VO L U N T E E R WYOMING SPRING 2018

Your resource guide for volunteer opportunities in Natrona County and surrounding areas.
Mission

Improving lives and strengthening Wyoming communities through volunteerism

Contact

• WE CAN HELP your organization.
• YOU CAN SERVE in AmeriCorps.
• SEARCH AND POST volunteer opportunities.
• GET HANDS-ON with any of our projects.

WWW.SERVEWYOMING.ORG

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Shelly McAlpin
Executive Director

Nuriéh Glasgow
Program and Training Officer

Jessica Stanbury
Program Director

Shonya Neuman
Administrative Assistant

307-234-3428
1-866-737-8304
Projects

ServeWyoming promotes collaborative efforts among private, nonprofit and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National & Community Service programs such as AmeriCorps*VISTA and Senior Corps. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human needs, disaster, youth and veteran and family services.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

» AMERICORPS*STATE
Provide funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs and application process begins in the fall of each year.

» DISABILITY INCLUSION & AWARENESS
Serve as a resource to promote inclusion in volunteerism.

» EMERGENCY PREPAREDNESS
Serve as a neutral convener to mobilize and train volunteers in the time of an emergency or disaster.

» PARTNERSHIP BUILDING
Develop investments and partnerships to sustain ServeWyoming and the programs we support.

» PRO BONO VOLUNTEER NETWORK
Increase nonprofit capacity through the engagement of highly skilled volunteers.

» PROFESSIONAL DEVELOPMENT & TRAINING
Increase grantee capacity and statewide awareness of national service through professional development, training and technical assistance, member development and outreach.

» VOLUNTEER WYOMING
Serve as a resource to our communities and increase the number and effectiveness of volunteers in Wyoming.

Check out our 2017-18 AmeriCorps Programs!

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Dear Friends of ServeWyoming,

When you ask a volunteer, why they give back to their community, you’re bound to get a variety of answers: passion for the cause, to pay it forward, to get out of the house, to meet new people, to get to know my community, etc. From the reason to the experience, volunteering is rarely the same from person to person. What is similar across the board is the enormous benefit of volunteering to both community and the individual.

From the physical, to the emotional, and even the social, volunteers reap amazing benefits simply from giving their time and energy to someone/something else. Read on to learn how when you give your time and money to others this holiday season, you get just as much back in return!

• **Volunteering improves your health!** Volunteering has consistently been found to lower stress levels, improve your mood, and make you feel healthier and happier.

• **Gives you purpose!** Volunteering can help you feel more connected to your community and help you feel like you’re doing something that matters and contributes to the greater good.

• **Get’s you out of the house!** Volunteering is a great reason to get out of your house and escape boredom.

• **Helps you meet new people!** Volunteering allows you to broaden your social horizons and meet like-minded people who care about the same things you do.

• **Could lead to a new job!** Volunteering increases your chance of finding employment regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions and allows you to add relevant experience to your resume, grow your professional network, and try out a new skill or even a career without the pressure of a long-term commitment. Read more about volunteering leading to employment on p. 22.

• **Sets you apart from the crowd!** Your volunteer commitments are great things to add to a résumé or even a scholarship application.

As our state’s governor-appointed commission for service and volunteerism, ServeWyoming wants you to reap all the benefits of volunteering! ServeWyoming promotes volunteering and service as a means to strengthen communities through days of service, special initiatives, and community partnerships. We also address community needs by administering AmeriCorps*State funding that allows AmeriCorps members to serve in nonprofit, community-based and educational organizations throughout Wyoming. Read more about AmeriCorps on p. 5 and the benefits of AmeriCorps service on p. 23.

In 2007, ServeWyoming launched a program designed to connect potential volunteers with organizations across our state, and to measurably increase the number and effectiveness of volunteers. We call this program Volunteer Wyoming. Read all about how we can help YOU find that next rewarding volunteer opportunity on page 6.

Please consider volunteering or increasing your commitment to community service. The rewards are immediate, lasting, and deeply appreciated!

Shelly McAlpin
Executive Director
Knife River is proud to support volunteerism in our communities, as we work together in Building A Strong America.®

Reach over 70,000 households, inform readers about all the great things you are doing to pay it forward, and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction, and quality of life among all Casper-area residents.

Contact ServeWyoming at (307) 234-3428 or shelly@servewyoming.org for more information about sponsorship opportunities!

Want to see your business featured here next year?

Thank You for Your Support!

www.KnifeRiver.com

www.servewyoming.org
What is Volunteer Wyoming?

Volunteer Wyoming is our statewide Volunteer Center, designed to make finding your next volunteer opportunity as easy as possible! We help connect potential volunteers with local nonprofits in 3 easy ways:

1) Our FREE online matching database, www.volunteerwyoming.org! This online system allows individuals to look for and respond to volunteer needs across the state while also enabling organizations to set up agency profiles, post volunteer needs, promote community events, and even advocate for donations.

2) Call us! If you’d prefer to talk with an actual person, we’re here to help five days a week. Just call 307-234-3428 and tell us what you’re interested in and we’ll help connect you with the nonprofit and/or opportunity to suit your needs.

3) Check out pages 7-21 of this Volunteer Guide! We produce localized versions of our online database in 5 counties: Natrona, Laramie, Sheridan, Campbell, and Park. You can also view the Guides on our website (under Resources).

No matter how you prefer to search, at ServeWyoming we’re here to help. So, go online, call us, or pick up a Volunteer Guide!

What is AmeriCorps?

AmeriCorps engages more than 75,000 Americans in intensive service each year at nonprofits, schools, public agencies, and community and faith-based groups across the country.

Since the program’s founding in 1994, almost ONE MILLION AmeriCorps members have contributed more than 1.2 billion hours in service across America while tackling pressing problems and mobilizing millions of volunteers for the organizations they serve. On August 17th, 2017, Governor Mead announced the 2017-2018 AmeriCorps awards to six deserving Wyoming programs that will have 143 members serving our state. Members will apply their skills and ideals toward helping others and meeting critical community needs. As they serve, they also develop valuable job skills and experience, as well as earn a modest education award, which will enhance their employability throughout their careers.

AmeriCorps State is a program of the Corporation for National and Community Service which supports a wide range of community goals in Wyoming that engage citizens, along with thousands of other Americans across the country, in intensive community service each year in the areas of education, disasters, economic opportunity, environment, healthy futures, veterans and family services.

If you are an organization who wants to host an AmeriCorps program or someone looking to serve your community with purpose, call ServeWyoming at 307-234-3428.

From left to right: Nurieh Glasgow, Governor Matt Mead, Shelly McAlpin, and Jessica Stanbury.
Volunteer Guide  Spring 2018  www.servewyoming.org

VOLUNTEER OPPORTUNITIES

Adult Learning Center at Casper College
To deliver student-centered tutoring in basic skills and high school equivalency certificate preparation to assist adults in achieving personal, educational, and job related goals. Successful background check, application, and tutor training required. www.caspercollege.edu/alc

ENGLISH AS A SECOND LANGUAGE TUTOR (EDUCATION, MENTORING): Tutor English language learners in speaking, reading, and writing with instructor guidance.
» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

MATH, READING, AND LANGUAGE TUTOR (EDUCATION, MENTORING): Tutor adult learners in math, reading, and language one-on-one or in a classroom setting with instructor guidance.
» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

CORRECTIONS TUTOR (EDUCATION, MENTORING): Tutor adult learners in math, reading, and language one-on-one or in a group setting with instructor guidance at correctional facility.
» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

Melody Dugan
125 College Dr.
Werner Technical Center
Casper, WY 82601
mdugan@caspercollege.edu
(307) 268-2230

Alliance for Historic Wyoming
Working statewide to protect Wyoming’s historic places and spaces.

SOCIAL CONTENT CREATOR (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, COMMUNICATIONS/MARKETING): Love your community’s historic places and spaces? Help us show off great things around the state!
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age w/Adult: 12
» Good For: Adults 18+

PRESEvation PROGRAM COORDINATOR (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, SPECIAL EVENT SUPPORT): Work to protect Wyoming’s history statewide. Requires monthly conference calls and rewards with cool field trips.
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age w/Adult: 12
» Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

RESERacher (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, EDUCATION): Love historical research? So do we! Help us investigate and promote Wyoming’s past.
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age w/Adult: 12
» Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Julia Stuble
PO Box 123, Laramie, WY 82073
ExecDirector@historicwyoming.org
(307) 722-3509

American Cancer Society

American Cancer Society Wyoming
Working statewide to protect Wyoming’s historic places and spaces.

American Cancer Society
Cancer Action Network (ACS CAN)
ACS CAN is the nation’s leading voice advocating for public policies that are helping to defeat cancer. As the advocacy affiliate of the American Cancer Society, ACS CAN works to encourage elected officials and candidates to make cancer a top national priority.

AMBASSADOR CONSTITUENT TEAM (ACT!) (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, COMMUNICATIONS/MARKETING, MENTORING): Develop/implement grassroots plan, legislative advocacy, membership development, and mentoring new team volunteers.
» Occurrence: Monthly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

SOCIAL MEDIA MAVIN (ADVOCACY, CIVIC PARTICIPATION, COMMUNICATIONS/MARKETING): Help ACS CAN implement social media strategy by creating posts for our Facebook page and other site.
» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

GENERAL ACS CAN VOLUNTEER: (GENERAL, SPECIAL EVENT SUPPORT): Seeking volunteer support for various activities/events.
» Occurrence: Monthly
» Minimum Age: 18
» Good For: All

Dawn Scott
333 S. Beech St.
Casper, WY 82601
dawn.scott@cancer.org
(307) 761-2040

Tish Coppa
333 S. Beech St.
Casper, WY 82601
tish.coppa@cancer.org
(307) 235-0044

American Cancer Society, Inc.
Nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer through research, education, advocacy and service.

ADMINISTRATIVE ASSISTANT (ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE): Provide receptionist duties and clerical assistance to Office Manager.
» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

RELAY FOR LIFE VOLUNTEER (BOARD/COMMITTEE MEMBERS, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Volunteer with the Relay For Life on the committee, as a team captain, or as a participant.
» Occurrence: Monthly
» Minimum Age: 18; Minimum Age w/Adult: 14
» Good For: All

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The American Legion, Casper Post 2

We are Veterans helping Veterans through support and comradeship, promoting Americanism, supporting many youth programs like Boys State and Legion Baseball and contributing to the Casper community. Meetings held 2nd Thursday at the Casper Senior Center.

RECRUITMENT CALLERS (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, COMMUNICATIONS/ MARKETING): Make calls to Veterans informing them of the benefits of Legion membership.

» Occurrence: Monthly
» Minimum Age: 16
» Good For: Disabled, Adults 18+, Older Adults 55+

VETERAN PERSONAL SUPPORT (CIVIC PARTICIPATION, FAMILY SERVICES, HEALTH/PERSONAL CARE): Visit Veterans at hospitals or hospice for moral support and emotional comfort.

» Occurrence: Monthly
» Minimum Age: 18
» Good For: Disabled, Adults 18+, Older Adults 55+

PROJECT ASSISTANT (CIVIC PARTICIPATION, CONSTRUCTION/HOME AND LAWN MAINTENANCE, SPECIAL EVENT SUPPORT): Assist as a group, helping disabled and elderly Veterans with home projects or repairs.

» Occurrence: Semi-annually (As requested)
» Minimum Age: 18
» Minimum Age w/Adult: 14
» Good For: Group, Adults 18+, Older Adults 55+

Rich Larimore
1831 E. 4th St.
Casper, WY 82602
casperlegion@juno.com
888-445-2268

The Arc of Natrona County

Committed to securing for all people with cognitive, intellectual, and developmental disabilities, the opportunity to choose and realize their goals of where and how they learn, live, work, and play.

ARC VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, GENERAL): Help with organizing around the building, interacting and helping with our participants, and any other opportunities that may present themselves. We are really flexible with our volunteers!

» Occurrence: Flexible
» Minimum Age: 16
» Minimum Age w/Adult: 12
» Good For: All

Bethany Young
4070 Plaza Dr.
Casper, WY 82604
bethany@arcofnatronacty.com
(307) 577-4913

Art 321

Educating & nurturing artists since 1924

FRONT DESK ATTENDANT (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ART/CULTURE, CUSTOMER SERVICE): Volunteer for either a morning or afternoon 3-hour shift; 1 or 2 times per month - greeting visitors & answering the phone.

» Occurrence: Monthly
» Minimum Age: 30
» Good For: Disabled, Adults 18+, Older Adults 55+

Susie Grant
321 W. Midwest Ave.
Casper, WY 82601
susie@art321.org
(307) 265-2655

Big Brothers Big Sisters-Casper

To provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

ONE-TO-ONE MENTORS FOR CHILDREN BETWEEN THE AGES OF 5 AND 18 (MENTORING, YOUTH): Positive, caring adult mentors are carefully matched with a child with similar interests and personality. They spend time in the community together doing fun activities while building a strong, long lasting friendship. Must be at least a high school junior (w/ 2.5 GPA).

» Occurrence: Weekly
» Minimum Age: 16
» Good For: Adults 18+, Older Adults 55+

COMMUNITY ADVISORY COMMITTEE MEMBER (BOARD/COMMITTEE MEMBERS): Support Big Brothers Big Sisters by being an advisor to the local branch. Mentor BBBS staff and help promote the organization in the community.

» Occurrence: Semi-annually (Quarterly)
» Minimum Age: 25
» Good For: Adults 18+, Older Adults 55+

Amanda Lewallen
400 E. 1st St., Ste. 310
Casper, WY 82601
amanda@wyobbs.org
(307) 265-2227

Black Dog Animal Rescue

The mission of Black Dog Animal Rescue is to provide homeless animals across Wyoming with guaranteed safe and secure placement, promote the use of proven life-saving programs in our communities, and advocate for animal welfare.

FOSTER HOME (ADVOCACY, ANIMAL SCIENCE, GENERAL): Provide safe housing for homeless dogs and cats until they are adopted.

» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+, Family

Boys & Girls Club of Central Wyoming

To inspire all youth, especially those who need us most, to reach their full potential as productive, responsible, and caring citizens.

CLUB PROGRAM VOLUNTEER (EDUCATION, MENTORING, YOUTH): Make a difference in the lives of Club members by reading books, providing homework help, assisting staff on Club field trips or simply by spending time with our kids! Training provided and background checks required for adults.

» Occurrence: Weekly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

SPORTS LEAGUE VOLUNTEER (RECREATIONAL ACTIVITIES, YOUTH): Coach, referee or run scoreboards for the following sports: basketball, football, volleyball, t-ball, coach pitch and indoor soccer. Training and background checks required for adults.

» Occurrence: Semi-annually (Feb. and Aug.)
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

AMERITOWNE:WYOTOWNE VOLUNTEER (EDUCATION, MENTORING, YOUTH): Assist 5th grade teachers in student interviews for their day in “Towne,” be a guest speaker in the classroom for specific subjects related to AmeriTowne:Wyotowne curriculum, and assist students the day they attend AmeriTowne:Wyotowne.

» Occurrence: Annually (during the school year)
» Minimum Age: 18
» Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Chelsea Mayo
1701 E. "K" St.
Casper, WY 82601
cmayo@bgccw.org
(307) 265-2427

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Brain Injury Alliance of Wyoming
Support, inform and assist brain injury survivors and their loved ones or caregivers.

BOAD OF DIRECTORS MEMBER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, BOARD/COMMITTEE MEMBERS): Help guide the organization.

> Occurrence: Monthly
> Minimum Age: 18
> Good For: Disabled, Adults 18+, Older Adults 55+

Holly Boor
123 W. 1st St., Ste. 400
Casper, WY 82601
haboor3675@gmail.com
(307) 315-7258

Caddo Foundation/ Historic Bishop Home
Celebrating two centuries of interpreting Casper’s Urban History for children and adults!

TOUR GUIDE (ADVOCACY, EDUCATION, SPECIAL EVENT SUPPORT): Someone who interested in state and local history, who will guide people through the home.

> Occurrence: Weekly
> Minimum Age: 14
> Good For: Youth, Adults 18+, Older Adults 55+, Family, RSVP

EVENTS VOLUNTEER (CUSTOMER SERVICE, GENERAL, SPECIAL EVENT SUPPORT): Prepare the home for special events.

> Occurrence: Flexible
> Minimum Age: 14
> Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

GENERAL VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, GENERAL, SPECIAL EVENT SUPPORT): Help with all events, tours and duties, including curating items in the home.

> Occurrence: Weekly
> Minimum Age: 14
> Good For: Youth, Adults 18+, Older Adults 55+, Family, RSVP

Ronaloa Miller
818 E. 2nd St.
Casper, WY 82601
historicbishophome@gmail.com
(307) 235-5277

CASA of Natrona County
CASA (Court Appointed Special Advocates) of Natrona County is a caring non-profit organization that speaks for the best interests of abused and neglected children within the juvenile court system. CASA recruits, trains and supports volunteers drawn from a diverse population to provide this service.

VOLUNTEER ADVOCATE (ADVOCACY, FAMILY SERVICES, YOUTH): Advocate for children who come to the attention of the court, primarily as a result of abuse or neglect.

> Occurrence: Monthly
> Minimum Age: 21
> Good For: Adults 18+, Older Adults 55+

Chandra Ortiz
1701 E. "E" St.
Casper, WY 82604
chandra@casanc.net
(307) 237-0889

Casper Boxing Club-Police Athletic League
CBC PAL brings youth and community/law enforcement together through athletic, academic, and recreational opportunities to build champions in and out of the gym.

MENTORS (MENTORING, RECREATIONAL ACTIVITIES): Work with youth, ages 8-18, for one hour a week, providing guidance on National Crime Prevention Council curriculum, education, community service, and fitness.

> Occurrence: Weekly
> Minimum Age: 16
> Good For: Youth, Adults 18+, Older Adults 55+

COACH (RECREATIONAL ACTIVITIES, CIVIC PARTICIPATION): Introduce youth to beginning boxing skills. No prior knowledge needed. Training provided.

> Occurrence: Weekly (Mon. & Wed. evenings)
> Minimum Age: 18
> Good For: Youth, Adults 18+

FRONT DESK/RECEPTIONIST (ADMINISTRATION/ORGANIZATIONAL SUPPORT): Answer calls, manage the front desk and general administrative duties.

> Occurrence: Weekly (Mon.- Thurs. evenings)
> Minimum Age: 17
> Good For: Youth, Adults 18+, Older Adults 55+

Gloria Jenson
910 Barbara St.
Casper, WY 82601
casperboxingclub.pal@gmail.com
(307) 259-3243

Casper College Foundation and Alumni Office
The purpose of the Casper College Foundation shall be to enhance the educational opportunities and environment at Casper College.

T-BIRD TREK COURSE CHEERLEADERS (RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Be present on the T-Bird Course, Sunday, September 16, to support runners & walkers.

> Occurrence: Annually (Sun., Sept. 16, 2018)
> Minimum Age: 18
> Minimum Age w/Adult: 12
> Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Ann Dalton
125 College Dr.
Casper, WY 82601
adalton@caspercollege.edu
(307) 268-2325

Casper Family Connections
The mission of Casper Family Connections is to provide safe, secure, and quality supervised visitation services to the central Wyoming community.

FAMILY SERVICES VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, FAMILY SERVICES, SPECIAL EVENT SUPPORT): Assist with bookkeeping, filing, monitoring visits, cleaning of the office, or other activities.

> Occurrence: Weekly
> Minimum Age: 21
> Good For: Adults 18+, Older Adults 55+, RSVP

Karlea LaFave
2345 E. 2nd St.
Casper, WY 82609
karlea.casperfamilyconnections@gmail.com
(307) 233-2200

Casper Family YMCA
To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

YOUTH SPORTS COACH OR REFEREE (RECREATIONAL ACTIVITIES, YOUTH): Coach/referee/umpire youth sports such as basketball, football, soccer, t-ball, volleyball or cheerleading.

> Occurrence: Weekly
> Minimum Age: 15
> Minimum Age w/Adult: 12
> Good For: All

DRIVER (FAMILY SERVICES, FOOD PREP/DELIVERY): Drive to the Food Bank of the Rockies every Tuesday and/or Friday. Must be 21 to drive per insurance.

> Occurrence: Weekly
> Minimum Age: 21
> Good For: Adults 18+, Older Adult 55+

MAINTENANCE (CONSTRUCTION/HOME AND LAWN MAINTENANCE, GENERAL): Work to maintain the interior and exterior of the YMCA.

> Occurrence: Weekly
> Minimum Age: 18
> Good For: Group, Adults 18+, Older Adult 55+

Jenniey Elliott
315 E. 15th St.
Casper, WY 82601
jenniey@yahoo.com
(307) 234-9187

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Casper Housing Authority
The Casper Housing Authority provides quality affordable housing that is well integrated into the fabric of the neighborhoods and serves as a foundation to improve lives and advance resident independence.

FATHER’S DAY VOLUNTEERS (FAMILY SERVICES, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Help with equipment set up, trash collection, support booth for vendors, and teardown of equipment.
» Occurrence: Annually (Sat., June 16th, 11-3)
» Minimum Age: 16
» Minimum Age w/Adult: 10
» Good For: All

MEET-A-MACHINE VOLUNTEERS (FAMILY SERVICES, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Help with equipment set up, trash collection, support booth for vendors, and teardown of equipment.
» Occurrence: Annually (Sat., June 16th, 11-3)
» Minimum Age: 16
» Minimum Age w/Adult: 10
» Good For: All

MEET-A-MACHINE HOSPITALITY TENT VOLUNTEERS (FAMILY SERVICES, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Run the vendor hospitality tent from 9 am – 1 pm. Keep drinks and food stocked. Run drinks to vendors.
» Occurrence: Annually (Sat., Aug. 11th, 9-3.)
» Minimum Age: 16
» Minimum Age w/Adult: 10
» Good For: All

Lori Burns
145 N. Durbin
Casper, WY 82601
lburns@chaoffice.org
(307) 266-1388 ex.15

Casper Mountain Biathlon Club
A 501(c)(3) non-profit organization, a designated Paralympic Sport Club, U.S. Ski and Snowboard club and a member club of the U.S. Biathlon Association whose mission is to provide opportunity and training for youth and adults of all abilities to achieve excellence through the sports of cross country skiing and rifle marksmanship.

MARKETING ASSISTANT (ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, RECREATIONAL ACTIVITIES): Help the club develop print and online marketing materials.
» Occurrence: Monthly
» Minimum Age: 16
» Good For: Disabled, Adults 18+, Older Adults 55+

RACE VOLUNTEER (GENERAL, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Assist at summer and winter race events. Various Roles. No experience necessary.
» Occurrence: Semi-annually (June 30 & July 1,
» Cowboy State Games & Summer Biathlon)
» Minimum Age: 16
» Minimum Age w/Adult: 12
» Good For: All

Cathy Rosser
1110 E. End Rd.
Casper, WY 82601
casperbiathlon@gmail.com
(307) 215-4054

Casper Police Department, Victim Services
To provide assistance for crime victims through crisis intervention, community referrals, and other support services necessary to expedite recovery and healing. Services are also provided for individuals and families who are survivors of crisis situations where a traumatic event has had an effect on the quality of their lives.

VOLUNTEER VICTIM ADVOCATE (ADVOCACY): As a 24 hour response unit, advocates respond to the scene with police officers to assist victims or people who have survived a traumatic event.
» Occurrence: Monthly
» Minimum Age: 21
» Good For: Adults 18+

Leslie Fritzler
201 N. David, 1st Floor
Casper, WY 82601
lfritzler@cityofcasperwy.com
(307) 235-8347

Casper Recreation Center
Provide recreation services that enhance the quality of life for Casper area residents and visitors.

SPECIAL EVENT HELPER (RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Assist with various special events: man booths, set-up, tear down stuffing bags, etc. Specific dates to be determined. Please call for more information.

Casper Humane Society
We are a No-Kill animal shelter that provides medical care and housing for lost, homeless and abandoned animals until new, appropriate homes can be found.

ADULT VOLUNTEER (GENERAL, SPECIAL EVENT SUPPORT): Help with animals in the shelter or with fundraising in the community.
» Occurrence: Flexible
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

YOUTH VOLUNTEER PROGRAM (EDUCATION, YOUTH): Work in the shelter and learn about animal care and responsible pet ownership.
» Occurrence: Weekly
» Minimum Age: 10
» Good For: Youth

Casper Youth for Christ
Casper Youth for Christ provides an environment for youth to thrive, by helping them unlock their talents, strengths and divine purposes while networking with family and community partners to guide youth successfully through adolescence to adulthood.

YOUTH VOLUNTEER WORKER (FAITH BASED, SPECIAL EVENT SUPPORT, YOUTH): Assist our Youth Organization with maintenance, administration, events, and marketing.
» Occurrence: Weekly
» Minimum Age: 18
» Minimum Age w/Adult: 13
» Good For: Youth, Adults 18+, Older Adults 55+

LUNCH AT THE LINK ASSISTANT (FAITH BASED, FOOD PREP/DELIVERY, SPECIAL EVENT SUPPORT): Assist with serving lunch to youth at the Link.
» Occurrence: Weekly (Mon.-Fri.)
» Minimum Age: 18
» Minimum Age w/Adult: 12
» Good For: Youth, Adults 18+

Casper Soccer Club
Help children in their development of positive life skills and self-concepts through learning the basic principles of soccer, the fundamentals of teamwork and the responsibilities of sportsmanship. Honor the Game with Passion, Respect, Integrity, Dedication, Excellence.

TOURNAMENT FIELD SUPERVISOR (GENERAL, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Supervise the field area during the game: observe & notify.
» Occurrence: Semi-annually (Sept. 8-9, 2018; April 14-15, 2018, May 26-29, 2018)
» Minimum Age: 16
» Minimum Age w/Adult: 14
» Good For: Disabled, Group, Adults 18+, Family

Wendy Brown
1700 E. "K" St.
Casper, WY 82602
wendyb@caspersoccerclub.com
(307) 473-2617
Central Wyoming Counseling Center
Leading behavioral health in Wyoming through our continued legacy of stewardship, innovation and compassion.

YARD WORK/LAWN CARE VOLUNTEER (CIVIC PARTICIPATION, CONSTRUCTION/HOME AND LAWN MAINTENANCE, SPECIAL EVENT SUPPORT): Seasonal Campus maintenance; rake, weed, and mow yards, as well as areas around the campus. Help setting structures/décor for outdoor events.
  » Occurrence: Monthly
  » Minimum Age: 18
  » Minimum Age w/ Adult: 16
  » Good For: Disabled, Group, Adults 18+, Older Adults 55+

SPECIAL EVENTS VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, CIVIC PARTICIPATION, SPECIAL EVENT SUPPORT): Volunteer for one event or more; events happen throughout the year and during and after business hours.
  » Occurrence: Semi-annually
  » Minimum Age: 18
  » Good For: Group, Adults 18+, Older Adults 55+, Family

Kyle Gamroth
1430 Wilkins Cir.
Casper, WY 82601
kgamroth@ccwc.us
(307) 237-9583

Central Wyoming Hospice & Transitions
To companion the end-of-life journey with skill and compassion.

COMPANION (CUSTOMER SERVICE, GENERAL, HEALTH/PERSONAL CARE): Provide companionship and support to patients & their families.
  » Occurrence: Flexible
  » Minimum Age: 18
  » Good For: Adults 18+, Older Adults 55+

ADMINISTRATIVE ASSISTANT (ADMINISTRATIVE/ORGANIZATIONAL SUPPORT): Basic office duties including filing, reception, etc.
  » Occurrence: Weekly
  » Minimum Age: 18
  » Good For: Adults 18+, Older Adults 55+

Community Action Partnership Retired and Senior Volunteer Program (RSVP)
Provide adults 55 and better the opportunity to share their time and talents on a regular basis in a variety of settings throughout the community. Serving Natrona, Sheridan, Weston, Fremont and Converse counties.

ADVISORY COUNCIL (BOARD/COMMITTEE MEMBERS): Provide guidance and direction for RSVP program.
  » Occurrence: Monthly
  » Minimum Age: 18
  » Good For: Older Adults 55+, RSVP

FRONT DESK ASSISTANT (ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE): Assist with answering phone and greeting clients prior to seeing caseworkers.
  » Occurrence: Flexible
  » Minimum Age: 55
  » Good For: Older Adults 55+, RSVP

EVENT VOLUNTEER (ART/CULTURE, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Help with community events including ticket sales, set up, clean up, timing and ushering.
  » Occurrence: Flexible
  » Minimum Age: 55
  » Good For: Older Adults 55+, RSVP

Converse Hope Center
To empower victims and inspire hope through crisis intervention, advocacy, prevention, youth programs and survivor support services.

CLIENT SERVICE (ADVOCACY, COUNSELING INFORMATION SUPPORT, MENTORING): Seeking HOPE line rotation volunteers, Spanish interpreters and volunteers for our mentoring program.
  » Occurrence: Flexible
  » Minimum Age: 18
  » Good For: Disabled, Adults 18+, Older Adults 55+

CONTRIBUTION VOLUNTEER (CIVIC PARTICIPATION, CONSTRUCTION/HOME AND LAWN MAINTENANCE, SPECIAL EVENT SUPPORT, TRANSPORTATION/AUTOMOTIVE/MECHANICAL): Seeking volunteers for building maintenance, special events, and vehicle maintenance.
  » Occurrence: Flexible
  » Minimum Age: 15
  » Minimum Age w/ Adult: 12
  » Good For: All

Lisa Thalken
126 N. 5th St.
Douglas, WY 82633
lisa@conversehope.org
(307) 358-6148

Donate Life Wyoming
Save lives through organ and tissue donation & transplantation.

ADVOCATE FOR LIFE (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, SPECIAL EVENT SUPPORT): Help with special events, community events and speaking opportunities!
  » Occurrence: Flexible
  » Minimum Age: 18
  » Minimum Age w/ Adult: 8
  » Good For: All

  » Minimum Age: 18
  » Minimum Age w/ Adult: 8
  » Good For: All

Mandy Bock
330 S. Center St., Ste. 418
Casper, WY 82601
mbock@donoralliance.org
(303) 329-4747

> CONTINUED ON NEXT PAGE
Early Head Start: A Division of Wyoming Child and Family Development

We make a positive difference for young children, families, and communities through partnerships and comprehensive early childhood development services.

CLASSROOM SUPPORT VOLUNTEER (CHILD CARE, CUSTOMER SERVICE, EDUCATION, GENERAL): Help with children in the classroom, make projects, help prepare classroom materials, file papers, answer phones, etc.

- Occurrence: Monthly
- Good For: Adults 18+, Older Adults 55+

KITCHEN HELPER (CHILD CARE, FOOD PREP/DELIVERY): Help out in our kitchen with meal prep and dishes.

- Occurrence: Monthly
- Minimum Age: 18
- Good For: Adults 18+, Older Adults 55+

Equality State Policy Center

To improve the lives of all Wyoming’s people through transparent government, fair elections, and thriving communities.

GRAPHIC/WEB DESIGNER (ADVOCACY, CIVIC PARTICIPATION): Generate graphics related to our programs and improving our website.

- Occurrence: Flexible
- Minimum Age: 16
- Good For: Youth, Disabled, Adults 18+, Older Adults 55+

DATA ENTRY (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, CIVIC PARTICIPATION): Help with data entry and updates in our system to help us better communicate with supporters.

- Occurrence: Flexible
- Minimum Age: 16
- Good For: Youth, Disabled, Adults 18+, Older Adults 55+

First Christian Church

To be a faithful, growing church that demonstrates true community, deep Christian spirituality and a passion for justice.

SANDWICH MINISTRY HELPER (FAITH BASED, FOOD PREP/DELIVERY): Help prepare sack lunches to feed the hungry and/or deliver lunches in downtown Casper.

- Occurrence: Weekly (Saturdays @ 8:15)
- Minimum Age: 18
- Minimum Age w/ Adult: Any
- Good For: All

FLEECE BLANKET PROJECT VOLUNTEER (CIVIC ENGAGEMENT, FAITH BASED, GENERAL): Help tie fleece blankets to give to the homeless and people in need in Natrona County.

- Occurrence: Monthly (3rd Sat./Month, 10-4)
- Minimum Age w/ Adult: 6
- Good For: Youth, Group, Adults 18+, Family, RSVP

PUMPKIN PATCH VOLUNTEER (CIVIC PARTICIPATION, GENERAL): Help unload the pumpkin truck or volunteer in the patch during October.

- Occurrence: Semi-annually (Oct.)
- Minimum Age: 18
- Minimum Age w/Adult: 12
- Good For: Youth, Group, Adults 18+, Family, RSVP

Cynthia McBride
520 CY Ave.
Casper, WY 82601
fccaspe@gmail.com
(307) 234-8964

Fort Caspar Museum

To educate visitors about the cultural history of Fort Caspar, Casper, Natrona County, and central Wyoming by acquiring, preserving and exhibiting artifacts; interpreting historic buildings; and offering public programming.

FRONT DESK VOLUNTEER/WELCOME AGENT (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ART/CULTURE, CUSTOMER SERVICE): Greet visitors, handle admission fees and gift shop sales, and assist with other support duties.

- Occurrence: Weekly
- Minimum Age: 17
- Good For: Disabled, Adults 18+, Older Adults 55+, RSVP

TOUR GUIDE/DOCENT (ART/CULTURE, EDUCATION): Lead tours of the Fort or Museum for groups of school-age children.

- Occurrence: Semi-annually (Spring & Fall)
- Minimum Age: 18
- Good For: Adults 18+, Older Adults 55+, RSVP

Learn more about volunteering opportunities at www.servewyoming.org.

Girl Scouts of Montana and Wyoming

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. They will be go-getters, innovators, risk-takers, and leaders.

CO-LEADERS FOR TROOPS (MENTORING, YOUTH): Seeking G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)® volunteers. Ages of girls can vary from 5-17. Girl Scouts provides pre-planned programs and activities for volunteers.

- Occurrence: Flexible
- Minimum Age: 18
- Good For: Adults 18+, Older Adults 55+

Kim York
428 S. Durbin St., Ste. 102
Casper, WY 82601
kimy@gsmw.org
(800-736-5243) ext. 2204

Greater Wyoming Council, Boy Scouts of America

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

SCOUTING LEADER (EDUCATION, RECREATIONAL ACTIVITIES, YOUTH): Help out at Boy Scout or Cub Scout meetings on a weekly basis.

- Occurrence: Weekly
- Minimum Age: 18
- Good For: Adults 18+, Older Adults 55+

DISTRICT COMMITTEE MEMBER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, BOARD/COMMITTEE MEMBERS, COMMUNICATIONS/MARKETING): Work with other committed volunteers to help Scouts with such activities as fundraising, membership recruitment, and program development.

- Occurrence: Monthly
- Minimum Age: 18
- Good For: Youth, Adults 18+, Older Adults 55+

MERIT BADGE COUNSELOR (CIVIC PARTICIPATION, MENTOR, EDUCATION): Works directly with scout towards the completion of Merit Badge.

- Occurrence: Flexible
- Minimum Age: 21
- Good For: Adults 21+, Older Adults 55+

Chad Schntzler
3939 Casper Mountain Rd.
Casper, WY 82601
chad.schntzler@scouting.org
(307) 234-7329

Anne Holman
4001 Fort Caspar Rd.
Casper, WY 82604
aholman@casperwy.gov
(307) 235-8462
Habitat for Humanity,
The Heart of Wyoming, Inc.

Driven by the vision that everyone needs a decent place to live, Habitat for Humanity, a nonprofit housing organization, brings people together to build homes, communities, and hope.

**Volunteer Coordinator** (Administration/organizational support, internship, special event support): Recruit, support, develop, and recognize volunteers of the organization.
- **Occurrence**: Flexible
- **Minimum Age**: 16
- **Good for**: Adults 18+, Older Adults 55+

**Construction Volunteer** (Civic participation, construction/home and lawn maintenance, faith based): Assist the construction crew with construction, operate tools as trained, and support volunteers.
- **Occurrence**: Flexible
- **Minimum Age**: 16
- **Minimum Age w/Adult**: 16
- **Good for**: Group, Adults 18+, Older Adults 55+, Family

**Development Intern** (Administration/organizational support, advocacy, communications/marketing): Participate in a variety of activities including writing, researching, event planning, and nonprofit database entry.
- **Occurrence**: Flexible
- **Minimum Age**: 16
- **Good for**: Adults 18+, Older Adults 55+

Heidi Maldoon
232 E. 2nd St., Ste. 204
Casper, WY 82601
heidi@heartofwyoming.org
(307) 234-1348

Helping Hearts Food Bank

To give food assistance to those in need.

**Food Stocker** (Food prep/delivery, general): Help stock shelves, break down boxes and take out to the trash, etc.
- **Occurrence**: Weekly
- **Minimum Age**: 18
- **Minimum age w/Adult**: 16
- **Good for**: All

Angela Dillon
115 4th St.
Glenrock, WY 82637
dillon5595@yahoo.com
(307) 262-0424

Highland Park Community Church

Taking Risks to Pursue God and Love Like Jesus.

**CR Children’s Volunteer** (Faith based, childcare, education): Help teach children pre-planned curriculum that follows the weekly lessons of the Celebrate Recovery Ministry.
- **Good for**: Adults 18+, Older Adults 55+
- **Occurrence**: Weekly
- **Minimum Age**: 18

**Office Receptionist** (Administration/organizational support, customer service, faith based): Answer phones when staff is not available and help with mailings and other general reception related tasks.
- **Good for**: Disabled, Adults 18+, RSVP
- **Occurrence**: Weekly (can serve seasonally)
- **Minimum Age**: 18

Aubrey Whipps
5725 Highland Dr.
Casper WY 82609
awhipps@hpcc.cc
(307) 265-4073

Holy Cross Center, Inc.

Providing immediate assistance, in the form of groceries, until individuals can be self-sufficient.

**Client Interviewer** (Customer service, family services): Take new or review previous client information. Light computer entry involved.
- **Occurrence**: Weekly
- **Minimum Age**: 25
- **Good for**: Adults 18+, Older Adults 55+

Joseph Haack
1030 N. Lincoln
Casper WY 82601
holycross1030@yahoo.com
(307) 577-1041

Interfaith of Natrona County

Interfaith is committed to Homelessness Prevention through a full range of EMERGENCY services for basic survival needs. Interfaith provides case management and support services that promote self-sufficiency and independence.

**Front Reception Desk** (Administration/organizational support, customer service, faith based): Answer phones, greet clients, retrieve files, audit files, and make copies.
- **Occurrence**: Flexible
- **Minimum Age**: 18
- **Good for**: Adults 18+, Older Adults 55+

**Case Manager** (Counseling, information support, customer service, family services): Work directly with clients to help fulfill their emergency needs. Training provided.
- **Occurrence**: Flexible
- **Minimum Age**: 18
- **Good for**: Adults 18+, Older Adults 55+

I-REACH 2 Inc.

To provide high quality, innovative, individualized, therapeutic services to adults with developmental disabilities and brain injuries.

**Board Members** (Board/committee members, civic engagement): Looking for board members with experience in a variety of areas (finance, public relations, law, fundraising, etc.) who have proven leadership skills and a commitment to provide mission focused governance.
- **Occurrence**: Monthly
- **Minimum Age**: 18
- **Good for**: Disabled, Adults 18+, Older Adults 55+

Jaime Cureton
1649 E. "E" St.
Casper, WY 82601
jaime@ireach2.com
(307) 265-6768

Jason’s Friends Foundation, Inc.

Our mission is to assist Wyoming families whose children suffer from childhood cancers and brain or spinal cord tumors by providing critical non-medical financial assistance, advocacy and encouragement.

**Annual Fundraiser Volunteer** (Special event support): Assist with preparation of annual fundraiser through donation envelope assembly, poster delivery and miscellaneous needs.
- **Occurrence**: Annually (Jan. - March)
- **Minimum Age**: 18
- **Good for**: Group, Adults 18+, Older Adults 55+, Family

**General Office Support** (Administration/organizational support): Provide general office support through miscellaneous projects as needed.
- **Occurrence**: Monthly
- **Minimum Age**: 18
- **Good for**: Adults 18+, Older Adults 55+

> Continued on Next Page
**Special Projects** (Art/Culture, Youth): Youth create fun, uplifting, personal greeting cards for cancer kids.
- **Occurrence:** Semi-Annually
- **Minimum Age w/Adult:** 13
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

Christine Robinson
340 W. *B* St., Ste. 101
Casper, WY 82601
info@jasonsfriends.org
(307) 235-3421

**Joshua's Storehouse**
Joshua’s is a charity dedicated to alleviating hunger among the needy, the economically disadvantaged, and other people who otherwise would not have enough to eat for themselves and their families.

**Thrift Store** (Civic Participation, Customer Service): Help in the thrift store with sales and stock, including process of donations.
- **Occurrence:** Flexible (5 am-5 pm)
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 12
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Driver** (Civic Participation, Delivery): Pick-up & deliver bulk food + occasional furniture donation pick-up. Must have clean DMV record.
- **Occurrence:** Flexible (5 am-5 pm)
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

**Food Pantry Worker** (Civic Participation): General food operations including stocking, cleaning, paperwork with clients and pantry distribution.
- **Occurrence:** Flexible (5 am-5 pm)
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 12
- **Good For:** All

Kim Perez
334 S. Wolcott St.
Casper, WY 82601
kimperezjceo@gmail.com
(307) 265-0242

**Keep Casper Beautiful**
We think everyone deserves to feel that their state, county, town, and neighborhood are wonderful, beautiful places. We inspire and educate people to take action every day that improves and beautifies their community environment.

**Litter Volunteer** (Environmental): Clean up litter at various locations around Casper. Volunteers can work alone or form a group.
- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 5
- **Good For:** All

**Beautification Volunteer** (Environmental): Weed, plant trees, plant flowers, etc.
- **Occurrence:** Semi-Annually (fall and spring)
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 5
- **Good For:** All

Beth Andress
1800 E. *K* St.
Casper, WY 82601
bandress@cityofcasperwy.com
(307) 235-7562

**Make-A-Wish Wyoming**
Together, we create life-changing wishes for children with critical illnesses.

**Wish Granter** (Administration/Organizational Support, Special Event Support): Wish Granters work directly with children and their families to determine the child’s one true wish.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+, RSVP

Mandy Burton
236 W. 1st St.
Casper, WY 82601
makeawish@wyoming.wish.org
(307) 234-9474

**Mercer Family Resource Center**
Mercer Family Resource Center provides education, counseling, and prevention services that build stronger and healthier youth and families in our community.

**Special Events Volunteer** (Civic Participation, Special Event Support): Assist on annual event committees for Family Game Night, Community Baby Shower, Family Day, and/or Dancing with the Stars fundraiser.
- **Occurrence:** Weekly
- **Minimum Age:** 21
- **Good For:** Adults 21+, Older Adults 55+

**Board Member** (Board Member, Advocacy): Attend monthly board meetings.
- **Occurrence:** Monthly
- **Minimum Age:** 21
- **Good For:** Adults 21+, Older Adults 55+

**General Volunteer** (Special Events, Communications/Marketing, Civic Participation): Help organize and promote special events and fundraisers in various ways.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

Mimi's House
Assist and inspire homeless youth to build self-sufficient lives. To provide a warm, family - style environment for Casper youth ages 16-19.

**Youth Mentor** (Youth, Mentoring, Education): Spend time in the house, overseeing general household duties and working directly with the youth residents to teach everyday life skills.
- **Occurrence:** Weekly
- **Minimum Age:** 21
- **Good For:** Adults 21+, Older Adults 55+

**Midwest Community Clinic**
Caring for the sick and injured. To fill the gaps between need and reality so no one goes hungry or lacks medical care. "Not on my watch."

**Maintenance Volunteer** (Disaster/Emergency Services, General): Help clean and repair building interior.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Disabled, Adults 18+, Older Adults 55+

**Receptionist** (Administration/Organizational Support, Customer Service): Help answer phones and check patients in.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Disabled, Older Adults 55+

Diana Ludeman
531 Peake St.
Midwest, WY 82643
dludeman.mwcc@yahoo.com
(307) 437-6513 ext. 6

**Gardening Volunteer** (Art/Culture, Civic Participation, Environmental): "Therapy Garden" and help keep flowers beautiful and weeds under control.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

**Program Volunteer** (Art/Culture, Education, General): Assist facilitators with organizing and sanitizing program materials.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Youth, Adults 18+, Older Adults 55+

Debra Huber
535 W. Yellowstone Hwy.
Casper, WY 82601
dhuber@mercercasper.com
(307) 265-7366

Mimi Sleep
mimishouse6@gmail.com
(307) 797-0548

**Make-A-Wish Wyoming**
Together, we create life-changing wishes for children with critical illnesses.

**Wish Granter** (Administration/Organizational Support, Special Event Support): Wish Granters work directly with children and their families to determine the child’s one true wish.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+, RSVP

Mandy Burton
236 W. 1st St.
Casper, WY 82601
makeawish@wyoming.wish.org
(307) 234-9474

**Mercer Family Resource Center**
Mercer Family Resource Center provides education, counseling, and prevention services that build stronger and healthier youth and families in our community.

**Special Events Volunteer** (Civic Participation, Special Event Support): Assist on annual event committees for Family Game Night, Community Baby Shower, Family Day, and/or Dancing with the Stars fundraiser.
- **Occurrence:** Weekly
- **Minimum Age:** 21
- **Good For:** Adults 21+, Older Adults 55+

**Board Member** (Board Member, Advocacy): Attend monthly board meetings.
- **Occurrence:** Monthly
- **Minimum Age:** 21
- **Good For:** Adults 21+, Older Adults 55+

**General Volunteer** (Special Events, Communications/Marketing, Civic Participation): Help organize and promote special events and fundraisers in various ways.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

Mimi Sleep
mimishouse6@gmail.com
(307) 797-0548

> Continued on Next Page
National Alliance On Mental Illness (NAMI)-Casper

Provide education, support and shed light on mental illness within the communities in Wyoming.

GENERAL VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, GENERAL):
Help disseminate info. about mental illness and assist in the office.

» Occurrence: Semi-annually
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+

Amanda Jones
133 W. 6th
Casper, WY 82601
namiwyominginfo@gmail.com
(307) 265-2573

Natrona County 4-H

4-H is an informal, practical, learning-by-doing educational program for youth.

VOLUNTEER LEADER (EDUCATION, MENTORING, YOUTH):
Provide leadership and work with members and their projects.

» Occurrence: Monthly
» Minimum Age: 18
» Good For: Youth, Adults 18+, Older Adults 55+, Family

Joddee Jacobsen
2011 Fairgrounds Rd.
Casper, WY 82604
jjacobsen@natronacounty-wy.gov
(307) 235-9400

Natrona County Community Response Team (CERT)

Program to support Emergency Management with extra manpower during emergency or disaster events.

CERT MEMBER (CIVIC PARTICIPATION, DISASTER/EMERGENCY SERVICES, SPECIAL EVENT SUPPORT):
Personal/family disaster preparedness as well as response to call outs for disaster medical, fire, and search and rescue operations.

» Occurrence: Semi-annually (Call out basis once trained, but not mandatory. Some annual training).
» Minimum Age: 16
» Minimum Age w/ Adult: 13
» Good For: All

Lt. John Harlin
Natrona County Emergency Management
201 N. David St.
Casper, WY 82601
harlin@natronacounty-wy.gov
(307) 235-9205

Natrona County Master Gardeners

Helping others know how to grow.

MASTER GARDENER TRAINEE (CUSTOMER SERVICE, EDUCATION, ENVIRONMENTAL):
Attend trainings and become prepared to help other gardeners understand how to care for plants.

» Occurrence: Semi-annually (New classes start in the fall)
» Minimum Age: 16
» Minimum Age w/Adult: 16
» Good For: Youth, Disabled, Adults 18+, Older Adults 55+, Family, RSVP

ASSOCIATE MASTER GARDENER MEMBER
(ADMINISTRATION/ORGANIZATIONAL SUPPORT, CONSTRUCTION/HOME AND LAWN MAINTENANCE, SPECIAL EVENT SUPPORT):
Volunteer at Master Gardener functions in non-educational roles.

Natrona County Meals On Wheels

To assist the elderly and homebound people of Natrona County maintain their independence and integrity, as well as their physical and mental health, in the dignity of their own homes and environments, Natrona County Meals On Wheels, prepares and delivers nutritionally tailored meals via caring community volunteers.

VOLUNTEER DRIVER/SUB DRIVER (FOOD PREP/DELIVERY, GENERAL): Deliver meals to homebound seniors five days a week. Must use own vehicle and must have a valid drivers license and proof of insurance.

» Occurrence: Weekly
» Minimum Age: 18
» Minimum Age w/Adult: Any
» Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

Debbie Cardinal
1760 E. 12th St.
Casper, WY 82601
debbie@mealswheels.com
(307) 265-8699

Natrona County Medical Reserve Corps

To augment local community health and medical services staff with pre-identified, trained and credentialed volunteers as well as promote the health education objectives and strategic goals of the Casper-Natrona County Health Department.

MRC MEDICAL MEMBER (DISASTER/EMERGENCY SERVICES, HEALTH/PERSONAL CARE, SPECIAL EVENT SUPPORT):
Provide assistance to the Health Department in emergency situations, and also provide medical aid for a variety of events.

» Occurrence: Flexible
» Minimum Age: 16
» Good For: Disabled, Group, Adults 18+, Older Adults 55+

MRC NON-MEDICAL MEMBER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, CUSTOMER SERVICE):
Provide assistance to the Health Department in an administrative capacity.

» Occurrence: Flexible
» Minimum Age: 16
» Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+

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**MRC MEMBER** (ADVOCACY, CIVIC PARTICIPATION, MENTORING): Provide assistance to the Health Department in an advocacy capacity.

- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+

Audrey Gray
475 S. Spruce St.
Casper, WY 82601
mrc@cnchd.org
(307) 577-9737

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**NOWCAP Services**

Creating opportunities for all people with disabilities!

**OPERATIONS SUPPORT VOLUNTEER** (ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, COMMUNICATIONS/MARKETING): Support the mission of our office operations team.

- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Disabled, Adults 18+, Older Adults 55+, RSVP

Jillian Riddle
400 E. Collins Dr.
Casper, WY 82601
jillian@thenic.org
(307) 235-5247

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**Olivia Caldwell Foundation**

Our mission is to fund life-saving pediatric cancer research and programs to improve the lives of children battling cancer in Wyoming and throughout the rest of the world.

**EVENT VOLUNTEER** (RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Assist the Olivia Caldwell Foundation at the Miles For Gold Color Dash 5K Fun Run by throwing color during the race.

- **Occurrence:** Annually (June 23, 2018)
- **Minimum Age:** 18
- **Good For:** All

**EVENT VOLUNTEER** (RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Assist OCF at our annual Putt N Play For Pediatric Cancer Fundraiser.

- **Occurrence:** Annually (Sept. 8, 2018)
- **Minimum Age:** 14
- **Good For:** All

**Platte River Trails**

To develop a river pathway while preserving the scenic, natural and historic value of the North Platte River, and to partner in the development of a network of trails that contributes to our community’s economic vitality and quality of life.

**SPRING CLEAN-UP** (ENVIRONMENTAL, GENERAL, SPECIAL EVENT SUPPORT): Help us clean up the River Trail and the Rail Trail and get it spruced up for the active summer season.

- **Occurrence:** Annually (Sat., May 19, 9:00-12:00)
- **Minimum Age:** 16
- **Good For:** Youth, Group, Adults 18+, Family

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**The Paleon Museum**

To recover fossils, prepare them and share information about the wonders of the Mesozoic and the Tertiary. We also have several specimens from the Oligocene. Summer Hours begin June 1st (11-4, Tues.-Sat.).

**“BONE BIDDY” VOLUNTEER GROUP** (EDUCATION, GENERAL): We encourage volunteers to work in their comfort zone.

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Jillian Riddle
400 E. Collins Dr.
Casper, WY 82601
jillian@thenic.org
(307) 235-5247

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**“BONE BIDDY” VOLUNTEER GROUP** (EDUCATION, GENERAL): We encourage volunteers to work in their comfort zone.
Reach 4A Star Riding Academy
Reach 4A Star Riding Academy is committed to improving the overall health, well-being and quality of life of differently-abled children and adults in our community.

HORSE HANDLER (ANIMAL SCIENCE, GENERAL, RECREATIONAL ACTIVITIES, YOUTH): Prior to lessons, get the horses all cleaned up and ready to go for the upcoming riding classes.
> Occurrence: Monthly (sessions through Fall and Spring)
> Minimum Age: 14
> Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

SIDE-WALKER (ANIMAL SCIENCE, GENERAL, RECREATIONAL ACTIVITIES, YOUTH): During lessons, the side-walker walks alongside the horse, giving physical support to the disabled rider.
> Occurrence: Monthly (Fall & Spring)
> Minimum Age: 18
> Minimum Age w/Adult: 14
> Good For: All

The Science Zone
The Science Zone exists to inspire the mind, to delight the senses, and to ignite a passion for the technical arts and sciences.

OUTREACH AND EDUCATION/ZOO ZONE VOLUNTEER (CIVIC PARTICIPATION, EDUCATION, RECREATIONAL ACTIVITIES): Manage birthday parties, oversee special events, and educate about science through experiments and animal care.
> Occurrence: Weekly
> Minimum Age: 16
> Minimum Age w/Adult: 14
> Good For: Youth, Adults 18+

Front Desk Volunteer (CUSTOMER SERVICE, GENERAL): Assist Science Zone staff, greet visitors, answer phones and questions, help people get oriented with exhibits, and explain programs. Also, run cash register for admission, gift shop purchases, and donations.
> Occurrence: Weekly
> Minimum Age: 16
> Good For: Youth, Adults 18+, Older Adults 55+

EXHIBIT CARPENTER AND CAREGIVER (CONSTRUCTION/HOME AND LAWN MAINTENANCE, GENERAL): Construct, repair, and paint museum and building exhibits.
> Occurrence: Monthly
> Minimum Age: 16
> Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP
Self Help Center
To provide 24 hour crisis intervention, emergency safe house, and comprehensive supportive services to domestic violence, sexual assault, child abuse, stalking, elder abuse victims, and substance use treatment, and reduce future cycles of violence.

DOMESTIC VIOLENCE HOTLINE CRISIS ADVOCATE
(ADVOCACY, COUNSELING INFORMATION SUPPORT):
Provide crisis intervention services to victims of domestic violence, sexual assault and stalking.
» Occurrence: Monthly
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+, RSVP

EVENT VOLUNTEER
(DONATIONS MANAGEMENT, GENERAL, SPECIAL EVENT SUPPORT):
Assist with major fundraising events.
» Occurrence: Annually (March 2019)
» Minimum Age: 18
» Minimum Age w/Adult: 12
» Good For: All

Alana Ham
740 Luker Ln.
Evansville, WY 82636
aham@scasper.com
(307) 235-2814

ServeWyoming
Improving lives and strengthening Wyoming communities through volunteerism.

SEEKING VOLUNTEERS OF ALL ABILITIES
(ALl CATEGORIES): 100’s of volunteer opportunities featured on our free website. Find opportunities to suit your needs. Visit www.volunteerwyoming.org or www.servewyoming.org and click on "Volunteer."
» Occurrence: Weekly
» Minimum Age: 14
» Minimum Age w/Adult: 4
» Good For: All

WANTED: DISASTER RESPONSE VOLUNTEERS
(EMERGENCY, GENERAL): Pre-register as a disaster response volunteer in your area so you’re prepared to help your community in the event of a disaster/emergency. Visit our website or call to sign up.
» Occurrence: Monthly
» Minimum Age: 15
» Good For: All

PRO BONO VOLUNTEERS NEEDED
(ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, EDUCATION, GENERAL): Highly-skilled professionals needed to consult nonprofits on specific, short-term projects throughout the county and/or state.
» Occurrence: Monthly
» Minimum Age: 18
» Good For: Group, Adults 18+, Older Adults 55+

Jessica Stanbury
330 S. Center St., Ste. 317
Casper, WY 82602
jessica@servewyoming.org
(307) 234-3428

Seton House
To support single-parent families on their journey toward self-sufficiency.

DONATION MANAGEMENT
(DONATIONS MANAGEMENT, FAMILY SERVICES):
Assist in receiving and sorting through donations of household goods.
» Occurrence: Monthly
» Minimum Age: 16
» Good For: Youth, Adults 18+, Older Adults 55+, Family

GROUND UP KEEP AND BEAUTIFICATION
(CONSTRUCTION/HOME AND LAWN MAINTENANCE):
Assist in maintenance of lawns, gardens and playgrounds on site.
» Occurrence: Weekly
» Minimum Age: 16
» Good For: Group, Adults 18+, Family

Toni Lattea
919 N. Durbin St.
Casper, WY 82602
setonh.toni@gmail.com
(307) 577-8026

Special Olympics Wyoming
Special Olympics Wyoming provides a year round program of sports training and athletic competition for children and adults with intellectual disabilities.

SUMMER SPORTS CLASSIC VOLUNTEER
(GENERAL, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT):
Competition Sites Volunteers are needed to help run competition venues for our Equestrian, Golf, and Softball competitions.
» Occurrence: Annually (Aug. 4-5)
» Minimum Age: 18
» Minimum Age w/Adult: 16
» Good For: All

Regan Diller
239 W. 1st St.
Casper, WY 82601
program@specialolympicswy.org
(307) 235-3062

Stage III Community Theatre
To produce quality theater performances and educational programs for Casper and the surrounding community, and to participate in meaningful community activities.

BOX OFFICE PERSONNEL
(ART/CULTURE, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT):
Greet guests and sell tickets at the door prior to performances and record receipts.
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age w/Adult: 16
» Good For: Youth, Disabled, Adults 18+, Older Adults 55+

USHER/CONCESSIONS
(ART/CULTURE, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT):
Help during plays by taking tickets, handing out programs, and selling refreshments and snacks prior to performances and during intermission.
United Way of Natrona County

United Way of Natrona County provides resources to improve lives and build a stronger community.

GREETER/INTAKE VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT): Greet individuals and guide them through intake paperwork.

» Occurrence: Annually (Jan. - April)
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+, RSVP

TAX PREPARER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT): Prepare and file tax returns for individuals needing tax assistance.

» Occurrence: Semi-annually (Jan. - April)
» Minimum Age: 18
» Good For: Adults 18+, Older Adults 55+, RSVP

Visiting Casper

Visit Casper is the driving force that draws visitors to Natrona County in support of our local economy and quality of life.

VENUE ASSISTANT (RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT): Various duties include assisting with keeping the venue running smoothly and making sure Casper is viewed in a positive light.

» Occurrence: Flexible
» Minimum Age: 18
» Good For: Adults 18+

Werner Wildlife Museum

To promote learning and appreciation of the Earth’s natural history through preservation of collections, exhibits, and outreach as consistent with the mission and goals of Casper College.

MUSEUM VOLUNTEER (ANIMAL SCIENCE, ART/CULTURE, EDUCATION, ENVIRONMENTAL): Greet visitors when regular assistants are guiding tours or absent and assist at special events and possibly tours. Volunteer positions are essentially on-call with generous notice usually given.

» Occurrence: Monthly (Dates vary)
» Minimum Age: 16
» Good For: Adults 18+, Older Adults 55+

Wyoming Chapter of the TEARS Foundation

We seek to compassionately lift a financial burden from families who have lost a baby by providing funds to assist with the cost of burial or cremation services.

TEARS COMMITTEE MEMBER (BOARD/COMMITTEE MEMBERS, COMMUNICATIONS/MARKETING, DONATIONS MANAGEMENT): Assist in planning remembrance events and fundraising opportunities. Also help man booths at various events.

» Occurrence: Monthly (Meetings the 16th of each month, in the evenings)
» Minimum Age: 16
» Good For: Youth, Disabled, Adults 18+, Older Adults 55+

EVENT VOLUNTEER (FAMILY SERVICES, GENERAL, SPECIAL EVENT SUPPORT): Help run stations at our Bereaved Mothers Day Remembrance Gathering and Day of Hope Remembrance Event.

» Occurrence:Annually (Afternoon of May 7th and morning of Aug 19th)
» Minimum Age: 15
» Minimum Age w/Adult: 10
» Good For: All

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» Minimum Age: 18
» Good For: Adults 18+

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» Occurrence: Monthly (Dates vary)
» Minimum Age: 16
» Good For: Adults 18+, Older Adults 55+

Wyoming Food Bank of the Rockies

We help families thrive by efficiently procuring and distributing food and essentials to the hungry through our programs and partner agencies.

EVENT VOLUNTEER (ADVOCACY, CIVIC PARTICIPATION, FOOD PREP/DELIVERY): Be an ambassador for WFBR, greet and register clients, distribute food, or take pictures.

» Occurrence: Annually (Apr., May, Oct., Nov.)
» Minimum Age: 16
» Minimum Age w/Adult: 14
» Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP
Wyoming Food for Thought Project

Food for Thought works to cultivate community by providing direct help to end hunger, empowering our community through programs and service opportunities, and educating our community of the power of local food to end hunger.

GARDENER (CIVIC PARTICIPATION, CONSTRUCTION/HOME AND LAWN MAINTENANCE, FOOD PREP/DELIVERY): Do you like to dream big and make those dreams a reality? Come get your hands dirty, work in the garden, and learn the skills it takes to grow food locally.

- **Occurrence:** Weekly
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 1
- **Good For:** All

KITCHEN HELPER (EDUCATION, ENVIRONMENTAL, FOOD PREP/DELIVERY): Help preserve, repackage, and make local food for our food bags and farmer’s markets. Learn how to take the idea of a seed and turn it into a profitable item (seed to jar).

- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 1
- **Good For:** All

DRIVER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, DONATIONS MANAGEMENT, FOOD PREP/DELIVERY): Pick up donations, deliver food bags, use your wheels to feed people!

- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 1
- **Good For:** Group, Older Adults 55+, Family

ammerland

Jamie Purcell
900 St. John St.
Casper, WY 82601
info@wyyftp.org
(307) 337-1703

Wyoming Foundation for Cancer Care, Angels Cancer Care Program

The Angels Cancer Care Program supports Rocky Mountain Oncology Center by being a compassionate resource for all people impacted by a cancer diagnosis within the state of Wyoming. With an Angel no one needs to fight cancer alone.

- **Occurrence:** Semi-annually
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 14
- **Good For:** Youth, Adults 18+, Older Adults 55+

MENTORS (HEALTH/PERSORAL CARE, MENTORING): Cancer survivors are matched with patients to provide support and mentorship to cancer patients currently going through treatment.

- **Occurrence:** Weekly
- **(Dependent on patient needs/requests)**
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

Eve Stahl
6501 E. 2nd St.
Casper, WY 82609
estahl@rockymountainoncology.com
(307) 235-5433

Wyoming Housing Network

Strengthening Wyoming communities by providing quality resources and opportunities for people to reach their housing goals.

COMMUNITY GARDEN HELPER (CONSTRUCTION/HOME AND LAWN MAINTENANCE, RECREATIONAL): Help with the community garden at our low-income apartments by planting weeding, watering and other garden activities.

- **Occurrence:** Annually (summer)
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 2
- **Good For:** All

OFFICE HELP (ADMINISTRATION/ORGANIZATIONAL SUPPORT): Help us serve over 1,400 clients a year by filing, scanning, shredding, and more.

- **Occurrence:** Flexible
- **Minimum age:** 18
- **Good For:** Adults 18+, Older Adults 55+

Wyoming Independent Living Rehabilitation, Inc.

To create a society where persons with disabilities develop self-reliance and independence in order to participate fully in the communities where they live.

PEER VOLUNTEER (ADMINISTRATION/ORGANIZATIONAL SUPPORT, COUNSELING INFORMATION SUPPORT, RECREATIONAL ACTIVITIES): Support independent living philosophy utilizing volunteer’s skills/interests. Individuals with disabilities strongly encouraged to apply.

- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+

Austin Berlin
305 W. 1st St.
Casper, WY 82601
aberlin@wilr.org
(307) 266-6956

Wyoming Medical Center’s Safe Kids of Central Wyoming

Safe Kids of Central Wyoming is a program of Wyoming Medical Center that seeks to educate the community on the prevention of unintentional injuries.

EVENT VOLUNTEERS (GENERAL, SPECIAL EVENTS, YOUTH): Help at monthly prevention and educational events throughout the community, including car seat checks.

- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 14
- **Good For:** Youth, Adults 18+, Older Adults 55+

Andrea D’Onofrio
1233 E. 2nd St.
Casper, WY 82601
adonofrio@wyomingmedicalcenter.org
(307) 577-2134
Wyoming Medical Center Volunteers

To promote and advance the welfare of Wyoming Medical Center by rendering various services to the hospital and its patients, by raising funds for hospital and volunteer projects, by positively interpreting Wyoming Medical Center’s programs to the community, and by conducting all activities in accordance with Wyoming Medical Center’s policies.

VOLUNTEER ESCORT (CUSTOMER SERVICE, HEALTH/PERSONAL CARE): Guide patients, families, and visitors to requested areas of the hospital.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

OPERATING & INTENSIVE CARE UNIT INFORMATION DESK VOLUNTEER (CUSTOMER SERVICE, HEALTH/PERSONAL CARE): Track families of patients to provide surgical updates and providing general information to patients, families and visitors.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

JUNIOR VOLUNTEER (CUSTOMER SERVICE, HEALTH/PERSONAL CARE): Introduces students to a hospital environment doing a variety of tasks and working alongside staff.
- **Occurrence:** Weekly
- **Minimum Age:** 16
- **Good For:** Adults 18+, Older Adults 55+

Lisa Johnson
1233 E. 2nd St.
Casper, WY 82601
lnjohnson@wyomingmedicalcenter.org
(307) 577-2794

Wyoming Rescue Mission

The Wyoming Rescue Mission restores with the love of Christ, those struggling with homelessness back to society as independent community members.

RESCUED TREASURES DONATION PROCESSOR (DONATIONS MANAGEMENT): Help process items donated to our thrift store.
- **Occurrence:** Flexible
- **Minimum Age:** 10
- **Minimum Age w/Adult:** 7
- **Good For:** All

MISSION MEAL PREPARATION AND SERVING (FOOD PREP/Delivery): Individuals are needed for day meals or dinner groups to help prepare and serve Mission guests.
- **Occurrence:** Monthly
- **Minimum Age:** 14
- **Minimum Age w/Adult:** 10
- **Good For:** All

BUSINESSES TO SERVE LUNCH (FOOD PREP/Delivery): Businesses needed to serve lunch one time or regularly once a month 11:30-12:40.
- **Occurrence:** Monthly
- **Minimum Age:** 14
- **Minimum Age w/Adult:** 10
- **Good For:** Adults 18+, Older Adults 55+, RSVP

Becky Duffy
230 N. Park St.
Casper, WY 82602
volunteers@wyomission.org
(307) 265-3002

Wyoming Senior Citizens, Inc.

A private, nonprofit organization whose purpose is to meet the needs of Wyoming’s older residents and help them maintain their independence.

SENIOR COMPANIONS (ADVOCACY, FAMILY SERVICES, HEALTH/PERSONAL CARE): Provide free in-home independent living assistance to frail, elderly or disabled adults 21+.
- **Occurrence:** Weekly
- **Minimum Age:** Adults 55+
- **Good For:** Older Adults 55+

Wyoming State Parks, Historic Sites, and Trails

Protect and manage the natural and cultural resources under our stewardship.

GROUNDS MAINTENANCE AT EDNESS KIMBALL WILKINS STATE PARK (CONSTRUCTION/HOME AND LAWN MAINTENANCE): Grounds care to include: planting and weeding flower gardens, mowing lawn, picking up wind fall, tree trimming, etc.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Minimum Age w/ Adult:** 12
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

Volunteer Camp Hosts (ENVIRONMENTAL, RECREATIONAL ACTIVITIES): Two month minimum stay at park/site. Receive free camping space with hookups in exchange for cleaning campgrounds and visitor services. Must provide own camper.

Wyoming Symphony Orchestra

To enrich the cultural lives of adults, expand the musical horizons of children and provide an outlet for the creative talents of musicians living in Wyoming and the Rocky Mountain West.

USHER/GREETER (ART/CULTURE, GENERAL, SPECIAL EVENT SUPPORT): Help patrons to find seats for symphony concerts
- **Occurrence:** Flexible
- **Good For:** Adults 18+,
- **Minimum Age w/Adult:** 10
- **Good For:** Disabled, Adults 18+, Older Adults 55+, Family

TICKET TAKERS (ART/CULTURE, GENERAL, SPECIAL EVENT SUPPORT): Take/scan tickets for concerts.
- **Occurrence:** Flexible
- **Good For:** Adults 18+, Older Adults 55+

Erin Helms
225 S. David St.
Casper, WY 82601
erin@wyomingsymphony.org
(307) 266-1478

Wyoming Veterans Memorial Museum

To preserve and commemorate the service and sacrifice of veterans of the U.S. Armed Forces, auxiliary forces, and their families, from Wyoming statehood through contemporary deployments.

DOCENT (ART/CULTURE, CIVIC PARTICIPATION, EDUCATION): Serve as interpreter, educator and tour guide to museum guests.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+, RSVP

MUSEUM VOLUNTEER (ART/CULTURE, CIVIC PARTICIPATION, GENERAL): Assist Museum Curator with general museum duties- exhibit preparation and maintenance, cleaning, administration.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, RSVP

Douglas Cubbison
3740 Jourgensen
Casper, WY 82604
douglas.cubbison@wyo.gov
(307) 472-1857
Volunteering Leads to Employment!

Research from the Corporation for National and Community Service (CNCS) provides evidence of a relationship between volunteering and finding employment. As a part of CNCS, we are happy to share this report:

The economic downturn that has plagued the United States economy over the last half decade, and certainly more recently here in Wyoming, has increased the need for pathways to employment for the millions of Americans struggling to find work. Government leaders, nonprofits, and news media have long provided anecdotal evidence that volunteering can increase employment prospects by helping job seekers learn new skills, expand their networks, and take on leader- ship roles. Despite this, there has been little quantitative research to date that has established an association between volunteering and finding a job.

CNCS’ research, “Volunteering as a Pathway to Employment,” provides the most compelling empirical research to date establishing an association between volunteering and employment in the United States.

**KEY FINDINGS**

- Volunteers have a 27 percent higher likelihood of finding a job after being out of work than non-volunteers
- Volunteers without a high school diploma have a 51 percent higher likelihood of finding employment
- Volunteers living in rural areas have a 55 percent higher likelihood of finding employment

CNCS also found that volunteering is associated with an increased likelihood of finding employment for all volunteers regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions.

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GET Pro Bono

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Awarded the help of one of our pro bono volunteers who work in a variety of fields and are interested in sharing their skills with a qualified nonprofit. **The pro bono volunteer will work with your nonprofit for a short-term, specific project designed to build capacity within your nonprofit.**

ServeWyoming partners with many organizations doing important work in a range of issue areas. Unfortunately, our own funding limitations keep us from awarding Service Grants to all organizations that apply and our ability to match you with the services you seek is highly dependent on the availability of professional volunteers. Organizations are strongly encouraged to apply as early as possible, so we may also search for volunteers to fulfill the expertise you seek.

Please visit www.servewyoming.org and click on “Get Pro Bono” to review the grant criteria before you apply. If you have questions regarding our grant criteria or the content of any of our Service Grants, please contact the ServeWyoming office, and we will be happy to answer your questions.

The next grant application cycle is TBD. Please check our website often for announcements.

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GIVE Pro Bono

Are you looking for ways to utilize your skills to make a positive impact on your community? Apply your skills to the greater good. Join ServeWyoming’s Pro Bono Volunteer Network! This is a network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Once you have applied, you will be matched when a qualified nonprofit has been awarded a “Service Grant” that requires skills similar to your own. The pro bono volunteer works with the nonprofit on a short-term, specific project designed to build capacity within their organization.

We are continually looking for ways to expand the program and are always in need for more professional volunteers willing to donate their time and expertise to a community organization in need. Help us help the wonderful nonprofits that do so much in your counties by applying to “Give Pro Bono” today!

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro Bono” or call us at (307) 234-3428.

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In 2008, I moved to Wyoming. I still cannot answer the question of what brought me to this state, but I can easily answer why I stayed. In 2011, I was fortunate enough to serve as an AmeriCorps member and work for the Wyoming Conservation Corps as a crew leader. During that time, I learned what it meant to be an effective leader.

Years later, those eight months of service remain the most impactful months of my life. I graduated college with substantially less debt than my average classmate because of my AmeriCorps education award. In 2014, I was fortunate enough to be hired by a prestigious consulting firm. It wasn’t my two degrees, my past work experience, or what I thought was a clever impassioned objective statement that enticed them to call me in for an interview. It was my AmeriCorps service and time with the Wyoming Conservation Corps that inspired them to interview me and a major reason why they hired me. After two and a half years with that company, I got accepted into the Wyoming College of Law and am now a third-year law student. In addition to benefitting my education, my career, and confirming a home I love, it still benefits me, every weekend that I get to hike or bike the trails built by the members and volunteers of WCC.

My experience with the Wyoming Conservation Corps made me fall in love with this state and I cannot convey enough the benefits of AmeriCorps programs and the foot forward in life that it gave me and so many of its members. AmeriCorps programs made this state feel like a community and I will always be proud of my alumni status and eternally grateful for the opportunities my experience continues to give me.

~ Andrea Harrington, Wyoming Conservation Corps’ AmeriCorps Alum

After graduating from the University of Washington with a B.A. in Business Administration, I found my lack of professional experience and the tanking economy left me unable to land my dream job. While job searching on the Internet, I remembered hearing about a program called AmeriCorps. After checking out the AmeriCorps job listings, I stumbled upon an opportunity to work at ServeWyoming as an AmeriCorps*VISTA. Thinking of my family’s summer road trip to Yellowstone and how beautiful, green, and mountainous it was, I applied and my time as an AmeriCorps*VISTA in Wyoming literally changed my life for years to come.

Through the AmeriCorps*VISTA program, for the first time I was gaining professional work experience, learning valuable skills, and finding much needed direction regarding what I ultimately wanted to do for a career. The icing on the cake? Knowing what I was doing was truly making a difference.

AmeriCorps is and will always be an invaluable experience that provides today’s youth with real world work experience, an appreciation for community service, and a chance to experience a truly life-changing opportunity. Creating community-minded, passionate, and engaged citizens is something that every state in our country desires. In a state that is struggling to keep its younger generations in the state, Wyoming AmeriCorps is a vital piece of the puzzle, providing unique, entry-level professional work opportunities, while attracting both local and out-of-state youth to experience the wonders of Wyoming.

~ Clinton Harper, ServeWyoming AmeriCorps VISTA Alum

My volunteer experience started at the ServeWyoming office. I spent my time there learning about different organizations in the Casper area and their volunteer needs. Through this experience I learned about the impact of volunteering in our community. My time at ServeWyoming introduced me to the wide range of ways I could volunteer, and I was introduced to AmeriCorps service. I was given the opportunity to be an AmeriCorps volunteer where I served a year term with Greater Wyoming Big Brothers Big Sisters. During my time at GWBBBS I was fortunate enough to get on the job training, able to network with professionals in the community, and received a $2000 education award. I will use all that I have learned through my volunteering experience in my future career as a social worker. I am happy to know that I made a difference and I’m proud to be an AmeriCorps alum. I get to be part of a great group of people with the goal of helping others and making the world a better place.

~Kayla Smiley, Greater Wyoming Big Brother Big Sisters AmeriCorps Alum
DO YOU KNOW THE ONE PLACE YOU CAN GO TO LEARN HOW YOU CAN BE
Active in the Community?

Volunteer Wyoming!
This easy-to-use web-based platform, brought to you by ServeWyoming, matches the right donors, advocates and volunteers with the right opportunities in your neighborhood and its FREE to use!

Volunteers:
• Click on “LOGIN.”
• Fill out your volunteer profile.
• Search for volunteer needs and events based on interests, zip code or agency.
• “Become a Fan” of your favorite organizations so you’re the first to know about new opportunities in your area.
• Receive suggestions for opportunities based on the causes you’re interested in.

Organizations:
• Click on “SIGNUP.”
• Fill out your agency profile, including pictures and video.
• Start posting your volunteer needs and events!
• Keep your information current so volunteers know when, where, and how to help support your cause!

To get started today, go to www.servewyoming.org and click "volunteer!"