Minimum Age: 14
Minimum Age w/Adult: 12
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Trudy Fox
710 S. Lions Park Dr.
Cheyenne, WY 82001
trudy@botanic.org
(307) 637-6376

Cheyenne Animal Shelter

Mission: The mission of the Cheyenne Animal Shelter is to enhance the quality of life for animals and people through compassion, respect and education.

Foster Care Volunteer (Animal Science): Foster pets in your home until they are ready for adoption.
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 10
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Photographer/Videographer (Animal Science): Take photos of our adoptable animals with a digital camera for use in marketing their availability. (Must have your own camera)
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 10
Good For: Adults 18+, Family

Adoption Liaison (Animal Science, Customer Service): Assist the public in meeting our animals. Escort animal to visitation area for patron animal socialization.
Occurrence: Weekly
Minimum Age: 16
Good For: Adults 18+

Contact: Rheva Cliff
800 Southwest Dr.
Cheyenne, WY 82007
rcliff@caswy.org
(307) 213-3058

Cheyenne Civil Air Patrol

Mission: Civil Air Patrol, America’s Air Force Auxiliary, supporting America's communities with emergency response, diverse aviation and ground services, youth development and promotion of air, space and cyber power.

Aerospace Education (Disaster/Emergency Services, Education, Youth): Educate CAP Cadets, form partnerships with Cheyenne education system for STEM resources and scholarships.
Occurrence: Weekly
Minimum Age: 12
Good For: Youth, Adults 18+

Emergency Services Volunteer (Civic Participation, Disaster/Emergency Services, Education): Perform the vital role of inland search and rescue as aircrew or ground team members.
Occurrence: Weekly
Minimum Age: 12
Good For: Youth, Adults 18+, Family

Leadership Training (Administration/Organizational Support, Education, Mentoring): Everyone can develop leadership skills through hands-on opportunities to real-world challenges. Today's cadets are tomorrow's aerospace leaders.
Occurrence: Weekly
Minimum Age: 12
Good For: Youth, Adults 18+, Family

Contact: LuWana DePorter
5500 Bishop Blvd.
Cheyenne, WY 82001
info@cheyennecap.com
(334) 294-6682

Cheyenne Capital Chorale

Mission: To inspire excellence in choral music through education, performance and advocacy.

Singers (Art/Culture, Civic Participation, Special Event Support): Join a community choral group with singers of all skill levels.
Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 16
Good For: Disabled, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Linda Pechulis
787 Valley View Dr.
Cheyenne, WY 82009
cheyennecapitalchorale@gmail.com
(307) 286-0957
Cheyenne Civic Center

**Mission:** To present the Civic Center as a leader in providing and promoting quality service to presenters of the arts.

**Usher (Art/Culture):** Ushers are responsible for scanning tickets, answering patron questions, and guiding patrons to seats.

**Occurrence:** Monthly

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

**Contact:** Amy Gorbey
510 W. 20th St.
Cheyenne, WY 82001
boxoffice@cheyennecity.org
(307) 637-6363

Cheyenne Day of Giving

**Mission:** Year-round agency supporter for the sick and in-need in the Cheyenne community. Our annual event to collect hygiene/food items, eyeglasses, blood and more is the second Friday in May.

**Public Outreach:** Help distribute advertising materials for periodic fundraising events as well as our May event.

**Occurrence:** Varies/April (for May event)

**Minimum Age:** 18

**Good For:** Adults 18+

**Social Media (Communications/Marketing):** Help with Facebook posts and increase our awareness through agencies' social media/websites as well.

**Occurrence:** Flexible

**Minimum Age:** 18

**Good For:** Youth, Adults 18+

**Contact:** Kaylan Ferrari
P.O. Box 2160
121 W. 15th St. #300
Cheyenne, WY 82003
kaylan@cheyennedepotmuseum.org
(307) 632-3905

Cheyenne Depot Museum

**Mission:** To celebrate the spirit, teamwork, optimism and sacrifices of the men and women who built and are the life of the Union Pacific Railroad, the Cheyenne Depot and the City of Cheyenne.

**Model Railroad Operator (Recreational Activities):** Assist with operating and showing off the model railroad layout.

**Occurrence:** Weekly

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

**Event Volunteer (Special Event Support):** Support for Depot Plaza events. Wrist banding guests, decoration, setup and takedown.

**Occurrence:** Semi-annually

**Minimum Age:** 21

**Good For:** Group, Adults 18+, Older Adults 55+, Family

**Contact:** Morgan Marks
4610 N. Carey Ave.
Cheyenne, WY 82003
morgan.marks@oldwestmuseum.org
(307) 778-1416

Cheyenne Family YMCA

**Mission:** To strengthen communities through mind, body & spirit. For Healthy Living, Youth Development, For Social Responsibility.

**Maintenance Volunteer (Construction/Home and Lawn Maintenance, Transportation/Automotive/Mechanical):** Help with light maintenance of facility. Great volunteer position for retired handyman. Having a CDL/passenger license is a plus!

**Occurrence:** Weekly

**Minimum Age:** 18

**Good For:** Older Adults 55+

**Special Events Volunteer (Recreational Activities, Special Event Support, Youth):** Assist with special events such as birthday parties, dances, parking lot party, Halloween party, New Year’s Eve, super day & craft fairs.


**Contact:** Christine Shay
1426 E. Lincolnway
Cheyenne, WY 82001
cshay@cheyenneymca.org
(307) 634-9622

Cheyenne Frontier Days Old West Museum

**Mission:** To cultivate and preserve the Western legacy of Cheyenne Frontier Days.

**Front Desk Volunteer (Art/Culture, Customer Service, Civic Participation):** Volunteers ensure Museum guests have the best possible Museum experience through welcoming guests.

**Occurrence:** Flexible

**Minimum Age:** 16

**Minimum Age with Adult:** 12

**Good For:** Youth, Disabled, Family, Adults 18+, Older Adults 55+

**Docent (Art/Culture, Education):** Docents provide guided tours for school groups throughout the year.

**Occurrence:** Flexible

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

**Contact:** Morgan Marks
4610 N. Carey Ave.
Cheyenne, WY 82003
morgan.marks@oldwestmuseum.org
(307) 778-1416
Cheyenne - Laramie County Health Department Bio Terrorism Division

Mission: To offer Medical Countermeasures to the citizens of Laramie County, in the event of a Bio-Terrorism event.

(POD) Point of Dispensing Citizen Volunteer
(Disaster/Emergency Services, Special Event Support): Volunteers would assist the Cheyenne – Laramie County Health Department Staff, by acting as support staff in a (POD) Point of Dispensing.

Occurrence: Annually
Minimum Age: 21
Good For: Group, Older Adults 55+

Contact: John Kelley
100 Central Ave.
Cheyenne, WY 82007
jkelley@laramiecounty.com
(307) 633-4063

Cheyenne Noon Lions Club

Mission: Where there’s a need, there’s a Lion.

Member (Civic Participation): Participate in community events within the City of Cheyenne
Occurrence: Monthly (Lunch Meeting First Tues. & one service project/month)
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Contact: Bonnie Harrison
PO Box 1584
Cheyenne, WY 82003
cheyennenoonlions@gmail.com
(307) 640-0454

Cheyenne Community Recreation & Events

Mission: Meet the needs of a changing and growing community by providing a variety of high-quality parks and recreation activities, services, and facilities for Cheyenne.

Recreation Attendant (Recreational Activities): Volunteer at our batting cages, ice and event center, or other facilities helping with customer service, operations, etc.

Occurrence: Weekly
Minimum Age: 18
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Forestry Office Assistant (Administration/Organizational Support, Customer Service): Help answer phones, customer support, scheduling and additional office work a couple days a week.

Occurrence: Weekly
Minimum Age: 18
Good For: Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Cemetery Division Assistant (Administration/Organizational Support, Customer Service, Environmental): Help with light office work such as answering phones, customer relations, etc. Field work also available.

Occurrence: Weekly
Minimum Age: 16
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Jason Sanchez
2101 O’Neil Ave.
Cheyenne, WY 82001
jsanchez@cheyennecity.org
(307) 638-4356

Cheyenne Little Theatre Players

Mission: Celebrating creativity and community enrichment through theatre.

Front of House Volunteer (Art/Culture, General): Help with ushering, the house manager, box office, and will call.

Occurrence: Flexible
Minimum Age: 18
Minimum Age w/Adult: 12

Contact: Cathie Chadwick
2706 E Pershing Blvd.
Cheyenne, WY 82001
cchadwick@cheyennelittletheatre.org
(307) 638-6543
Cheyenne Regional Medical Center Foundation

Mission: The Foundation informs, develops and stewards resources to enable the Cheyenne Regional Health System to provide the best possible health care.

Foundation Volunteer (Special Event Support): Looking for volunteers to support various CRMC Foundation events, including large events (200-700 person): Golf Tournament, Employee Silent Auction, Scrub Shuffle (race), etc.
Occurrence: Monthly (Employee Silent Auction in Nov., Golf Tournament in Sept., Scrub Shuffle in Sept.)
Minimum Age: 16
Good For: Youth, Adults 18+
Contact: Scott Fox
214 E. 23rd St. (mailing)
408 E. 23rd St. (physical)
Cheyenne, WY 82001
Scott.Fox@crmcwy.org
(307) 630-0859

Cheyenne Symphony Orchestra

Mission: To organize, fund and responsibly manage a quality, professional symphony orchestra in order to provide musical enjoyment, growth and cultural outreach.

Cheyenne Symphony Friends (Administration/ Organizational Support, Art/Culture, Special Event Support): Volunteers who contribute their time, talent and energy to support the mission of the Cheyenne Symphony Orchestra.
Occurrence: Monthly
Minimum Age: 18
Good For: Adults 18+
Contact: Christine Pelletier
1920 Thomas Ave., Suite 400
Cheyenne, WY 82001
christine@cheyennesymphony.org
(307) 778-8561

Cheyenne VA Medical Center & Clinics (VAMC), Voluntary Service 135

Mission: Our mission is to make a positive difference in the lives of the Veterans we serve by providing compassionate, comprehensive, & quality healthcare. Also to promote a community of integrity, respect, stewardship, & excellence by understanding and respecting the diversity of those whom we serve.

Chief Volunteer Service (Administration/ Organizational Support, Customer Service, General, Health/Personal Care): The Cheyenne VAMC has over 30 positions available. Please call and ask for the list.
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/ Adult: 14
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP
Contact: Linda Brown
2360 E. Pershing Blvd.
Cheyenne, WY 82001
linda.brown1@va.gov
(307) 778-7317

Citizens’ Climate Lobby

Mission: Citizens’ Climate Lobby is committed to two purposes: To create the political will for a stable and sustainable climate and empower individuals in exercising their personal and political power.

Group Outreach Volunteer (Civic Participation, Education, Environmental): Opportunities include tabling, letters to the editor and education.
Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 10
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP
Contact: Wesley Scott Frain
2622 Maxwell Ave.
Cheyenne, WY 82001
Frain72@Gmail.com
(307) 631-2673

Cheyenne Regional Medical Center Volunteers

Mission: Putting service before self, our family cares for your family with compassion, experience and innovation. We inspire great health!

Gift Shop Volunteer (Customer Service, General, Special Event Support): Requires sales and customer service duties.
Occurrence: Flexible
Minimum Age: 14
Good For: Youth, Adults 18+, Older Adults 55+, RSVP

Home Away From Home Volunteer (Customer Service, General, Special Event Support): Provide receptionist support.
Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+, RSVP

ICU & Info Desk Volunteer (Customer Service, General): Help patients and families with directions and hospitality.
Occurrence: Flexible
Minimum Age: 14
Good For: Adults 18+, Older Adults 55+, RSVP, Flexible
**Comea, Inc.**

Mission: *It is the mission of COMEA to provide a safe, secure and temporary shelter to men, women and children who are homeless. COMEA collaborates with community programs and resources to create opportunities for independent living.*

Administrative Volunteer (Administration/Organizational Support, Communications/Marketing, Customer Service): Answer phones, welcome guests and visitors, and general office work.

Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+, RSVP

Kitchen Volunteer (Food Prep/Delivery): Helping prepare and/or serve dinner.

Occurrence: Weekly
Minimum Age: 16
Minimum Age w/ Adult: 6
Good For: Youth, Disabled, Adults 18+, Older Adults 55+, Family, RSVP

Special Project Volunteer (General, Special Event Support): Various special projects available as needed.

Occurrence: As needed
Minimum Age: 16
Minimum Age with Parent: 5
Good For: Youth, Groups, Family, Adults 18+, Disabled, Older Adults 55+

Contact: Robin Bocanegra
1504 Stinson
Cheyenne, WY 82001
director@comeashelter.org
(307) 632-3174

**Equality State Policy Center**

Mission: *To improve the lives of all Wyoming’s people through transparent government, fair elections, and thriving communities.*

Graphic/Web Designer (Advocacy, Civic Participation): Generate graphics related to our mission programs and improving our website.

Occurrence: Flexible
Minimum Age: 16
Good For: Youth, Disabled, Adults 18+, Older Adults 55+

Data Entry (Administration/Organizational Support, Advocacy, Civic Participation): Help with data entry and updates in our system to help us better communicate with supporters.

Occurrence: Flexible
Minimum Age: 16
Good For: Youth, Disabled, Adults 18+, Older Adults 55+

Contact: Phoebe Stoner
419 S. 5th St., Ste. 1
Laramie, WY 82070
pstoner@equalitystate.org
(330) 231-8963

**Family Promise of Cheyenne**

Mission: *The mission of Family Promise of Cheyenne is to provide homeless families with emergency and on-going shelter, meals, and supportive services through a unique partnership with various local faith communities.*

Donation Processing (Donations Management, General): Intake and sort community donations (housewares, hygiene products, etc.).

Occurrence: Flexible
Minimum Age: 15
Minimum Age w/Adult: 10
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family


Occurrence: Flexible
Minimum Age: 15
Minimum Age w/Adult: 5
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Contact: Lina Dunning
968 N. 9th St.
Laramie, WY 82072
Info@feedinglaramievalley.org
(307) 223-4399

**Feeding Laramie Valley**

Mission: *Feeding Laramie Valley is a community based, designed and led nonprofit program working for food security and an equitable, just and sustainable food system in Albany County, Wyoming.*

FLV Shares Volunteer (Food Prep/Delivery, General, Special Event Support): Participate in helping to increase food access and equality in Wyoming.

Occurrence: Weekly
Minimum Age: 16
Minimum Age w/ Adult: 10
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

FLV Garden Volunteer (Construction/Home and Lawn Maintenance, Environmental, General): Spend time outdoors working in various garden settings.

Occurrence: Flexible
Minimum Age: 16
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

FLV Craft and Construction Volunteer (Art/Culture, Construction/Home and Lawn Maintenance, General): Enjoy creating, painting, and sign making with different tools for public displays.

Occurrence: Flexible
Minimum Age: 16
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Contact: Lori Kempter
2950 Spruce Dr.
Cheyenne, WY 82001
lorikempter@hotmail.com
(307) 772-8770

Contact: Lori Kempter
2950 Spruce Dr.
Cheyenne, WY 82001
lorikempter@hotmail.com
(307) 772-8770
**First Judicial District Attorney’s Victim Witness Office**

**Mission:** The Victim Witness Program at the Laramie County District Attorney’s Office strives to ensure a victim of, or a witness to a crime is treated with dignity and compassion and is informed about their case.

**Victim Witness Volunteer (Advocacy, Administration/Organizational Support, Internship):** Work with the victim witness office in notifying victims of what is going on with their case.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Adults 18+  
**Office Help (Administration/Organizational Support, Advocacy, General):** Help out doing general office work such as filing paper work, answering phones and data entry.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Adults 18+, Older Adults 55+  
**Contact:** Mellissa Walls  
310 W. 19th St., Ste. 200  
Cheyenne, WY 82001  
mellissa@da.co.laramie.wy.us  
(307) 633-4361

**Girl Scouts of Montana & Wyoming**

**Mission:** Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

**Girl Program Mentor (Administration/Organizational Support, Special Event Support, Youth):** There are many different opportunities to change the lives of our G.I.R.L.S.  
**Occurrence:** Flexible  
**Minimum Age:** 18  
**Good For:** Adults 18+, Older Adults 55+  
**Program Partner (Administration/Organizational Support, Special Event Support, Youth):** Plan or support a onetime event for Girl Scouts.  
**Occurrence:** Flexible  
**Minimum Age:** 18  
**Good For:** Adults 18+, Older Adults 55+  
**Contact:** Briana Black  
428 S. Durbin St., Ste. 102  
Casper, WY 82601  
brianab@gsmw.org  
800-736-5243 ext. 2204

**Goodwill Industries of Wyoming**

**Mission:** The mission of Goodwill Industries of Wyoming is to help people with disabilities and other disadvantages reach their goals and improve their quality of life through learning and the power of work.

**Store Assistant (Donations Management):** Assist with donated items to proper areas of the sales floor as needed. Also, clean and organize sales floor fixtures.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP  
**Contact:** Christy Wyler  
3301 E. Nationway  
Cheyenne, WY 82001  
christy.wyler@goodwillwy.org  
(307) 459-4879

**Greater Wyoming Big Brothers Big Sisters**

**Mission:** To provide children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.

**Adult Volunteer (Mentoring):** Volunteers needed to spend one to one time with a child building a positive mentoring relationship based on similar interests and personalities. Time spent is flexible, based on the schedule of the child and volunteer.  
**Occurrence:** Monthly  
**Minimum Age:** 16  
**Good For:** Adults 18+, Older Adults 55+  
**Contact:** Catherine Fuller  
1603 Capitol Ave., Ste. 510  
Cheyenne, WY 82001  
catherine@wyobbbs.org  
(307) 514-3383

**Habitat for Humanity of Laramie County, Inc.**

**Mission:** To show God’s love by bringing people together to build homes, hope, and communities.

**ReStore Volunteer (Advocacy, Customer Service, Donations Management):** Assist donors and customers and process donations. Customer service is a must!  
**Occurrence:** Weekly  
**Minimum Age:** 16  
**Good For:** Disabled, Group, Adults 18+, Older Adults 55+, RSVP
**Mission:** Serve the people of Laramie County by encouraging and supporting lifelong learning and adventure.

**Library Program Volunteer - Adult & Youth** (Special Event Support, Youth): Assist with library programs, including running the program, set-up, clean-up, and preparation.

**Occurrence:** weekly

**Minimum Age:** 12

**Good For:** Youth, Adults 18+, Older Adults 55+

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**Mission:** Dedicated to enriching the lives of others through the training, placement and support of Assistance Dog Partnerships.

**Kennel Assistant (Animal Science):** Clean dog kennels inside and outside. Wash water buckets, crates and beds. Sweep and mop floors. Pick up toys and dog waste in the outside yard.

**Occurrence:** Weekly

**Minimum Age:** 15

**Minimum Age w/Adult:** 12

**Good For:** Youth, Adults 18+, Family

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**Mission:** The Foundation calls upon private support to assist the Laramie County Library System in serving all people of Laramie County in their quest for lifelong learning and adventure.

**Foundation Community Volunteers** (Administration/Organizational Support, Communications/Marketing, Special Event Support): Experienced volunteer support needed for Foundation activities including administration, fundraising and special events.

**Occurrence:** Weekly

**Minimum Age:** 21

**Good For:** Adults 18+, Older Adults 55+

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**Mission:** The primary goal of 4-H is to assist youth in developing life skills that help them live productive and satisfying lives.

**4-H Volunteer (Animal Science, Education, Youth):** Guide 4-H youth in club and project work through the 4-H program.

**Occurrence:** Monthly

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

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**Mission:** Serve the people of Laramie County by encouraging and supporting lifelong learning and adventure.
Legal Aid of Wyoming Inc.

Mission: Legal Aid of Wyoming is a statewide nonprofit organization providing high quality civil legal services to eligible people to facilitate and encourage a just legal system.

Office Assistant (Administration/Organizational Support, Customer Service, General): Help with basic filing, answering of phones, running court documents, cleaning and organization.

Occurrence: Flexible
Minimum Age: 16
Good For: Youth, Disabled, Adults 18+, Older Adults 55+

Contact: Connie Lackey
1813 Carey Ave.
Cheyenne, WY 82001
connie@lawyoming.org
(307) 432-0807

Meals on Wheels of Cheyenne

Mission: Meals on Wheels is a non-profit corporation that provides nutritious meals to elderly, disabled, ill and frail persons in order to allow them to remain in their homes.

Volunteer Meal Delivery Driver (Family Services, Food Prep/Delivery): Deliver meals using personal vehicle and fuel. Mon - Fri. Daily, weekly, monthly or as available.

Occurrence: Annually
Minimum Age: 17
Minimum Age w/Adult: Any
Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

Kitchen Helper (Family Services, Food Prep/Delivery, Health/Personal Care): Help with food preparation such as chopping, wrapping, serving, cleaning etc.

Occurrence: Weekly
Minimum Age: 14
Minimum Age w/Adult: 12
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Mart (Thrift Store) Volunteer (Donations Management, Food Prep/Delivery): Assist with donation intake, sorting, cleaning, pricing or stocking.

Occurrence: Weekly
Minimum Age: 14
Minimum Age w/Adult: 12
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Merri Burkett
2015 S. Greeley Highway
Cheyenne, WY 82007
volunteer@mealsonwheelsofcheyenne.com
(307) 635-5542 ext. 104

National MS Society

Mission: People affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever.

WY Bike MS Volunteer (Education, Recreational Activities, Special Event Support): Serve on planning committees, calls past participants, and provide overall support at the event.

Occurrence: Monthly
Minimum Age: 12
Good For: All

Walk Event Committee Volunteer (Board/Committee Members, Recreational Activities, Special Event Support): Volunteers are needed to help plan walk events in Greenriver, Thermopolis, Laramie, Casper, and Cheyenne.

Occurrence: Monthly
Minimum Age: 18
Good For: Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Administrative Volunteer (Administration/Organizational Support, Customer Service): We need daily office help such as, mailings, phone calls, data entry, etc.

Occurrence: Weekly
Minimum Age: 16
Good For: All

Contact: Amber McDaniel
2112 Evans Ave.
Cheyenne, WY 82001
amber.mcdaniel@nmss.org
(307) 433-9591

Make-A-Wish Wyoming

Mission: Together, we create life-changing wishes for children with critical illnesses.

Wish Granting Volunteer (Health/Personal Care, Youth): Work closely with local families in many aspects of the wish process, including helping explore the heart of the child’s wish, assisting families with paperwork questions when needed and celebrating wish milestones along the way.

Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+, RSVP

Special Event Volunteer (General, Special Event Support): Help with the array of events Make-A-Wish Wyoming is involved with each year, from our Tour de Wish bike/run/walk series to our Stories of Light gala.

Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+, Family, RSVP

Contact: Mandy Lasky
236 W. 1st St.
Casper, WY 82601
mlasky@wyoming.wish.org
(307) 234-9474

Contact: Connie Lackey
1813 Carey Ave.
Cheyenne, WY 82001
connie@lawyoming.org
(307) 432-0807
**Mission:** To encourage adults 55+ to remain active by becoming involved in their communities through sharing their gifts, talents, and skills in a volunteer capacity that appeals to their interests.

**RSVP Volunteer Pool and Volunteer Stations (Board/Committee Members, Food Prep/Delivery, General):** Various volunteer opportunities as needed and repeat placements.

**Occurrence:** Flexible

**Minimum Age:** 55

**Good For:** Older Adults 55+, RSVP

**Dependable and Safe Drivers (Transportation/Automotive/Mechanical):** The Senior Center in partnership with the RSVP program is looking for safe, dependable drivers to provide transportation for those in their Caregiver Program.

**Occurrence:** Flexible

**Minimum Age:** 55

**Good For:** Older Adults 55+, RSVP

**Contact:** Lynn Wright
2101 Thomas
Cheyenne, WY 82001
rsvp_coordinator@vcn.com
(307) 635-2435 ext. 11

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**Mission:** Re-establish a long-term tree planting program to help support a more diverse and resilient urban canopy and cultivate greener, healthier, more livable neighborhoods.

**Planting Team Crew Leader (Environmental, General, Special Event Support):** Will help to manage and direct planting teams on planting day.

**Occurrence:** Flexible

**Minimum Age:** 18

**Good For:** Adults 18+,

**Planting Crew (Environmental, General, Special Event Support):** Planting crew team members will help plant trees.

**Occurrence:** Flexible

**Minimum Age:** 10

**Good For:** Youth, Group, Adults 18+, Family

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**Mission:** Our mission is to create and support one-to-one mentoring relationships between positive role models and youth facing challenges in their personal, social, and academic lives. Learn more at www.youthalternatives.net

**Special Friends Mentor (Mentoring, Youth):** Mentor youth one-on-one, 3 hours a week for a 1 year commitment.

**Occurrence:** Weekly

**Minimum Age:** 18

**Minimum Age w/Adult:** 13

**Good For:** Adults 18+, Older Adults 55+

**Court Mentoring (Mentoring, Youth):** Mentor youth one-on-one, 2-3 hours a week for the Court duration.

**Occurrence:** Weekly

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

**Team Mentoring (Mentoring, Youth):** Mentoring a youth together, for 3 hours a week for 1 year commitment.

**Occurrence:** Weekly

**Minimum Age:** 18

**Minimum Age w/Adult:** 13

**Good For:** Adults 18+, Older Adults 55+

**Contact:** Jan Spires
1328 Talbot Ct.
Cheyenne, WY 82001
oya@cheyennecity.org
(307) 637-6480

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**Mission:** Recover Wyoming advocates for and assists persons seeking or in recovery from substance use disorders.

**Fundraiser Volunteers (Special Event Support):** Assist with our Annual Fundraiser by helping us set up the Sept. event.

**Occurrence:** Annually (Sept. 24, 2018)

**Minimum Age:** 18

**Minimum Age w/Adult:** 12

**Good For:** Group, Adults 18+, Older Adults 55+

**Contact:** Laura Griffith
122 W. Lincolnway
Cheyenne, WY 82001
laura.griffith@recoverwyoming.org
(307) 421-2336
Safe Harbor, Children’s Justice Center

Mission: Provide a safe environment for children to: disclose abuse, benefit from a multidisciplinary approach to the investigation of child abuse and, engage in safe parental exchange and visitation.

General Volunteer (Board/Committee Members, Construction/Home and Lawn Maintenance, Internship): Provide general services to our program as needed.

Occurrence: Flexible
Minimum Age: 10
Good For: Youth, Group, Family

Contact: Lynn Huylar
2712 Thomas Ave.
Cheyenne, WY 82001
safeharbor6@juno.com
(307) 632-1708

The Salvation Army Cheyenne Community Center

Mission: To serve, like Christ, with love for all.

Lunch Program Volunteer (Faith Based, Family Services, Food Prep/Delivery): Help prepare and serve the Center’s daily free hot lunch or clean up afterwards.

Occurrence: Monday - Friday
Minimum Age: 16
Minimum Age w/Adult: 14
Good For: Group, Adults 18+, Older Adults 55+, Family

Emergency Disaster Services Volunteer (Civic Participation, Customer Service, Faith Based): Our EDS Team is dispatched to local emergencies as well as planned community events to support our first responders and the community with water, coffee, snacks, and even meals when the situation warrants it. This volunteer opportunity requires training as well as being willing to be on-call throughout the year.

Occurrence: Throughout year as needed
Minimum Age: 18
Minimum Age w/Adult: 14
Good For: Group, Adults 18+, Older Adults 55+, RSVP

Salvation Christmas Volunteers (Civic Participation, Customer Service, Faith Based, Special Event Support): Throughout Christmas, the Salvation Army has multiple volunteer opportunities: ringing bells at one of our Red Kettle sites; help serve, deliver, or clean up during Christmas meal; help receive, organize, or distribute toys and donations as part of the Salvation Army’s Angel Tree or Adopt-A—Family programs.

Occurrence: Thanksgiving and Christmas Season (November 15 – December 24, 2019)
Minimum Age: 16
Minimum Age w/Adult: 14
Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Carla Thurin
714 W. Fox Farm Rd.
Cheyenne, WY 82003
help@wyomingSAFEhouse.org
(307) 634-8655

Serve Wyoming

Mission: Improving lives and strengthening Wyoming communities through volunteerism.

Seeking Volunteers of All Abilities (All Categories): 100’s of volunteer opportunities featured on our free website. Find opportunities to suit your needs. Visit www.servewyoming.org and click on “Volunteer.”

Occurrence: Weekly
Minimum Age: 14
Minimum Age w/Adult: 4
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Wanted: Disaster Response Volunteers (Emergency/Disaster Response, General): Pre-register as a disaster response volunteer in your area so you’re prepared to help your community in the event of a disaster/emergency. Visit our website or call to sign up.

Occurrence: Monthly
Minimum Age: 15
Good For: Group, Adults 18+, Older Adults 55+, Family

Professional Volunteer Network (AKA: Pro Bono) Volunteers (Administration/Organizational Support, Communications/Marketing, General): Highly-skilled professionals needed to consult nonprofits on specific, short-term projects throughout the County/State.

Occurrence: Monthly
Minimum Age: 18
Good For: Group, Adults 18+, Older Adults 55+

Contact: Wendy Luck
P.O. Box 1271
330 S. Center St., Ste. 317
Casper, WY 82602
wendy@servewyoming.org
(307) 234-3428
(866) 737-8304

Serve Wyoming
Southeast Wyoming Foster Grandparents Program

Mission: To provide meaningful volunteer opportunities for low income older adults to serve as tutors and mentors to youth with special needs in schools and other community agencies.

Foster Grandparent - Tutoring in Schools (Education, Mentoring, Youth): Tutor children in reading and math in a supervised elementary school setting. Minimum 15 hours/week. Occurrence: Weekly (year-round opportunities) Minimum Age: 55 Good For: Older Adults 55+


Foster Grandparent - Tutor/Mentor High School (Education, Mentoring, Youth): Mentor/encourage students in a high school setting working towards their diploma. Minimum 15 hours/week. Occurrence: Weekly (year-round opportunities) Minimum Age: 55 Good For: Older Adults 55+

Contact: Judi Johnston 510 W. 29th St. Cheyenne, WY 82001 (307) 634-1265

Strong Families Strong Wyoming

Mission: The program works to help teens build better relationships and better futures for a stronger Wyoming.

Special Events Volunteer (General, Special Event Support): Help the organization with special projects and events throughout the year. Occurrence: Monthly Minimum Age: 18 Good For: Adults 18+, Older Adults 55+

Contact: Jackie Parker 1950 Bluegrass Ct., Ste. 260 Cheyenne, WY 82009 info@sfsfw.org (307) 514-4450

Wyoming Coalition for the Homeless/The Welcome Mat

Mission: A day shelter serving homeless men, women and children in Cheyenne.

Project Assistance (General): Organize clothing closet, check in clients, and other projects as needed. Occurrence: Flexible Minimum Age: 15 Minimum Age w/Adult: 10 Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Grant Writer (Administration/Organizational Support, Communications/Marketing): Direct grant writing proposals for the organization. Occurrence: Flexible Minimum Age: 18 Good For: Adults 18+, RSVP

Contact: Rachel Bennett 907 Campbell Ave. Cheyenne, WY 82001 wyomingcoalitionforthehomeless@gmail.com (307) 634-8499

Wyoming Family Home Ownership Program/My Front Door

Mission: Empowering Wyoming working families to achieve successful home ownership.

Family Mentor and Advocate (Advocacy, Construction/Home and Lawn Maintenance, Mentoring): Work with potential and current homeowners to offer advice on home maintenance and repair, as well as other areas in which the volunteer has expertise. Occurrence: Monthly Minimum Age: 18 Good For: Adults 18+, Older Adults 55+

Community Events and Fundraising (Civic Participation, General, Special Event Support): Assist with planning or staffing a community event or fundraising activity. Occurrence: Monthly Minimum Age: 14 Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Board Member (Advocacy, Board/Committee Members, Construction/Home and Lawn Maintenance): Assist with major decisions regarding policies and the overall mission and direction of the program. Occurrence: Monthly Minimum Age: 18 Good For: Adults 18+

Contact: Brenda Birkle 821 W. Pershing Blvd. Cheyenne, WY 82003 kristen-erin@myfrontdoor.org (307) 514-5831
Wyoming Senior Citizens, Inc.

Mission: A private, nonprofit organization whose purpose is to meet the needs of Wyoming’s older residents and help them maintain their independence.

Senior Companions (Advocacy, Family Services, Health/Personal Care): Provide free in-home independent living assistance to frail, elderly or disabled adults 21+.  
Occurrence: Weekly  
Minimum Age: 55  
Good For: Older Adults 55+  

Wyoming State Health Insurance Information Program (Advocacy, Counseling Information Support, Health/Personal Care): Provide free one-on-one counseling services to decipher Medicare, Medicaid, and Medigap coverage.  
Occurrence: Weekly  
Minimum Age: 18  
Good For: Adults 18+  

Senior Medicare Patrol Program (Advocacy, Counseling Information Support, Health/Personal Care): Educate beneficiaries on potential Medicare fraud, waste, and abuse.  
Occurrence: Weekly  
Minimum Age: 18  
Good For: Adults 18+  

Contact: Cathy Carlisle  
3120 Old Faithful Rd., Ste. 200  
Cheyenne, WY 82001  
wshliph@wyoming.com  
(307) 634-1010

Wyoming State Museum Volunteers, Inc.

Mission: To support the State Museum and staff by maintaining a Welcome Desk, assisting with Museum projects and presentations, and sponsoring Museum events.  

Wyoming State Museum Volunteers (Administration/Organizational Support, Donations, Management): Volunteers staff the Museum Welcome Desk, greet visitors, answer questions, assist with Museum programs.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Older Adults 55+  

Contact: Tara Gross  
2301 Central Ave., 4th Floor  
Cheyenne, WY 82002  
tara.gross@wyo.gov  
(307) 777-6560

Wyoming State Parks, Historic Sites & Trails

Mission: Wyoming State Parks, Historic Sites & Trails protect and enhance the natural and cultural environment by providing enjoyable, educational and inspiring experiences for present and future generations.  

Camp Host (Customer Service, Environmental, Recreational Activities): Receive free camping space with hookups in exchange for volunteer service. Two-month minimum commitment is required, 24 hours/week per person.  
Occurrence: Annually (May 15-Sept. 15)  
Minimum Age: 16  
Good For: Older Adults 55+  

Historic Governors’ Mansion Volunteer (Art/Culture, Education, Special Event Support): Opportunities exist for those with an interest in special events, exhibits, and collections.  
Occurrence: Monthly  
Minimum Age: 16  
Good For: Group, Adults 18+, Older Adults 55+  

Curt Gowdy State Park Visitor Center (Customer Service, Environmental, Recreational Activities): Orient visitors to the park and surrounding area. Sell permits and provide excellent customer service.  
Occurrence: Weekly  
Minimum Age: 18  
Good For: Disabled, Group, Adults 18+, Older Adults 55+  

Contact: Tara Gross  
2301 Central Ave., 4th Floor  
Cheyenne, WY 82002  
tara.gross@wyo.gov  
(307) 777-6560

Human Trafficking Awareness and Prevention Campaign (Advocacy, Civic Participation, Communications/Marketing): Assist Zonta in their community activities to raise awareness about human trafficking  
Occurrence: Flexible  
Minimum Age: 18  
Minimum Age w/Adult: 12  
Good For: Youth, Group, Adults 18+, Older Adults 55+  

Contact: Kristie Wilson  
PO Box 2135  
Cheyenne, WY 82003  
info@cheyennezonta.org  
(307) 509-0473

X-JWC

Mission: Women volunteers working for the community.

Member (Civic Participation, General): Looking for ladies who are interested in community improvement and volunteer work. Monthly lunch meetings held the first Tuesday of each month.  
Occurrence: Monthly  
Minimum Age: 18  
Good For: Disabled, Adults 18+, Older Adults 55+  

Contact: Trish Peoples  
2700 Summit Dr.  
Cheyenne, WY 82009  
(307) 637-0131

Zonta Club of Cheyenne

Mission: Zonta works to empower women locally and worldwide through service and advocacy, focusing on improving their legal, political, economic, health, educational, and professional status.

Member (Advocacy, Civic Participation, Special Event Support): In addition to regular Member duties, participate in various community service and human trafficking awareness activities.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Adults 18+, Older Adults 55+  

Z Club Member (Advocacy, Civic Participation, Communications/Marketing): Join the organization at Triumph High School seeking to improve the status of women.  
Occurrence: Flexible  
Minimum Age: 14  
Good For: Youth  

Contact: Kristie Wilson  
PO Box 2135  
Cheyenne, WY 82003  
info@cheyennezonta.org  
(307) 509-0473
**GET Pro Bono**

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Awardees are granted the help of one of our volunteer professional network members who work in a variety of fields and are interested in sharing their skills with a qualified nonprofit. The professional volunteer network members will work with your nonprofit for a short-term, specific project designed to build capacity within your nonprofit.

ServeWyoming partners with many organizations doing important work in a range of issue areas. Unfortunately, our own funding limitations keep us from awarding Service Grants to all organizations that apply and our ability to match you with the services you seek is highly dependent on the availability of professional volunteers. Organizations are strongly encouraged to apply as early as possible, so we may also search for volunteers to fulfill the expertise you seek.

**Please visit www.servewyoming.org and click on “Get Pro Bono” to review the grant criteria before you apply.** If you have questions regarding our grant criteria or the content of any of our Service Grants, please contact the ServeWyoming office, and we will be happy to answer your questions.

The next grant application cycle is TBD. Please check our website often for announcements.

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**GIVE Pro Bono**

Are you looking for ways to utilize your skills to make a positive impact on your community? Apply your skills to the greater good. Join ServeWyoming’s Professional Volunteer Network! This is a network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Once you have applied, you will be matched with a qualified nonprofit that has been awarded a “Service Grant” that requires skills similar to your own. The professional volunteer network members work with the nonprofit on a short-term, specific project designed to build capacity within their organization.

We are continually looking for ways to expand the program and are always in need of more professional volunteers willing to donate their time and expertise to a community organization in need. Help us help the wonderful nonprofits that do so much in your counties by applying to “Give Pro Bono” today!

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro Bono” or call us at (307) 234-3428 or (866) 737-8304.

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**Emergency Response Volunteers Needed!**

Are YOU ready to help your community?

**MAKE A DIFFERENCE IN YOUR COMMUNITY BEFORE, DURING, AND AFTER A DISASTER**

A major disaster could occur at any moment and quickly overwhelm the capacity of Laramie County’s local response organizations. Recovery of our communities after a disaster is dependent on adequate resources and trained volunteers.

Spontaneous unaffiliated volunteers who show up at disaster sites, though well meaning, can slow down the response process and place themselves and others at risk.

The pre-registration of potential volunteers enhances your community’s ability to mobilize appropriate emergency response volunteers as needed to assist with an emergency response. By pre-registering with ServeWyoming, Laramie County residents will be prepared to use their valuable skills, talents and experiences when and where they are needed most.

**ServeWyoming wants you to:**

Get registered BEFORE a disaster strikes!

To get started, contact ServeWyoming at (307) 234-3428, (866) 737-8304 or go to www.servewyoming.org
Research from the Corporation for National and Community Service (CNCS) provides evidence of a relationship between volunteering and finding employment. As a part of CNCS, we are happy to share this report:

The economic downturn that has plagued the United States economy over the last half decade, and certainly more recently here in Wyoming, has increased the need for pathways to employment for the millions of Americans struggling to find work. Government leaders, nonprofits, and news media have long provided anecdotal evidence that volunteering can increase employment prospects by helping job seekers learn new skills, expand their networks, and take on leadership roles. Despite this, there has been little quantitative research to date that has established an association between volunteering and finding a job.

CNCS’ research, “Volunteering as a Pathway to Employment,” provides the most compelling empirical research to date establishing an association between volunteering and employment in the United States.

**KEY FINDINGS**

- Volunteers have a 27 percent higher likelihood of finding a job after being out of work than non-volunteers.
- Volunteers without a high school diploma have a 51 percent higher likelihood of finding employment.
- Volunteers living in rural areas have a 55 percent higher likelihood of finding employment.

CNCS also found that volunteering is associated with an increased likelihood of finding employment for all volunteers regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions.

In 2008, I moved to Wyoming. I still cannot answer the question of what brought me to this state, but I can easily answer why I stayed. In 2011, I was fortunate enough to serve as an AmeriCorps member and work for the Wyoming Conservation Corps as a crew leader. During that time, I learned what it meant to be an effective leader.

Years later, those eight months of service remain the most impactful months of my life. I graduated college with substantially less debt than my average classmate because of my AmeriCorps education award. In 2014, I was fortunate enough to be hired by a prestigious consulting firm. It wasn’t my two degrees, my past work experience, or what I thought was a clever impassioned objective statement that enticed them to call me in for an interview. It was my AmeriCorps service and time with the Wyoming Conservation Corps that inspired them to interview me and a major reason why they hired me. After two and a half years with that company, I got accepted into the Wyoming College of Law and in 2019 I graduated with my Juris Doctorate degree and gained a position with a Wyoming based law firm. In addition to benefitting my education, my career, and confirming a home I love, it still benefits me, every weekend that I get to hike or bike the trails built by the members and volunteers of WCC.

My experience with the Wyoming Conservation Corps made me fall in love with this state and I cannot convey enough the benefits of AmeriCorps programs and the foot forward in life that it gave me and so many of its members. AmeriCorps programs made this state feel like a community and I will always be proud of my alumni status and eternally grateful for the opportunities my experience continues to give me.

~ Andrea Harrington, Wyoming Conservation Corps AmeriCorps Alum

I have been a Foster Grandparent since August of 2007. I have served nearly 25,000 hours and was a recipient of the Presidential Volunteer Service Award in 2018. I currently serve the Kindergarten at Highland Park Elementary in Sheridan.

“To see children that I have had in class 13 years ago and see the excitement and respect they have for me (and all grandparents) is overwhelming! Parents of these children have so much respect for us! Our lives are enriched! It overwhelms even my own family.”

~ “Grandma” Linda Tarver, Foster Grandparent

My volunteer experience started at ServeWyoming. I spent my time there learning about different organizations in the Casper area and their volunteer needs. Through this experience I learned about the impact of volunteering in our community. My time at ServeWyoming introduced me to the wide range of ways I could volunteer, and I was introduced to AmeriCorps service. I was given the opportunity to be an AmeriCorps volunteer where I served a year term with Greater Wyoming Big Brothers Big Sisters. During my time at GWBBBS I was fortunate enough to get on the job training, able to network with professionals in the community, and received a $2000 education award. I will use all that I have learned through my volunteering experience in my future career as a social worker. I am happy to know that I made a difference and I’m proud to be an AmeriCorps alum. I get to be part of a great group of people with the goal of helping others and making the world a better place.

~ Kayla Smiley, Greater Wyoming Big Brother Big Sisters AmeriCorps Alum
DO YOU KNOW THE ONE PLACE YOU CAN GO TO LEARN HOW YOU CAN BE 
ACTIVE IN THE COMMUNITY?

Volunteer Wyoming!
This easy-to-use web-based platform, brought to you by ServeWyoming, matches the right donors, advocates, and volunteers with the right opportunities in your neighborhood and it’s FREE to use!

Volunteers:
- Click on “SIGN UP”.
- Fill out your volunteer profile.
- Search for volunteer needs & events based on interests, zip code, or agency.
- “Become a Fan” of your favorite organizations so you’re the first to know about new opportunities in your area.
- Receive suggestions for opportunities based on the causes you’re interested in.

Organizations:
- Click on “SIGNUP.”
- Fill out your agency profile, including pictures and video.
- Start posting your Volunteer Needs and Events!
- Keep your information current so volunteers know when, where, and how to help support your cause!

To get started today, go to
www.servewyoming.org
and click “Volunteer”

Serve Wyoming
Corporation for
NATIONAL & COMMUNITY SERVICE

WORKFORCE
Wyoming SERVICES

Wyoming Tribune Eagle