Volunteer Wyoming

Your resource guide for volunteer opportunities in Natrona County and surrounding areas.

Spring 2016
Serve Wyoming

Mission
Improving lives and strengthening Wyoming communities through volunteerism.

Contact
• WE CAN HELP your organization.
• YOU CAN SERVE in AmeriCorps.
• SEARCH AND POST volunteer opportunities.
• GET HANDS-ON with any of our projects.

Commission Members
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Jennifer Crowe, Banner
Cody Friedlan, Secretary, Gillette
Andy Gienapp, Cheyenne
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Staff Members
Shelly McAlpin
Executive Director

Nuriéh Glasgow
Program and Training Officer

Jessica Stanbury
Program Coordinator

WWW.SERVEWYOMING.ORG

307-234-3428
1-866-737-8304
Projects

ServeWyoming promotes collaborative efforts among private, nonprofit and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National & Community Service programs such as AmeriCorps*VISTA and Senior Corps. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human need, disaster, youth and veteran and family services.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

- **AMERICORPS*STATE**
  Providing funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs and application process begins in the fall of each year.

- **DISABILITY INCLUSION & AWARENESS**
  Serve as a resource to promote inclusion in volunteerism.

- **EMERGENCY PREPAREDNESS**
  Serve as a neutral convener to mobilize and train volunteers in the time of an emergency or disaster.

- **PARTNERSHIP BUILDING**
  Develop investments and partnerships to sustain ServeWyoming and the programs we support.

- **PRO BONO VOLUNTEER NETWORK**
  Increase nonprofit capacity through the engagement of highly skilled volunteers.

- **PROFESSIONAL DEVELOPMENT & TRAINING**
  Increase grantee capacity and statewide awareness of national service through professional development, training and technical assistance, member development and outreach.

- **VOLUNTEER WYOMING**
  Serve as a resource to our communities and increase the number and effectiveness of volunteers in Wyoming.

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Check out our 2015-16 AmeriCorps Programs!

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National Service: Path to Employment

I believe in the power of people to bring about change where it is most needed. Sometimes the change is a simple connection an AmeriCorps member makes when they connect to others through their service. Other times, a connection through service can bring about lifelong change, such as when an AmeriCorps Member mentors a child, or tutors a struggling student. The results can open doors for that child or student long into their adulthood.

Everyone who has served in a volunteer capacity knows the satisfaction it provides. Selfless acts help both the individual being served and the person serving. It also leads to employment opportunities, as was the case with Patrick Harrington. He previously served as an AmeriCorps member with the Wyoming Conservation Corp (WCC) in 2010 and 2011. This opportunity connected him to natural resource and environmental experiences while promoting leadership. WCC AmeriCorps members perform a variety of conservation and natural resource management work for our state, and ServeWyoming is honored to fund this AmeriCorps program going on its 10th year. Patrick’s experiences led him to become WCC’s Assistant Director. Patrick shares, “Through National Service I learned what it meant to be a part of a community, and how together we all become much greater than our individual selves.”

Patrick’s national service road to employment is not unique. Recent studies from the Corporation for National and Community Service found that those serving make connections and learn valuable skills. Skills that employers value and help AmeriCorps members connect to employment and succeed in their careers. The majority of AmeriCorps members come from a pool of young adults who are eager for the opportunity to serve their nation and Wyoming! The AmeriCorps members serve in tough situations for a year as mentors, tutors, environmental and disaster responders, domestic violence educators, and fight for food security in our state. All the while, these members bring energy and fresh ideas to their assignments, which is wildly impressive to say the least!

AmeriCorps provides other rewards that go beyond positive service experiences. Members earn a scholarship to reduce college costs or repay student loans. This increases economic opportunity for AmeriCorps members by encouraging post-secondary education and reducing student debt. AmeriCorps increases civic responsibility and awareness while transforming their lives for the better.

As a cornerstone of our voluntary advocacy efforts, the following Spring 2016 Volunteer Guide serves to encourage members of our community to get out and support a local organization, project, or cause. We strive to make finding your next volunteer opportunity, or even your next job (see p. 23) as easy as possible by connecting you to the local agencies making a difference every day in our community.

That’s the beauty of service, whether it’s through AmeriCorps or general civic participation – the ability to improve lives while transforming communities through the power of our people. We appreciate your support and interest in our work and know that you, our partners, rely on us to deliver results.

Shelly McAlpin
Executive Director, ServeWyoming
When you ask a volunteer why they give back to their community, you’re bound to get a variety of answers: passion for the cause, to pay it forward, to meet new people, etc. From the reason to the experience, volunteering is rarely the same from person to person. What is similar across the board is the enormous benefit of volunteering to both community and the individual. But, while most people understand how volunteering helps the community, what may not be quite as well-known is how beneficial volunteering can be to the individual volunteer.

Throughout the year we are often reminded of the importance of helping others. Whether you regularly volunteer or help with the occasional fundraiser, keep in mind that doing good for the community is also good for you! From the physical, to the emotional and even the social, volunteers reap amazing benefits simply from giving their time and energy to someone/something else. Read on to learn how when you give your time and energy to others (no matter the reason), you get just as much back in return!

Perhaps the first and most obvious benefit people get from volunteering is the satisfaction of making a difference in their community. While pride, satisfaction and accomplishment are reason enough to serve, there are additional benefits that you stand to gain by volunteering that may surprise you. For instance, did you know that volunteering can improve your health? According to Women’s Health magazine in 2013, “people who regularly volunteer have better mental, emotional, and physical health.” Volunteering has consistently been found to lower stress levels, improve your mood and make you feel healthier and happier. In fact, a report by the Corporation for National and Community Service, titled “The Health Benefits of Volunteering: A Review of Recent Research,” showed those who volunteer have “lower mortality rates, greater functional ability, and lower rates of depression later in life than those who do not volunteer.” Volunteering can help you feel more socially connected and help you feel like you’re doing something that matters.

However, the benefits of volunteering don’t just stop with the physical and emotional. Volunteering is also a great way to meet new people, network and learn about and connect with your community. Volunteer opportunities often link together like-minded individuals that must work together to solve a community problem while sharing a passion for the cause. In addition, volunteering, could lead you to your next job! Volunteering allows you to add relevant experience to your resume and grow your professional network; all while helping you get to know the community you want to work in. Volunteering is also a great way to try out a new skill or even a career without the pressure of a long-term commitment. Additionally, volunteering in a field you’re interested in might expose you to professional organizations or internships you might not have otherwise known about. Turn to page 23 to learn more about volunteering and employment.

While the ultimate reason to volunteer should be to help someone else or support a cause you believe in, it doesn’t hurt to learn that while you’re helping to strengthen your community, you are also improving your physical, emotional, and social well-being. As our state’s governor-appointed commission for service and volunteerism, ServeWyoming wants you to reap all the benefits of volunteering! We strive to build a culture of citizenship, service and responsibility in Wyoming. ServeWyoming promotes volunteering and service as a means to strengthen communities through days of service, special initiatives, and community partnerships. We also address community needs by administering AmeriCorps*State funding that allows AmeriCorps members to serve in nonprofit, community-based and educational organizations throughout Wyoming.

In 2007, ServeWyoming launched a program designed to connect potential volunteers with organizations across our state, and to measurably increase the number and effectiveness of volunteers. We call this program Volunteer Wyoming. Our FREE online matching database, www.volunteerwyoming.org has been a vital part of the program, allowing individuals to look for and respond to volunteer needs across the state while also enabling organizations to set-up agency profiles, post volunteer needs, promote community events, and even advocate for donations. Through Volunteer Wyoming, we make finding a way to help your community as easy as possible.

Please consider volunteering or increasing your commitment to community service. The rewards are immediate, lasting, and deeply appreciated. At ServeWyoming, we make finding your next volunteer opportunity quick and easy. You can personally visit the Casper area Volunteer Center in the ServeWyoming office at: 330 S. Center Street, Suite 317, call us at 307-234-3428 or go to www.servewyoming.org and click on “Volunteer!”
Grants Assist Local Communities

Rocky Mountain Power is proud to be a part of the communities we serve, and we’re committed to keeping them strong and safe places to live and work.

The Rocky Mountain Power Foundation helps nonprofit organizations in Wyoming by supporting their efforts in health and social services, culture and arts, civic and community betterment and education. This why we are a proud sponsor of ServeWyoming Volunteer Guides.

In Wyoming, recent foundation grant recipients include the following:

- Boys & Girls Clubs of Central Wyoming
- Casper College Foundation
- Nicolaysen Art Museum
- ServeWyoming
- University of Wyoming Foundation
- Wyoming Dementia Care
- Wyoming Housing Network

Last year, Wyoming Dementia Care was awarded a $2,500 foundation grant. The mission of the organization is to help families and caregivers of those with Alzheimer’s disease and dementia-related illnesses care for their loved ones.

“The Rocky Mountain Power Foundation is pleased to support Wyoming Dementia Care in its efforts to provide support, encouragement and access to community resources to help caregivers in Natrona County,” said Leslie Blythe, Rocky Mountain Power customer and community manager.

In addition to awarding grants, the foundation matches employee volunteer hours with a monetary donation to eligible organizations and matches employee contributions. Our employees volunteer hundreds of hours each year at schools, public safety departments, food banks and nonprofit efforts in their communities.

In 2015, the foundation awarded grants totalling nearly $1 million in Wyoming, Idaho and Utah. Learn more or apply for a grant at rockymountainpower.net/foundation.

Want your community business to be featured in the next issue?

Reach over 70,000 readers state-wide, inform readers about all the great things you are doing to pay it forward and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction and quality of life among all Casper-area residents.

Contact ServeWyoming at (307) 234-3428 or shelly@servewyoming.org for more information about sponsorship opportunities!
12-24 Club, Inc.
The 12-24 Club is a community resource built around recovery. We strive to provide a safe, anonymous environment to groups and individuals seeking recovery with an attitude of fellowship.

RECOVERY RALLY VOLUNTEER ART/CULTURE, SPECIAL EVENT SUPPORT
Work will include setup, during the event or after event including clean up.
» Occurrence: Annually (Sept. 30)
» Minimum Age: 18
» Good for: Adults 18+
Dan Cantine
500 S. Wolcott St., Ste. 200
Casper, WY 82601
dan@1224club.org
307-237-8035

Alliance for Historic Wyoming
Protecting Wyoming's historic places and spaces.

BOARD MEMBER ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, BOARD/COMMITTEE MEMBERS
Join us in protecting Wyoming's historic places and spaces as a statewide nonprofit board member.
» Occurrence: Monthly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+

WEBSITE CONTENT GENERATOR ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, GENERAL
Help us promote Wyoming's historic places and spaces by writing content and sharing photographs.
» Occurrence: Monthly
» Minimum Age with adult: 8
» Good for: Adults 18+, Older Adults 55+, RSVP

COMMITTEE MEMBER ADMINISTRATION/ORGANIZATIONAL SUPPORT, BOARD/COMMITTEE MEMBERS, GENERAL
We host events and administer many programs throughout the state. Love history? Volunteer with us.
» Occurrence: Monthly
» Minimum Age with adult: 8
» Good for: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP
Carly-Ann Anderson
P.O. Box 123
207 E. Grand Ave.
Laramie, WY 82070
ExecDirector@historicwyoming.org
307-333-3508

American Cancer Society, Inc.
Nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer through research, education, advocacy and service.

ADMINISTRATIVE ASSISTANT ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE
Provide receptionist duties and clerical assistance to Office Manager.
» Occurrence: Weekly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+

RELAY FOR LIFE VOLUNTEER BOARD/COMMITTEE MEMBER, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT
There are several ways to volunteer with the Relay For Life, on the committee, as a team captain or as a participant.
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age with adult: 14
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

ROAD TO RECOVERY DRIVER CIVIC PARTICIPATION, HEALTH/PERSONAL CARE, TRANSPORTATION/AUTOMOTIVE/MECHANICAL
Help provide transportation for cancer patients to and from treatment locally.
» Occurrence: Weekly, as needed
» Minimum Age: 25
» Good for: Good for: Adults 18+, Older Adults 55+, RSVP
Cindy Allen
333 S. Beech St.
Casper, WY 82601
cindy.allen@cancer.org
307-235-0044

American Cancer Society Cancer Action Network (ACS CAN)
ACS CAN is the nation’s leading voice advocating for public policies that are helping to defeat cancer. As the advocacy affiliate of the American Cancer Society, ACS CAN works to encourage elected officials and candidates to make cancer a top national priority.

AMBASSADOR CONSTITUENT TEAM (ACT!)
ADVOCACY, BOARD/COMMITTEE MEMBERS, CIVIC PARTICIPATION
Develop/implement grassroots plan, legislative advocacy, membership development and mentoring new team volunteers.
» Occurrence: Monthly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+

SOCIAL MEDIA MAVIN ADVOCACY, CIVIC PARTICIPATION, COMMUNICATIONS/MARKETING
Help ACS CAN implement social media strategy, create posts for Facebook page and other site.
» Occurrence: Weekly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+

PARTY AND EVENT PLANNERS COMMUNICATIONS/MARKETING, SPECIAL EVENT SUPPORT
Help plan and raise funds for annual events.
» Occurrence: Monthly
» Minimum Age: 18
» Good for: Group, Adults 18+, Older Adults 55+
Deb Simpson
Wyoming Grassroots Management
333 S. Beech St.
Casper, WY 82601
deb.simpson@cancer.org
307-272-7895

The American Legion Post 2
Support veterans past and present, promote Americanism, support the community, support youth programs and educate the public on the Constitution and flag etiquette. Meetings are held at 7 p.m. on the second Thursday of each month.

MEMBER LIAISON ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING
Call members and notify them of upcoming meetings or events they may want to attend. To join the Legion you must have served one active duty day in the military. To join the Legion Auxiliary your father/mother, grandfather/grandmother had to have served in the military.
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age with adult: 15
» Good for: Youth, Disabled, Adults 18+, Older Adults 55+
Post Commander Dean Welch
P.O. Box 2268
Meetings held at 1831 E. Fourth St.
Casper, WY 82602
casper legion@juno.com
888-445-9120

www.servewyoming.org
American Red Cross of Wyoming

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

DISASTER ACTION TEAM COUNSELING INFORMATION SUPPORT, DISASTER/Emergency Services, DONATIONS MANAGEMENT
Respond to disasters of all sizes from structure fires to large-scale disasters. Training is mandatory.

» Occurrence: Weekly
» Minimum Age: 17
» Good for: Group, Adults 18+, Older Adults 55+, Family

American Red Cross
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Black Dog Animal Rescue
Black Dog Animal Rescue provides homeless animals across Wyoming with guaranteed safe and secure placement, promotes the use of proven life-saving programs in our communities and advocates for animal welfare.

FOSTER HOME GENERAL
Fosters care for shelter dogs in their personal home while they await adoption.

» Occurrence: Weekly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+, Family

ANIMAL TRANSPORTER GENERAL
Requires a personal vehicle to drive an animal from the shelter to their foster home.

» Occurrence: Weekly
» Minimum Age: 18
» Good for: Adults 18+

INFORMATION SPECIALIST ADVOCACY, GENERAL
Staff information tables at various events and locations to inform the public about our initiatives.

» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age with adult: 13
» Good for: Youth, Disabled, Adults 18+, Older Adults 55+, Family

Lucas Murphy
318 W. B St.
Casper, WY 82601
lucas.murphy2@redcross.org
307-262-1303

Brain Injury Alliance of Wyoming

Support, inform and assist brain injury survivors and those around them.

MEMBER - BOARD OF DIRECTORS BOARD/COMMITTEE MEMBERS
Looking for new members to serve on our Board of Directors.

» Occurrence: Monthly
» Minimum Age: 18
» Good for: Disabled, Adults 18+, Older Adults 55+

Dawn Lacko
123 W. 1st St., Ste. 400
Casper, WY 82601
director@wybia.org
307-473-1767

The Arc of Natrona County

The Arc of Natrona County is committed to securing for all people with cognitive, intellectual and developmental disabilities, the opportunity to choose and realize their goals of where and how they learn, live, work and play. The Arc of Natrona County is further committed to reducing the incidence and limiting the consequence of developmental disability through education, research, advocacy and the support of families, friends and community.

EXECUTIVE DIRECTOR ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, FAMILY SERVICES
Oversee employees and participants and develop programs.

» Occurrence: Monthly
» Minimum Age: 30
» Good for: Disabled, Adults 18+, Older Adults 55+

Dina Kamboris-Betts
P.O. Box 393
314 W. Midwest Ave.
Casper, WY 82602
dinaarc@tribcsp.com
307-577-4913

Boys & Girls Clubs of Central Wyoming

To inspire all youth, especially those who need us most, to reach their full potential as productive, responsible and caring citizens.

CLUB PROGRAM VOLUNTEER EDUCATION, MENTORING, YOUTH
Make a difference in the lives of club members by reading books, providing homework help, assisting staff on club field trips or simply by spending time with our kids. Training provided and background checks required for adults.

» Occurrence: Weekly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+

Sports League Volunteers will have the opportunity to coach, referee or run scoreboards for the following sports: basketball, football, volleyball, T-ball, coach pitch and indoor soccer. Training and background checks required for adults.

» Occurrence: Semi-annually (Feb. and Aug.)

Chandra Ortiz
1701 E. E St.
Casper, WY 82601
chandra@casanc.net
307-237-0889

CasA of Natrona County

CasA (Court Appointed Special Advocates) of Natrona County is a caring nonprofit organization that speaks for the best interests of abused and neglected children within the juvenile court system. CasA recruits, trains and supports volunteers drawn from a diverse population to provide this service.

VOLUNTEER ADVOCATE ADVOCACY, MENTORING, YOUTH
Advocate for abused and neglected children in the court system.

» Occurrence: Monthly
» Minimum Age: 21
» Good for: Adults 18+, Older Adults 55+

Michelle Worden
1701 E. K St.
Casper, WY 82601
mworden@bgccw.org
307-265-2511

CASA of Natrona County

Chandra Ortiz
1701 E. E St.
Casper, WY 82601
chandra@casanc.net
307-237-0889

Black Dog Animal Rescue
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Executive Director
Disaster Preparedness Team Member
Disaster Action Team
Information Specialist
Foster Home Volunteer
Animal Transporter Volunteer
Youth Sports League Volunteer
Club Program Volunteer
Volunteer Advocate
Brain Injury Alliance of Wyoming

The Arc of Natrona County

Boys & Girls Clubs of Wyoming

American Red Cross

Black Dog Animal Rescue

CASA of Natrona County
Casper Area Convention & Visitors Bureau
The Casper Area Convention & Visitors Bureau is here to help organizations bring events to Casper.

COLLEGE NATIONAL FINALS RODEO DAY SHEET
SALES RECREATIONAL ACTIVITIES, SPECIAL EVENTS SUPPORT
Selling day sheet (list of riders for that show) to rodeo fans at the beginning of each show.
» Occurrence: Annually (June 12-18)
» Minimum Age: 18
» Minimum Age with adult: 12
» Good for: Adults 18+, Older Adults 55+

CASPER 3x3 BASKETBALL TOURNAMENT
RECREATIONAL ACTIVITIES, SPECIAL EVENTS SUPPORT
Volunteers needed to assist with a variety of tasks. Set-up help needed Friday night before the tournament starts (May 27).
» Occurrence: Annually (May 28-29)
» Minimum age: 18
» Minimum age with adult: 14
» Good for: Youth Group, Adults 18+

Darlene Matz
139 W. 2nd St. Ste. 1B
Casper, WY 82601
dmatz@casperwyoming.info
307-234-5362

Casper College Foundation
The purpose of the Casper College Foundation is to enhance the educational opportunities and environment at Casper College.

SCHOLARSHIP JUDGE-A-THON CIVIC PARTICIPATION, EDUCATION, GENERAL
Volunteers score student applications electronically so scholarships are awarded in an efficient manner.
» Minimum Age: 21
» Good for: Group, Adults 18+, Older Adults 55+

T-BIRD TREK CIVIC PARTICIPATION, GENERAL, RECREATIONAL ACTIVITIES
Volunteers needed to help with T-Bird Trek Half-Marathon, 10K and 5K runs beginning at Casper College.
» Occurrence: Annually (Sept. 18)
» Minimum Age: 14
» Good for: Youth Group, Adults 18+, Older Adults 55+, Family

Elliott Ramage
125 College Dr.
Casper, WY 82601
eramage@caspercollege.edu
307-268-2325

Casper Family Connections
The mission of Casper Family Connections is to provide safe, secure and quality supervised visitation services to the central Wyoming community.

VISITATION SPECIALIST FAMILY SERVICES
A supervision specialist monitors visits and generates typed reports regarding the visits.
» Occurrence: Weekly
» Minimum Age: 21
» Good for: Adults 18+, Older Adults 55+

Lori Krugler
2345 E. 2nd St.
Casper, WY 82609
kristi.casperfamilyconnections@gmail.com
307-233-2200

Casper Family YMCA
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

YOUTH SPORTS COACH OR REFEREE RECREATIONAL ACTIVITIES, YOUTH
Coach/referee/umpire youth sports such as basketball, football, soccer, T-ball, volleyball or cheerleading.
» Occurrence: Weekly
» Minimum Age: 18
» Minimum Age with adult: 12
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

DRIVER FAMILY SERVICES, FOOD PREP/DELIVERY
Volunteer needed to drive to the Food Bank of the Rockies every Tuesday and/or Friday. Must be 21 to drive per insurance.
» Occurrence: Monthly
» Minimum Age: 18
» Minimum Age with adult: 12
» Good for: Adults 18+, Older Adult 55+

MAINTENANCE CONSTRUCTION/HOME AND LAWN MAINTENANCE, GENERAL
Volunteer needed to help maintain the interior and exterior of the YMCA.
» Occurrence: Weekly
» Minimum Age: 18
» Good for: Group, Adults 18+, Older Adult 55+

Jennie Elliott
315 E. 15th St.
Casper, WY 82601
jennieyl@yahoo.com
307-234-9187

Casper Housing Authority
The Casper Housing Authority provides quality affordable housing that is well integrated into the fabric of neighborhood’s and serves as a foundation to improve lives and advance resident independence.

FATHER’S DAY EVENT VOLUNTEER ADVOCACY, GENERAL, SPECIAL EVENT SUPPORT
Volunteers will help at the Father’s Day Event.
» Occurrence: Annually (June 18, 11 a.m. to 3 p.m.)
» Minimum Age: 10
» Minimum Age with adult: Any
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Rachel Sanborn
145 N. Durbin St.
Casper, WY 82601
rsanborn@chaoffice.org
307-266-1388 ex.22

Casper Mountain Biathlon Club
Casper Mountain Biathlon Club’s mission is to provide opportunity and training for youth and adults of all abilities to achieve excellence through the sport of Biathlon.

RANGE SUPPORT RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT
Assist with range setup/take down and various other duties such as filling magazines, filling air cartridges, timing, etc.
» Occurrence: Semi-annually
» Minimum Age: 16
» Minimum Age with adult: 12
» Good for: Adults 18+, Older Adults 55+

SUMMER XC SKI COACH MENTORING, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT, YOUTH
Summer dry land training for cross-country skiing.
» Occurrence: Monthly
» Minimum Age: 16
» Good for: Adults 18+, Older Adults 55+

MARKETING ASSISTANT ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, RECREATIONAL ACTIVITIES
Volunteer with marketing or graphic design experience needed to assist with website (wordpress site) improvement and marketing materials for the organization.
» Occurrence: Monthly
» Minimum Age: 18
» Good for: Disabled, Adults 18+, Older Adults 55+

Cathy Rosser
1046 Lemmers Rd.
Casper, WY 82601
casperbiathlon@gmail.com
307-215-4054

Casper Police Department, Victim Services
Provide victims community referrals, crisis intervention and other community services necessary to expedite the healing process.
Casper Soccer Club

Our mission is to help children in their development of positive life skills and self-concepts through learning the basic principles of soccer, the fundamentals of teamwork and the responsibilities of sportsmanship. Honor the game with passion, respect, integrity, dedication and excellence.

COACH  RECREATIONAL ACTIVITIES
We are looking for volunteer coaches to work with kids of all ages in our recreational soccer program.
» Occurrence: Semi-annually (Two seasons: One in the fall and one in the spring).
» Minimum Age: 18
» Minimum Age with adult: 16
» Good for: Adults 18+

Wendy Brown
P.O. Box 2101
1700 E. K St.
Casper, WY 82602
wendyb@caspersoccerclub.com
307-473-8347

Casper Youth for Christ

Casper Youth for Christ provides an environment for kids of all ages in our recreational soccer program.
» Good for: Adults 18+
» Minimum Age with adult: 18
» Minimum Age: 16
» Good for: Adults 18+

Leslie Fritzler
201 N. David St., 1st floor
Casper, WY 82601
lfritzler@cityofcasperwy.com
307-235-8347

Central Wyoming Counseling Center

To maximize self-reliance through quality behavioral care services that meet individual, family and community needs; and to ensure clients receive the individual attention for a successful, healthy and productive life.

SOCIAL MEDIA INTERNSHIP
ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, INTERNSHIP
Assist in social media marketing, content and article research.
» Occurrence: Weekly
» Minimum age: 26
» Good for: Youth, Adults 18+, Older Adults 55+, RSVP

MARKETING VOLUNTEER
ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, INTERNSHIP
Visit local businesses about services; post flyers. Assist with marketing and/or graphic design of marketing materials. Assist at trade shows and community expos.
» Occurrence: Monthly
» Minimum age: 18
» Good for: Youth, Older Adults 55+, RSVP

EVENTS VOLUNTEER
COMMUNICATIONS/MARKETING, INTERNSHIP, SPECIAL EVENT SUPPORT
Assist with activities and fundraisers that support behavioral health clients and their families.
» Occurrence: Monthly
» Minimum Age: 18
» Good for: Adults 18+, Older Adults 55+, RSVP

Victoria Ziton
1430 Wilkins Cir.
Casper, WY 82601
vziton@cwcc.us
307-235-6650

Central Wyoming Hospice & Transitions

Our mission is to companion the end of life journey with skill and compassion.

VICTIM ADVOCATE  ADVOCACY
Advocates provide 24 hours response to victims of crime as requested by officers.
» Occurrence: Monthly
» Minimum Age: 21
» Good for: Adults 18+

Leslie Kee
319 S. Wilson St.
Casper, WY 82601
Lesliek@cwhp.org
307-577-4832

Central Wyoming Rescue Mission

The Central Wyoming Rescue Mission rescues and reconciles the homeless and needy with the love of Christ restoring them back to society as healthy, productive, independent community members.

PREPARATION OF LUNCH OR DINNER MEAL
FOOD PREP/DELIVERY
Individuals to help prepare lunch or a group to help prepare dinner to the less fortunate in our community.
» Occurrence: Monthly
» Minimum Age: 14
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

SORT THRIFT STORE ITEMS
DONATIONS MANAGEMENT
Help manage items donated to our affiliate thrift store Rescued Treasures.
» Occurrence: Weekly
» Minimum Age: 10
» Minimum Age with adult: 7
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

DISCIPLESHIP PROGRAM GUEST MENTOR
MENTORING
Be a trained sponsor of one or more guests in the CWRM recovery program. Volunteers must commit to a four- to six-month partnership and must read and agree with our Statement of Faith.
» Occurrence: Weekly
» Minimum Age: 18
» Good for: Disabled, Adults 18+, Older Adults 55+, RSVP

Becky Duffey
P. O. Box 2030
230 N. Park St.
Casper, WY 82602
volunteers@cwr.org
307-265-3002

Child Development Center

CDC exists to provide premier, family-friendly, developmentally appropriate services to children birth through age 5.

YOUTH VOLUNTEER WORKER  FAITH-BASED, SPECIAL EVENT SUPPORT, YOUTH
Assist our Youth Organization with maintenance, administration, events and marketing.
» Occurrence: Weekly
» Minimum Age: 18
» Minimum Age with adult: 13
» Good for: Youth, Adults 18+, Older Adults 55+

EVENT/GROUP YOUTH WORKER  FAITH-BASED, FOOD PREP/DELIVERY, SPECIAL EVENT SUPPORT
Assist with Youth in events and groups at the Link.
» Occurrence: Weekly
» Minimum Age: 18
» Minimum Age with adult: 12
» Good for: Youth, Adults 18+

Hope House
P.O. Box 338
353 W. A St.
Casper, WY 82602
cyfcassist@bresnan.net
307-235-6650

Central Wyoming Hospice & Transitions

Our mission is to companion the end of life journey with skill and compassion.

MAINTENANCE  CONSTRUCTION/HOME AND LAWN
MAINTENANCE, FAITH-BASED, GENERAL
Help with building maintenance, including painting, cleaning and repair.
» Occurrence: Weekly
» Minimum Age: 25
» Minimum Age with adult: 16
» Good for: Adults 18+, Older Adults 55+

General Volunteer
ADMINISTRATION/ORGANIZATIONAL SUPPORT, HEALTH/PERSONAL CARE, SPECIAL EVENT SUPPORT
Choose between patient care, administrative support, and special events in times that work for you.
» Occurrence: Weekly
» Minimum Age: 18
» Minimum Age with adult: 12
» Good for: Adults 18+, Older Adults 55+

Leslie Kee
319 S. Wilson St.
Casper, WY 82601
Lesliek@cwhp.org
307-577-4832

www.servewyo.org
Social and economic justice.

and build community to advocate for
achieve economic and social stability
in Natrona County to help them
low income individuals and families
To collaborate with and strengthen
of Natrona County
Community Action Partnership
307-315-4280
Casper, WY 82604
Veronica L. Sulzman

Disabled, Group, Adults 18+, Older Adults
» Good for:
» Minimum age:
» Occurrence:

violence.
nonprofit. Must have a heart for ending domestic
Looking for board members to meet monthly to
with Jesus Christ to bring wholeness and healing.
discipleship and by introducing them to a relationship
shelter referrals, clothing, food boxes and biblical
Serving those affected by domestic violence through
CRISIS LINE VOLUNTEER ADVOCACY
Carry, answer and respond to crisis calls 5 p.m. to 9 a.m.
Sunday-Saturday on a rotating schedule. Assist victims of
crime in receiving support services, and safe housing.
» Occurrence: Monthly
» Minimum Age: 18
» Good for: Adults 18+

SAFE HOUSE MENTOR ADVOCACY
Work with those who enter into safe housing by
assisting them with obtaining employment, housing
and budgeting skills.
**Downtown Development Authority**
Casper DDA: an active agent for promoting and enhancing Downtown Casper.

**COMMUNITY VOLUNTEER** CIVIC PARTICIPATION, GENERAL, SPECIAL EVENT SUPPORT
Volunteers must be able to lift 10 lbs, be willing to work on their feet, outside, and get around downtown.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Adults 18+

Jackie Schulte
234 S. David St.
Casper, WY 82601
admin@downtowncasper.com
307-235-6710

**Early Head Start:**
A Division of Wyoming Child and Family Development
We make a positive difference for young children, families and communities through partnerships and comprehensive early childhood developmental services.

**CLASSROOM SUPPORT VOLUNTEER** CHILD CARE, CUSTOMER SERVICE, EDUCATION, GENERAL
Help with children in the classroom, make projects, help prepare classroom materials, file papers, answer phones, etc.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Adults 18+, Older Adults 55+

**KITCHEN HELPER** CHILD CARE, FOOD PREP/DELIVERY
Help out in our kitchen with meal prep and dishes.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Adults 18+, Older Adults 55+

Nicole Gier
1514 E. 12th St., Building E, Ste. #304
Casper, WY 82601
nicole.gier@wyomingchild.org
307-473-5848

**Equality State Policy Center**
The Equality State Policy Center works for state government accountability, transparent tax policy and for policies that help Wyoming's working families.

**GRAPHIC DESIGNER** COMMUNICATIONS/MARKETING
Help design graphic materials to be used both in print and online, including infographics, banners, etc.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Adults 18+

**GET OUT THE VOTE VOLUNTEERS** ADVOCACY, CIVIC ENGAGEMENT
Help foster civic engagement by encouraging your neighbors to get out and vote.

- **Occurrence:** Weekly (April to September)
- **Minimum age:** 18
- **Good for:** Disabled, Adults 18+, Older Adults 55+, RSVP

**First Christian Church**
To be a faithful, growing church that demonstrates true community, deep Christian spirituality and a passion for justice.

**SANDWICH MINISTRY HELPER** FAITH-BASED, FOOD PREP/DELIVERY
Help prepare sack lunches to feed the hungry and/or deliver lunches in downtown Casper.

- **Occurrence:** Weekly
- **Minimum age:** 18
- **Minimum age with adult:** Any
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**FLEECE BLANKET PROJECT VOLUNTEER** FAITH-BASED, GENERAL
Help tie fleece blankets to give to the homeless and people in need in Natrona County.

- **Occurrence:** Monthly (third Saturday of the month)
- **Minimum age with adult:** 6
- **Good for:** Youth, Group, Adults 18+, Family, RSVP

**PUMPKIN PATCH VOLUNTEER** CIVIC PARTICIPATION, GENERAL
Help unload the pumpkin truck or volunteer in the patch during October.

- **Occurrence:** Semi-annually (Oct.)
- **Minimum age:** 18
- **Minimum age with adult:** 12
- **Good for:** Youth, Group, Adults 18+, Family, RSVP

**Fort Caspar Museum**
Fort Caspar Museum educates visitors about the cultural history of Fort Caspar, Casper, Natrona County and central Wyoming by acquiring, preserving and exhibiting artifacts; interpreting historic buildings; and offering public programming.

**FRONT DESK VOLUNTEER** ADMINISTRATION/ORGANIZATIONAL SUPPORT, ART/CULTURE, CUSTOMER SERVICE
Greet visitors to the Museum and assist staff with other support duties.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Disabled, Adults 18+, Older Adults 55+, RSVP

**DOCENT/TOUR GUIDE** ART/CULTURE, EDUCATION
Lead tours of the Fort or Museum for groups of school-age children; training provided.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Minimum age with adult:** 8
- **Good for:** Youth, Disabled, Group, Adults 18+, Older, Adults 55+, Family, RSVP

**FORT GARDENER** CONSTRUCTION/HOME AND LAWN MAINTENANCE, EDUCATION, RECREATIONAL ACTIVITIES
Gardening enthusiasts needed to help plant and maintain an Heirloom garden at the Fort.

- **Occurrence:** Weekly
- **Minimum age:** 18
- **Minimum age with adult:** 8
- **Good for:** Youth, Disabled, Group, Adults 18+, Older, Adults 55+, Family, RSVP

**Girl Scouts of Montana and Wyoming**
Girl Scouting builds girls of courage, confidence and character who make the world a better place.

**CONDENSED TROOP LEADERS** EDUCATION, MENTORING, RECREATIONAL ACTIVITIES
Condensed troop leaders ensure that girls have a quality Girl Scout experience in a shortened time frame.

- **Occurrence:** Weekly
- **Minimum age:** 18
- **Good for:** Group, Adults 18+, Older Adults 55+, Family

**MIDDLE SCHOOL ANTI-BULLYING PROGRAM LEADERS** ADVOCACY, EDUCATION, FAMILY SERVICES
The BFF program teaches middle school girls about healthy relationships and conflict resolution while working to prevent bullying amongst their peers. This position requires the individual to provide direct service to girls, helping them to develop their leadership skills on an individual or group basis.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Group, Adults 18+, Older Adults 55+
Greater Wyoming Big Brothers - Casper
To provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

ONE-TO-ONE MENTORS FOR CHILDREN BETWEEN THE AGES OF 5 AND 18 MENTORING
Our unique brand of one-to-one mentoring, in which a child facing adversity is carefully matched with a caring adult mentor in a relationship supported by professional Big Brothers Big Sisters staff members, changes lives for the better forever.

> **Occurrence:** Weekly  
> **Minimum age:** 17  
> **Good for:** Adults 18+, Older Adults 55+

Alison DeBoer  
428 S. Durbin St., Ste. 102  
Casper, WY 82601  
info@gsmw.org  
800-736-5243

Greater Wyoming Council, Boy Scouts of America
The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

**SCOUTING LEADER**  EDUCATION, RECREATIONAL ACTIVITIES, YOUTH  
Help out at Boy Scout or Cub Scout meetings on a weekly basis.  
> **Occurrence:** Weekly  
> **Minimum age:** 18  
> **Good for:** Adults 18+, Older Adults 55+

**DAY CAMP LEADER**  EDUCATION, RECREATIONAL ACTIVITIES, YOUTH  
Help us put on our Day Camp for Cub Scouts June 13-17.  
> **Occurrence:** Annually (June 13-17)  
> **Minimum age:** 18  
> **Good for:** Adults 18+, Older Adults 55+

Tucker Laprade  
3939 Casper Mountain Rd.  
Casper, WY 82601  
tucker.laprade@scouting.org  
307-234-7329

Habitat for Humanity, The Heart of Wyoming, Inc.
Seeking to put God’s love into action, Habitat for Humanity brings people together to build homes, communities and hope.

**ON-SITE VOLUNTEER**  CIVIC PARTICIPAION, CONSTRUCTION/HOME AND LAWN MAINTENANCE  
Volunteers assist our contractor with tasks on our active residential construction sites.  
> **Occurrence:** Weekly  
> **Minimum age:** 18  
> **Minimum age with adult:** 16  
> **Good for:** Group, Adults 18+, Family

Amanda Robbins-Lilley  
400 E. 1st St., Ste. 310  
Casper, WY 82601  
amanda@wyobbs.org  
307-265-2227

Haven on the Rock
To give people a Christ-centered camp experience.

**WEEKLY VOLUNTEER**  FAITH-BASED, RECREATIONAL ACTIVITIES, YOUTH  
A number of different positions available. Please go to www.havenontherock.org for more information or give us a call.

> **Occurrence:** Weekly (June 13-Aug. 5)  
> **Minimum age:** 15  
> **Good for:** Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Preston Blakeley  
560 Rim Rock Rd.  
Ft. Laramie, WY 82212  
info@havenontherock.org  
307-575-6515

Highland Park Community Church
To know God and make him known.

**FOOD SERVER**  CUSTOMER SERVICE, DONATIONS MANAGEMENT, FAITH-BASED, FOOD PREP/DELIVERY  
Serve dinner to participants of Celebrate Recovery on Friday evenings.

> **Occurrence:** Weekly  
> **Minimum age:** 18  
> **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**OFFICE RECEPTIONIST**  ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, FAITH-BASED  
Answer phones when staff is not available.

> **Occurrence:** Weekly  
> **Minimum age:** 18  
> **Good for:** Disabled, Adults 18+, RSVP

**BUILDING MAINTENANCE**  CONSTRUCTION/HOME AND LAWN MAINTENANCE, FAITH-BASED, GENERAL  
Assist with general upkeep of the building, help with mailings and answer phones.

> **Occurrence:** Weekly  
> **Minimum age:** 18  
> **Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP

Marti Anfinson  
5725 Highland Dr.  
Casper WY 82609  
amanfin@hpcc.cc  
307-265-4073
**Interfaith of Natrona County**
Interfaith is a coalition of faith and non-faith-based organizations that provide a full range of emergency services for basic survival needs. We offer case management and support services.

**FRONT DESK** CUSTOMER SERVICE, FAITH BASED, GENERAL
Greet clients, answer the phones, retrieve and file client files. Minimal amounts of paperwork included.
- **Occurrence**: Weekly
- **Minimum age**: 18
- **Good for**: Adults 18+, Older Adults 55+

**CASE MANAGER** ADVOCACY, CUSTOMER SERVICE, FAMILY SERVICES
Work directly with clients to provide needed emergency services. Paperwork and community referrals included.
- **Occurrence**: Weekly
- **Minimum age**: 18
- **Good for**: Adults 18+, Older Adults 55+

**ADMINISTRATIVE ASSISTANT TO THE EXECUTIVE** DIRECTOR ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, DONATIONS MANAGEMENT
Work with executive director and staff on grants and fundraising events. Marketing and outreach included.
- **Occurrence**: Weekly
- **Minimum age**: 18
- **Good for**: Disabled, Group, Adults 18+, Older Adults 55+

Carrie Silveira
300 N. Center St.
Casper, WY 82601
interfaithnc@yahoo.com
307-235-8043

**Joshua’s Storehouse**
Relieve hunger and clothe the needy in Natrona County.

**GENERAL VOLUNTEER** CUSTOMER SERVICE, FOOD PREP/DELIVERY, GENERAL
Looking for a driver, warehouse person, janitorial assistance and service person. For more information, visit our website at www.JoshuasStorehouse.org.
- **Occurrence**: Weekly
- **Minimum age**: 16
- **Minimum age with adult**: 12
- **Good for**: Youth, Group, Adults 18+, Older Adults 55+, Family

Christine Robinson
340 W. B St., Ste. 101
Casper, WY 82601
info@jasonsfriends.org
307-235-3421

**COMPUTER ENTRY VOLUNTEER** ADMINISTRATIVE/ORGANIZATIONAL SUPPORT, GENERAL
Log in people who need help and enter them in the computer program.
- **Occurrence**: Monthly
- **Minimum age**: 18
- **Minimum age with adult**: 12
- **Good for**: Adults 18+, Older Adults 55+

**BOARD MEMBER** BOARD/COMMITTEE MEMBERS, CIVIC PARTICIPATION
Looking for dedicated board members to help fulfill our mission.
- **Occurrence**: Monthly
- **Minimum age**: 18
- **Good for**: Youth, Disabled, Adults 18+, Older Adults 55+

Jay Martin
334 S. Wolcott St.
Casper, WY 82601
jimartin@bresnan.net
307-265-0242

**KEEP CASPER BEAUTIFUL**
We inspire and educate people to take action every day that improves and beautifies their community environment.

**Make-A-Wish Wyoming**
We grant the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

**LITTER VOLUNTEER** ENVIRONMENTAL
Help pick up litter in various areas throughout town.
- **Occurrence**: Monthly
- **Minimum age**: 18
- **Good for**: Adults 18+, Older Adults 55+

Beth Andress
1800 E. K St.
Casper, WY 82601
bandress@cityofcasperwy.com
307-235-7562

**ESL TUTOR** CIVIC PARTICIPATION, EDUCATION
Help the ESL instructor with leading a group under their instruction. Volunteers must come to a tutor training for FERPA and Protection of Minors training.
- **Occurrence**: Weekly
- **Minimum age**: 18
- **Good for**: Adults 18+

**BASIC EDUCATION TUTOR** EDUCATION
Work one-on-one with students in Math, Language and Reading. Volunteers must come to a tutor training for FERPA and Protection of Minors training.
- **Occurrence**: Weekly
- **Minimum age**: 16
- **Good for**: Adults 18+

Melody Dugan
125 College Dr.
Werner Technical Center
Casper, WY 82601
mdugan@caspercollege.edu
307-268-2230

**WISH GRANTER** ADMINISTRATION/ORGANIZATIONAL SUPPORT, SPECIAL EVENT SUPPORT, YOUTH
Wish Granters work directly with children and their families to determine the child’s wish.
National Alliance On Mental Illness (NAMI) - Casper

We offer education, support and awareness on mental illnesses and hope to erase the stigma of mental illness.

Mercer Family Resource Center

Mercer Family Resource Center provides education, counseling and prevention services that build stronger and healthier youth and families in our community.

ANNUAL FUNDRAISER AND SPECIAL EVENTS VOLUNTEER

ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, SPECIAL EVENT SUPPORT

Assist with fundraising committees, marketing, set-up and tear-down for special family events.

© Occurrence: Monthly
© Minimum age: 18
© Good for: Group, Adults 18+, Family

Tess Kersenbrock
P.O. Box 273
201 E. 2nd St., Ste. 27
Casper, WY 82602
tkersenbrock@wyoming.wish.org
307-234-9474

VOLUNTEER GARDENER AND SEASONAL CLEANUP

CIVIC PARTICIPATION, CONSTRUCTION/HOME AND LAWN MAINTENANCE, RECREATIONAL ACTIVITIES

Adopt a “therapy” flowerbed for quarterly and seasonal cleanup, including planting, weeding, etc.

© Occurrence: Weekly
© Minimum age: 12
© Good for: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

VOLUNTEER ADMINISTRATION/ORGANIZATIONAL SUPPORT

FAMILY SERVICES, GENERAL, HEALTH/PERSICAL CARE

Assist with sanitizing and organizing program materials.

© Occurrence: Semi-annually (August and February)
© Minimum age: 18
© Good for: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Debra Huber
535 W. Yellowstone Hwy.
Casper, WY 82601
dhuber@mercerwy.org
307-265-7366

Volunteer Guide - Spring 2016

Help disseminate info about mental Illness.

© Occurrence: Semi-annually
© Minimum age: 18
© Good for: Adults 18+, Older Adults 55+

Cathy McQueen
133 W. Sixth St.
Casper, WY 82601
cathymcqueen@bresnan.net
307-235-5418

NATIONAL HISTORIC TRAILS INTERPRETIVE CENTER DOCENT

ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, EDUCATION, GENERAL, SPECIAL EVENTS SUPPORT

Greet and assist visitors, answer visitor questions and operate the simulated wagon fording exhibit.

© Occurrence: Monthly
© Minimum age: 16
© Good for: Youth, Disabled, Adults 18+, Older Adults 55+
© Minimum age with adult: 12
© Good for: Youth, Disabled, Adults 18+, Older Adults 55+, Family

Natrona County Master Gardeners

Helping others know how to grow.

RE-ENACTORS AND LIVING HISTORIANS

ART/CULTURE, CUSTOMER SERVICE, EDUCATION, GENERAL, SPECIAL EVENTS SUPPORT, YOUTH

Provides educational interpretive programs which are related to specific NHTIC themes for the general public.

© Occurrence: Monthly
© Minimum age: 16
© Minimum age with adult: 12
© Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Jason Vlcan
1501 N. Poplar St.
Casper, WY 82601
jvlcan@blm.gov
307-261-7780

Natrona County 4-H

4-H is an informal, practical, learning-by-doing educational program for youth.

VOLUNTEER LEADER

EDUCATION, MENTORING, YOUTH

Leaders provide leadership and work with members and their projects.

© Occurrence: Monthly
© Minimum age: 19
© Good for: Youth, Adults 18+, Older Adults 55+, Family

Joddee Jacobsen
2011 Fairgrounds Rd.
Casper, WY 82604
jjacobson@natronacounty-wy.gov
307-235-9400

Natrona County Community Response Team (CERT)

Program to support Emergency Management with extra manpower during emergency or disaster events.

© Occurrence: Monthly
© Minimum age with adult: 13
© Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Lt. Stewart Anderson
Natrona County Emergency Management
201 N. David St.
Casper, WY 82601
andersos@natronacounty-wy.gov
307-235-9205

Volunteer Guide - Spring 2016

Mercer Family Resource Center

Mercer Family Resource Center provides education, counseling and prevention services that build stronger and healthier youth and families in our community.

ANNUAL FUNDRAISER AND SPECIAL EVENTS VOLUNTEER

ADMINISTRATION/ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, SPECIAL EVENT SUPPORT

Assist with fundraising committees, marketing, set-up and tear-down for special family events.

© Occurrence: Monthly
© Minimum age: 18
© Good for: Group, Adults 18+, Family

Tess Kersenbrock
P.O. Box 273
201 E. 2nd St., Ste. 27
Casper, WY 82602
tkersenbrock@wyoming.wish.org
307-234-9474

VOLUNTEER GARDENER AND SEASONAL CLEANUP

CIVIC PARTICIPATION, CONSTRUCTION/HOME AND LAWN MAINTENANCE, RECREATIONAL ACTIVITIES

Adopt a “therapy” flowerbed for quarterly and seasonal cleanup, including planting, weeding, etc.

© Occurrence: Weekly
© Minimum age: 12
© Good for: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

VOLUNTEER ADMINISTRATION/ORGANIZATIONAL SUPPORT

FAMILY SERVICES, GENERAL, HEALTH/PERSICAL CARE

Assist with sanitizing and organizing program materials.

© Occurrence: Semi-annually (August and February)
© Minimum age: 18
© Good for: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Debra Huber
535 W. Yellowstone Hwy.
Casper, WY 82601
dhuber@mercerwy.org
307-265-7366

Volunteer Guide - Spring 2016

Help disseminate info about mental Illness.

© Occurrence: Semi-annually
© Minimum age: 18
© Good for: Adults 18+, Older Adults 55+

Cathy McQueen
133 W. Sixth St.
Casper, WY 82601
cathymcqueen@bresnan.net
307-235-5418

NATIONAL HISTORIC TRAILS INTERPRETIVE CENTER DOCENT

ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, EDUCATION, GENERAL, SPECIAL EVENTS SUPPORT

Greet and assist visitors, answer visitor questions and operate the simulated wagon fording exhibit.

© Occurrence: Monthly
© Minimum age: 16
© Good for: Youth, Disabled, Adults 18+, Older Adults 55+
© Minimum age with adult: 12
© Good for: Youth, Disabled, Adults 18+, Older Adults 55+, Family

Natrona County Master Gardeners

Helping others know how to grow.

RE-ENACTORS AND LIVING HISTORIANS

ART/CULTURE, CUSTOMER SERVICE, EDUCATION, GENERAL, SPECIAL EVENTS SUPPORT, YOUTH

Provides educational interpretive programs which are related to specific NHTIC themes for the general public.

© Occurrence: Monthly
© Minimum age: 16
© Minimum age with adult: 12
© Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Jason Vlcan
1501 N. Poplar St.
Casper, WY 82601
jvlcan@blm.gov
307-261-7780

Natrona County 4-H

4-H is an informal, practical, learning-by-doing educational program for youth.

VOLUNTEER LEADER

EDUCATION, MENTORING, YOUTH

Leaders provide leadership and work with members and their projects.

© Occurrence: Monthly
© Minimum age: 19
© Good for: Youth, Adults 18+, Older Adults 55+, Family

Joddee Jacobsen
2011 Fairgrounds Rd.
Casper, WY 82604
jjacobson@natronacounty-wy.gov
307-235-9400

Natrona County Community Response Team (CERT)

Program to support Emergency Management with extra manpower during emergency or disaster events.

© Occurrence: Monthly
© Minimum age with adult: 13
© Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Lt. Stewart Anderson
Natrona County Emergency Management
201 N. David St.
Casper, WY 82601
andersos@natronacounty-wy.gov
307-235-9205

Volunteer Guide - Spring 2016
Natrona County Meals on Wheels
To assist the elderly and/or homebound people of Natrona County maintain their independence and integrity, as well as their physical and mental health in the dignity of their own homes and environments, Natrona County Meals On Wheels delivers nutritionally tailored meals via caring community volunteers.

VOLUNTEER DRIVER FOOD PREP/DELIVERY
Deliver hot and cold meals to homebound seniors in the Casper area. Must have valid driver's license and own vehicle.
» Occurrence: Weekly
» Minimum age: 18
» Minimum age with adult: Any
» Good for: Group, Adults 18+, Older Adults 55+, Family, RSVP

Debbie Cardinal
1760 E. 12th St.
Casper, WY 82601
debbie@mealswheels.com
307-265-8659

Natrona County Medical Reserve Corps
Keeping Natrona County safe, at work and at play.

MEDICAL TEAM DISASTER/EMERGENCY SERVICES
Provide CPR and first aid at community events and in a disaster, attend training and meetings.
» Occurrence: Monthly
» Minimum age: 16
» Good for: Youth, Adults 18+, Older Adults 55+, RSVP

VOLUNTEER RECEPTION CENTER ADMINISTRATION/ORGANIZATIONAL SUPPORT, DISASTER/EMERGENCY SERVICES
Process spontaneous volunteers in times of disaster.
» Occurrence: Semi-annually
» Minimum age: 16
» Good for: Youth, Group, Adults 18+, Older Adults 55+, RSVP

FIREFIGHTER REHABILITATION DISASTER/EMERGENCY SERVICES
Provide first aid services to fire department personnel at structure and wild land fires.
» Occurrence: Weekly
» Minimum age: 18
» Good for: Adults 18+, Older Adults 55+

Cordell Anthony
475 S. Spruce St.
Casper, WY 82601
mrc@cnchd.org
307-577-9751

The Paleon Museum
To recover fossils, prepare them and share information about the wonders of the Mesozoic.

ADOPT-A-SHELF ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE
Pick either a specific section or any section of books that needs straightened and organized.
» Occurrence: Weekly
» Minimum age: 14
» Minimum age with adult: 8
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+

SHELVER ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE
Help shelve DVDs, audiobooks and books.
» Occurrence: Weekly
» Minimum age: 14
» Minimum age with adult: 10
» Good for: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Shannon Tippet
307 E. 2nd St.
Casper, WY 82601
stipped@natronacountylibrary.org
307-577-7323

"BONE BIDDY" VOLUNTEER GROUP EDUCATION, GENERAL
We encourage volunteers to work in their comfort zone.
» Occurrence: Weekly
» Minimum age: 14
» Minimum age with adult: 10
» Good for: Youth, Adults 18+, Older Adults 55+

"BONE BIDDY" BONE BUDDY CUSTOMER SERVICE, EDUCATION, GENERAL
Welcome guests, give tours, summer field work, fossil preparation and more.
» Occurrence: Monthly
» Minimum age: 14
» Minimum age with adult: 10
» Good for: Adults 18+, Older Adults 55+

Barb Reynolds
P.O. Box 1362
506 W. Birch St.
Glenrock, WY 82637
fossilbj37@q.com
307-436-2667

Parent Leadership Training Institute of Natrona County
The PLTI of Natrona enables parents to become leading advocates for children. PLTI teaches parents how to become practiced change agents for the next generation.

CIVIC DESIGN TEAM MEMBER ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, BOARD/COMMITTEE MEMBERS
CDT members are thought of the board of directors and connect PLTI to the community.
» Occurrence: Monthly
» Minimum age: 18
» Good for: Disabled, Adults 18+, Older Adults 55+

Heidi Reyna
PLTI of Natrona
Attn: Kelly Eastes
970 N. Glenn Rd.
Casper, WY 82601
plti.natrona@gmail.com
307-258-7552

Platte River Trails Trust
The mission of the Platte River Trails is to develop a River Trail while preserving the scenic, natural and historic value of the North Platte River and a network of trails that contribute to our community’s economic vitality and quality of life.

The Nicolaysen Art Museum and Discovery Center
To collect, preserve and exhibit the work of contemporary artists and present it to the community as a vital source of inspiration and education.

NIC FEST ARTS FESTIVAL VOLUNTEER ADMINISTRATION/ORGANIZATIONAL SUPPORT, ART/CULTURE, SPECIAL EVENT SUPPORT
Choose from a wide variety of fun and exciting volunteer opportunities. Plus, get a free T-shirt.
» Occurrence: Annually (June 24-26, 2016)
» Minimum age: 15
» Minimum age with adult: 10
» Good for: Youth, Disabled, Group Adults 18+, Older Adults 55+, Family, RSVP

FRONT DESK VOLUNTEER ADMINISTRATION/ORGANIZATIONAL SUPPORT, ART/CULTURE
Volunteer would answer the phone, greet guests, answer questions and take admission.
» Occurrence: Weekly (Mon. & Thurs. 9 a.m.-1 p.m.)
» Minimum age: 18
» Good for: Disabled, Adults 18+, Older Adults 55+

Tanya Sutherland
400 E. Collins Dr.
Casper, WY 82601
tanyaalleesouthern@gmail.com
307-277-1099

The Paleon Museum
To recover fossils, prepare them and share information about the wonders of the Mesozoic.
**Raising Readers in Wyoming**

We encourage parents to read to their young children by providing beautiful new books as part of the well child health care visits.

**DELIVERY VOLUNTEER** ADVOCACY, FAMILY SERVICES, YOUTH

Each county in Wyoming has one or more delivery volunteers to deliver books to doctors monthly.

- **Occurrence:** Monthly
- **Minimum age:** 21
- **Minimum age with adult:** 12
- **Good for:** Group, Adults 18+, Older Adults 55+, Family

**Deb Carpenter-Nolting**
P.O. Box 339
Pine Bluffs, WY 82082
raisingreaderswy@gmail.com
307-673-1885

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**Reach 4A Star Riding Academy**

REACH 4A Star Riding Academy is committed to improving the overall health, wellbeing and quality of life of differently-abled children and adults in our community.

**HORSE HANDLER** ANIMAL SCIENCE, GENERAL, RECREATIONAL ACTIVITIES, YOUTH

Prior to lessons, get the horses all cleaned up and ready to go for the upcoming riding classes.

- **Occurrence:** Monthly (sessions through fall and spring)
- **Minimum age:** 14
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

**SIDE-WALKER** ANIMAL SCIENCE, GENERAL, RECREATIONAL ACTIVITIES, YOUTH

During lessons, the side-walker walks along side the horse, giving physical support to the disabled rider.

- **Occurrence:** Monthly (sessions throughout fall and spring)
- **Minimum age:** 18
- **Minimum age with adult:** 14
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

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**The Science Zone**

The Science Zone exists to inspire the mind, to delight the senses, and to ignite a passion for the technical arts and sciences.

**PROFESSIONAL SCIENCE COUNCIL MEMBER** CIVIC PARTICIPATION, EDUCATION, RECREATIONAL ACTIVITIES

Leading birthday parties, running special events and more. Learn about science and lead science experiments.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Minimum age with adult:** 14
- **Good for:** Youth, Adults 18+

**SUMMER CAMP ASSISTANT** ADMINISTRATION/ORGANIZATIONAL SUPPORT, BOARD/COMMITTEE MEMBERS, CIVIC PARTICIPATION

Assist educators during summer camps from June-Aug.

- **Occurrence:** Annually
- **Minimum age:** 16
- **Good for:** Adults 18+, Adults 55+

**EXHIBIT/MUSEUM MAINTENANCE** CONSTRUCTION/ HOME AND LAWN MAINTENANCE, GENERAL

We need help repairing and painting our museum and building exhibits.

- **Occurrence:** Monthly
- **Minimum age:** 16
- **Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Steven Schnell**
P.O. Box 2701
Mills, WY 82604
111 W. Midwest Ave.
Casper, WY 82601
steven.schnell@thesciencezone.org
307-473-9663

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**Restoration Church Pantry**

We supplement food needs for working families.

**FOOD DELIVERY** FOOD PREP/DELIVERY

Go with pantry director to the food bank, load vehicle and bring to the pantry.

- **Occurrence:** Weekly
- **Minimum age:** 14
- **Good for:** Youth, Adults 18+, Older Adults 55+

**PANTRY SERVER** FOOD PREP/DELIVERY

Help clients shop for and carry groceries to their vehicles and also help stock shelves.

- **Occurrence:** Weekly
- **Minimum age:** 14
- **Minimum age with adult:** 10
- **Good for:** Youth, Disabled, Adults 18+, Older Adults 55+, Family, RSVP

**Nichole Andrews**
411 S. Walsh Dr.
Casper, WY 82609
nicholeandrews@wyrchurch.com
307-235-9100

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**Poplar Living Center**

At Poplar Living Center, we focus on people — our residents, their lives, their health and their families. We work hard to ensure all of our residents in our long-term care program receive individualized care and treatment.

**ACTIVITY VOLUNTEER** FAMILY SERVICE, HEALTH/PERSONAL CARE, RECREATIONAL ACTIVITIES

Looking for friendly volunteers willing to spend time with residents by joining them in activities and conversation.

- **Occurrence:** Weekly
- **Minimum age:** 14
- **Good for:** Youth, Group, Disabled, Adults 18+, Adults 55+, Family, RSVP

**Hilda Giffrow**
4305 S. Poplar St.
Casper, WY 82601
hdgiffrow@savasc.com
307-237-2561 ext. 4836

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**Youth, Group, Disabled, Adults 18+, Adults**

- **Minimum age:** 18
- **Minimum age with adult:** 12
- **Good for:** Youth, Group, Disabled, Adults 18+, Older Adults 55+

**Jerry Knight**
232 E. 2nd St., Ste. 200
1733 E. Yellowstone
Casper, WY 82601
Jerry@popintheshop.com
307-266-2182

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**Angela Emery**
P.O. Box 1228
1775 W. 1st St.
Casper, WY 82601
platteriver@wyoming.com
307-577-1206

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**Pop in the Shop, Inc.**

Pop in the Shop exists to provide Christ-centered mentoring life skills and the restoration of classic automobiles to fatherless young men ages 7 to 17.

**MENTOR** MENTORING, TRANSPORTATION/AUTOMOTIVE/MECHANICAL

Mentor young men while building classic cars.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Adults 18+, Older Adults 55+

**Jerry Knight**
232 E. 2nd St., Ste. 200
1733 E. Yellowstone
Casper, WY 82601
Jerry@popintheshop.com
307-266-2182

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**Hilda Giffrow**
4305 S. Poplar St.
Casper, WY 82601
hdgiffrow@savasc.com
307-237-2561 ext. 4836

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**ACTIVITY VOLUNTEER** FAMILY SERVICE, HEALTH/PERSONAL CARE, RECREATIONAL ACTIVITIES

Looking for friendly volunteers willing to spend time with residents by joining them in activities and conversation.

- **Occurrence:** Weekly
- **Minimum age:** 14
- **Good for:** Youth, Group, Disabled, Adults 18+, Adults 55+, Family, RSVP

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- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Adults 18+, Older Adults 55+

**Jerry Knight**
232 E. 2nd St., Ste. 200
1733 E. Yellowstone
Casper, WY 82601
Jerry@popintheshop.com
307-266-2182

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**Angela Emery**
P.O. Box 1228
1775 W. 1st St.
Casper, WY 82601
platteriver@wyoming.com
307-577-1206

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**ACTIVITY VOLUNTEER** FAMILY SERVICE, HEALTH/PERSONAL CARE, RECREATIONAL ACTIVITIES

Looking for friendly volunteers willing to spend time with residents by joining them in activities and conversation.

- **Occurrence:** Weekly
- **Minimum age:** 14
- **Good for:** Youth, Group, Disabled, Adults 18+, Adults 55+, Family, RSVP

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**Hilda Giffrow**
4305 S. Poplar St.
Casper, WY 82601
hdgiffrow@savasc.com
307-237-2561 ext. 4836
**Self Help Center Inc.**
To provide 24-hour crisis intervention, emergency safe house and comprehensive supportive services to domestic violence, sexual assault, child abuse, stalking and elder abuse victims and to reduce future cycles of violence.

**VOLUNTEER ADVOCATE** ADVOCACY, COUNSELING INFORMATION SUPPORT, HEALTH/PERSONAL CARE
Volunteers provide advocacy to victims of domestic violence, sexual assault and stalking through a 24-hour crisis hotline, safe house, re-education and transitional housing.

- **Minimum age:** 18
- **Occurrence:** Monthly
- **Minimum age with adult:** 14
- **Good for:** Youth, Disabled, Adults 18+, Older Adults 55+, Family

**FUNDRAISING VOLUNTEER** DONATIONS MANAGEMENT, CIVIC PARTICIPATION, SPECIAL EVENT SUPPORT
Assisting in fundraising, community events, donations, public speaking and event origination and/or set up.

- **Minimum age:** 18
- **Minimum age with adult:** 14
- **Good for:** Youth, Disabled, Group, Family, Adults +18, Older Adults 55+

- **Alana Ham**  
  918 E. 2nd St.  
  Casper, WY 82002  
  Alana@selfhelptcenterinc.com  
  307-235-2814

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**Serve Wyoming**
Improving lives and strengthening Wyoming communities through volunteerism.

**SEEKING VOLUNTEERS OF ALL ABILITIES** ALL CATEGORIES
Hundreds of volunteer opportunities featured on our free website. Find opportunities to suit your needs. Visit www.volunteerwyoming.org or www.servewyoming.org and click on "Volunteer."

- **Minimum age:** 14
- **Minimum age with adult:** 4
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**WANTED: DISASTER RESPONSE VOLUNTEERS**  
Emergency, General  
Pre-register as a disaster response volunteer in your area so you’re prepared to help your community in the event of a disaster/emergency. Visit our website or call to sign up.

- **Minimum age:** 15
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

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**PRO BONO VOLUNTEERS NEEDED** ADMINISTRATION, ORGANIZATIONAL SUPPORT, COMMUNICATIONS/MARKETING, EDUCATION, GENERAL
Highly skilled professionals needed to consult nonprofits on specific, short-term projects throughout the County/State.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Good for:** Group, Adults 18+, Older Adults 55+

**Jessica Stanbury**  
P.O. Box 1271  
330 S. Center St., Ste. 317  
Casper, WY 82602  
jessica@servewyoming.org  
307-234-3428

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**Seton House**
To provide housing and supportive services to homeless single parents with children that will facilitate their independence and self-sufficiency.

**IT CONSULTANT** ADMINISTRATION/ORGANIZATIONAL SUPPORT, GENERAL
Help analyze current equipment and provide recommendations and planning on technology needs. Includes network management.

- **Occurrence:** Semi-Annually
- **Minimum Age:** 21
- **Good for:** Adults 18+, Older Adults 55+

**Deanna Frey**  
P.O. Box 1557  
910 N. Durbin St.  
Casper, WY 82602  
setonh.deanna@gmail.com  
307-233-4341

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**Special Olympics Wyoming**
Special Olympics Wyoming provides a year-round program of sports training and athletic competition for children and adults with intellectual disabilities. In Wyoming, more than 1,300 athletes take part in the program that involves the services of more than 1,000 volunteers.

**SUMMER SPORTS CLASSIC VOLUNTEER** GENERAL, RECREATIONAL ACTIVITIES, SPECIAL EVENT SUPPORT
Assist with our equestrian, golf and softball competition as officials, time keepers or general volunteers.

- **Occurrence:** Semi-annually (Aug. 12-13 in Casper)
- **Minimum age:** 18
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Local Management Leadership**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, BOARD/COMMITTEE MEMBERS, RECREATIONAL ACTIVITIES
Help organize practices, competitions, travel and other events for athletes and families in Natrona County.

- **Minimum age:** 18
- **Good for:** Group, Adults 18+, Older Adults 55+

**Regan Diller**  
239 W. 1st St.  
Casper, WY 82601  
fieldservices@specialolympicswy.org  
307-235-3062

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**Stage III Community Theatre**
To produce quality theater performances and educational programs for Casper and the surrounding community and to participate in meaningful community activities.

**BOX OFFICE PERSONNEL** ADMINISTRATION/ORGANIZATIONAL SUPPORT, ART/CULTURE, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT
Greet guests and sell tickets at the door prior to performances and record receipts.

- **Minimum age:** 18
- **Minimum age with adult:** 16
- **Good for:** Youth, Disabled, Adults 18+, Older Adults 55+

**USHER/CONCESSIONS** ART/CULTURE, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT
Help during plays by taking tickets, handing out programs and selling refreshments and snacks prior to performances and during intermission.

- **Minimum age:** 18
- **Minimum age with adult:** 12
- **Good for:** Youth, Disabled, Adults 18+, Older Adults 55+, Family

**OCCASIONAL BUILDING MAINTENANCE** CONSTRUCTION/HOME AND LAWN MAINTENANCE
Help with maintaining the building and grounds, pulling weeds, plowing snow and minor repairs.

- **Minimum age:** 18
- **Minimum age with adult:** 10
- **Good for:** Youth, Group, Adults 18+, Older Adults 55+, Family

**Marva Hoffmeyer**  
900 N. Center St.  
Casper, WY 82601  
stage3@wyoming.com  
307-234-0946

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**SW WRAP**
We help persons in need, and promote a community based, collaborative, coordinated continuum of care and access to community resources for the aging and adults living with disabilities.
**Tate Geological Museum**

The mission of the Tate Geological Museum at Casper College is to provide educational resources to the community, researchers and visitors. Our position as a regional Earth Science Education Center is maintained by exhibits, educational programs, active collecting and collections preservation.

**TOUR GUIDE/GALLERY DOCENT**  
CUSTOMER SERVICE, EDUCATION  
Volunteer will give tours to visitors, school groups and family groups and also provide information to non-tour visitors in the museum. (No nights or Sundays).  
**Occurrence:** Weekly  
**Minimum age:** 18  
**Good for:** Adults 18+, Older Adults 55+, RSVP

**GIFT SHOP VOLUNTEER**  
CUSTOMER SERVICE, EDUCATION  
Handling retail sales in the gift shop using cash, checks or credit card. Training provided. Shifts range from 2-3 hours.  
**Occurrence:** Weekly  
**Minimum age:** 18  
**Good for:** Adults 18+, Older Adults 55+, RSVP

**United Way of Natrona County VITA Program**

To assist those with low to moderate income on their tax returns free of charge by IRS certified volunteers.

**GREETER**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, GENERAL  
Greet taxpayers as they come in and assist with Intake Paperwork.  
**Occurrence:** Semi-annually (During Tax Season: January through April)  
**Minimum age:** 18  
**Good for:** Adults 18+, Older Adults 55+

**TAX PREPARE**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, GENERAL  
Assist individuals by doing their taxes (Basic and advanced levels).  
**Occurrence:** Semi-annually (During tax season: January through April)  
**Minimum age:** 18  
**Good for:** Adults 18+, Older Adults 55+

**USDA Natural Resources Conservation Service**

Helping people help the land.

**EARTH TEAM VOLUNTEER**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, ENVIRONMENTAL, INTERNSHIP  
Gain experience supporting conservation programs and activities of the USDA Natural Resources Conservation Service.

**SPECIAL PROJECT DEVELOPMENT**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, GENERAL, SPECIAL EVENT SUPPORT  
Assist in planning of various events: Carousel House, CORE Challenge, Drums Along the Rockies, etc.  
**Occurrence:** Monthly  
**Minimum age:** 18  
**Minimum age with adult:** Any  
**Good for:** Youth, Adults 18+, Older Adults 55+, Family

**DRUMS ALONG THE ROCKIES - CASPER EDITION**  
ART/CULTURE, SPECIAL EVENTS SUPPORT  
Assist with event planning, ticket sales, parking, set up, clean up, and ushering. Free admittance into the show.  
**Occurrence:** Annually (July)  
**Minimum age:** 16  
**Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+

**Troopers Drum & Bugle Corps, Inc.**

Provide a youth activity with positive educational experiences that promote the growth and development of specific life skills consistent with the Trooper Tradition of Excellence.

**TROOPERS BINGO VOLUNTEER**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, GENERAL, SPECIAL EVENT SUPPORT  
Assist with hall cleaning, property maintenance and special event preparation.  
**Occurrence:** Monthly  
**Minimum age:** 18  
**Minimum age with adult:** 12  
**Good for:** Disabled, Group, Adults 18+, Older Adults 55+, Family

**Werner Wildlife Museum**

The mission of Werner Wildlife Museum is to promote learning and appreciation of the Earth’s natural history through preservation of collections, exhibits and outreach as consistent with the mission and goals of Casper College.

**MUSEUM VOLUNTEER**  
ANIMAL SCIENCE, ART/CULTURE, EDUCATION, ENVIRONMENTAL  
Greet visitors when regular assistants are guiding tours or absent and assist at special events and possibly tours. Volunteer positions are essentially on-call with generous notice usually given.  
**Occurrence:** Monthly (Dates vary depending upon scheduled tours and events throughout the year)  
**Minimum age:** 16  
**Good for:** Adults 18+, Older Adults 55+

**Wyoming Food Bank of the Rockies**

We help families thrive by efficiently procuring and distributing food and essentials to the hungry through our programs and partner agencies.

**FOOD SORTING**  
CIVIC PARTICIPATION, DONATIONS MANAGEMENT, FOOD PREP/DELIVERY  
Check expiration dates and sort donated food.  
**Occurrence:** Monthly  
**Minimum age:** 14  
**Good for:** Youth, Group, Adults 18+, Older Adults 55+, Family

**ORDER PULLING**  
DONATIONS MANAGEMENT, FOOD PREP/DELIVERY, GENERAL  
Delivery Prep, pulling and completing placed orders.  
**Occurrence:** Weekly  
**Minimum age:** 14  
**Good for:** Group, Adults 18+, Older Adults 55+, Family

**VARIOUS POSITIONS**  
ADMINISTRATION/ORGANIZATIONAL SUPPORT, CUSTOMER SERVICE, GENERAL  
Administrative/Organizational support and general janitorial help.
**Wyoming Food for Thought Project**

We work to create a local solution to hunger through weekend food bags, community gardens, and year-round farmers markets.

**HUNGER FIGHTER - BAG PACKER**  ADVOCACY, CIVIC PARTICIPATION, FOOD PREP/DELIVERY

Help pack Food for Thought Food Bags, which are distributed weekly to children right here in Natrona County, free of charge. Bag packing happens every Wednesday at our Program Center, 900 St. John St.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Minimum age with adult:** 3
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**WORLD CHANGER - DRIVER**  CIVIC PARTICIPATION, FOOD PREP/DELIVERY, TRANSPORTATION/AUTOMOTIVE/MECHANICAL

Drivers needed to help pick up and deliver food.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Minimum age with adult:** 6
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**FOOD WARRIOR**  FOOD PREP/DELIVERY, INTERNSHIP, YOUTH

Cultivate a community where food sovereignty is the norm.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Minimum age with adult:** 3
- **Good for:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Cassandra Bush
900 St. John St.
Casper, WY 82601
info@wyfftp.org
307-337-2172

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**HOSPITALITY VOLUNTEER**  CONSTRUCTION/HOME AND LAWN MAINTENANCE, FOOD PREP/DELIVERY, GENERAL, HEALTH/PERSONAL CARE

Create bags and baskets, bake, sew and assist with personal needs of patients.

- **Occurrence:** Monthly (or as requested by patients)
- **Minimum age:** 16
- **Minimum age with adult:** 16
- **Good for:** Youth, Adults +18, Older Adults 55+, Family

**SPECIAL EVENTS AND ACTIVITIES**  COMMUNICATIONS/ MARKETING, GENERAL, SPECIAL EVENTS SUPPORT

Assist with activities and fundraisers that support cancer patients and their families.

- **Occurrence:** Monthly
- **Minimum age:** 18
- **Minimum age with adult:** 16
- **Good for:** Adults +18, Older Adults 55+

**MENTORS**  HEALTH/PERSONAL CARE, MENTORING

Cancer survivors are matched with patients to provide support and mentorship to cancer patients currently going through treatment.

- **Occurrence:** Weekly (Dependent on patient needs and requests)
- **Minimum age:** 18
- **Good for:** Adults 18+, Older Adults 55+

Jillian Riddle
1233 E. 2nd St.
Casper, WY 82601
jriddle@wyomingmedicalcenter.org
307-577-4355

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**Wyoming Medical Center Volunteers**

To promote and advance the welfare of Wyoming Medical Center by rendering various services to the hospital and its patients, by raising funds for hospital and volunteer projects, by positively interpreting Wyoming Medical Center’s programs to the community, and by conducting all activities in accordance with Wyoming Medical Center’s policies.

**ADULT VOLUNTEER**  CIVIC PARTICIPATION, CUSTOMER SERVICE, GENERAL

Looking for volunteers to work in a variety of areas throughout WMC.

- **Occurrence:** Weekly
- **Minimum age:** 18
- **Minimum age with adult:** 16
- **Good for:** Youth, Adults 18+, Older Adults 55+

**JUNIOR VOLUNTEER**  GENERAL, INTERNSHIP

Summer Program to introduce students to a hospital environment doing a variety of tasks.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Good for:** Youth

**Wyoming Nutrition Services**

WNS is a nonprofit agency organized to provide programs focused on quality nutrition and early childhood education, to promote opportunities for professional development and to support the well-being of participating children and adults.

**SUBSTITUTE TEACHER/TEACHER’S ASSISTANT**  CHILDCARE, FOOD PREP/DELIVERY, RECREATIONAL ACTIVITIES

Provide age appropriate care for children in child care setting.

- **Occurrence:** Weekly
- **Minimum age:** 18
- **Good for:** Adults 18+, Older, Adults 55+

**FUNDRAISING VOLUNTEER**  GENERAL, SPECIAL EVENT SUPPORT, YOUTH

Help children at the center with summer fundraising projects.

- **Occurrence:** Monthly
- **Minimum age:** 16
- **Good for:** Adults 18+, Older Adults 55+

**FIELDTRIP ASSISTANT**  EDUCATION, SPECIAL EVENT SUPPORT, YOUTH

Assist with fieldtrip ideas and outings into the community.

- **Occurrence:** Weekly (summer)
- **Minimum age:** 16
- **Good for:** Adults 18+, Older, Adults 55+

Shey Snapp
P.O. Box 1569
Evansville, WY 82636
12 S. Curtis
Casper, WY 82636
wns@wyonutrition.org
307-266-1236

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**Wyoming Senior Citizens, Inc.**

A private, nonprofit organization whose purpose is to meet the needs of Wyoming’s older residents and help them maintain their independence.

**WYOMING STATE HEALTH INSURANCE INFORMATION PROGRAM (WSHIP) VOLUNTEER**  ADVOCACY, COUNSELING INFORMATION SUPPORT, EDUCATION

Assist/educate Medicare beneficiaries with their benefits.

- **Occurrence:** Weekly
- **Minimum age:** 16
- **Good for:** Adults 18+, Older Adults 55+

Kelly Wicks
951 Werner Ct., Ste. 295
Casper, WY 82601
wshipmgr@wyoming.com
307-856-6880

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**Wyoming Medical Center Foundation, Angels Cancer Care Program**

The Angels are made up of cancer survivors, friends, family, and community members that give of themselves to support cancer patients through their survivorship journey to ensure that no one is left to fight cancer alone.
Wyoming Senior Citizens, Inc.,
Senior Companion Program

We are a not-for-profit agency with dual purpose: Low income seniors can earn a tax-free stipend for providing folks with help to remain independent.

SENIOR COMPANION ADVOCACY, GENERAL, HEALTH/PERSONAL CARE
Senior Companions help people remain independent in their homes in a non-medical way, one-on-one.

» Occurrence: Weekly
» Minimum age: 21
» Good for: Disabled, Older Adults 55+

Jim Kauffman
951 Werner Ct. #295
Casper, WY 82601
kauffman@wyoming.com
307-235-5959

Wyoming Senior Citizens, Inc.,
Foster Grandparents Program

Share today, shape tomorrow.

FOSTER GRANDPARENTS ADVOCACY, EDUCATION, MENTORING YOUTH
FGP’s provide support in schools, hospitals, drug treatment centers, correctional institutions and child care centers.

» Occurrence: Weekly
» Minimum age: 55
» Good for: Older Adults 55+

Billie Jo Santee
P.O. Box BD
106 W. Adams Ave.
Riverton, WY 82501
fgpmgr@wyoming.com
307-856-6880

Wyoming Senior
Medicare Patrol (SMP)

SMP’s empower and assist Medicare beneficiaries, their families and caregivers to prevent, detect and report health care fraud, errors and abuse through outreach, counseling and education.

SMP VOLUNTEER ADMINISTRATION/ORGANIZATIONAL SUPPORT, ADVOCACY, COMMUNICATIONS/MARKETING, EDUCATION, HEALTH/PERSONAL CARE, SPECIAL EVENT SUPPORT
Prevent Medicare fraud with one-on-one counseling, presentations, dissemination and staffing exhibits.

» Occurrence: Monthly (but flexible)
» Minimum age: 18
» Good for: Older Adults 55+

Sandy Goodman
P.O. Box BD
106 W. Adams Ave.
Riverton, WY 82501
smpmgr@wyoming.com
307-856-6880

Wyoming State Parks,
Historic Sites and Trails

Protect and manage the natural and cultural resources under our stewardship.

GROUNDs MAINTENANCE AT EDNess
KIMBALL WILKINS STATE PARK CONSTRUCTION/HOME AND LAWN MAINTENANCE
Grounds care to include: planting and weeding flower gardens, mowing lawn, picking up wind fall, tree trimming, etc.

» Occurrence: Weekly
» Minimum age: 18
» Minimum age with adult: 12
» Good for: Youth, Group, Adults 18+, Older Adults 55+, Family

TRAIl-BUilDING/MAINTENANCE CONSTRUCTION/HOME AND LAWN MAINTENANCE, ENVIRONMENTAL, RECREATIONAL ACTIVITIES
Assist with building new trails and maintaining existing trails at Glendo State Park.

» Occurrence: Semi-annually
» Minimum age: 18
» Minimum age with adult: 8
» Good for: Youth, Group, Adults 18+, Older Adults 55+, Family

VOLUNTEER CAMP HOSTS ENVIRONMENTAL, RECREATIONAL ACTIVITIES
Two-month minimum stay at park/site. Receive free camping space with hookups in exchange for cleaning campgrounds and visitor services. Must provide own camper.

» Occurrence: Monthly (May-September)
» Minimum age: 18
» Good for: Adults 18+, Older Adults 55+

Ashley Rooney
2301 Central Ave.
Cheyenne, WY 82002
ashley.rooney@wy.gov
307-777-6560

Wyoming Symphony Orchestra

To enrich the cultural lives of adults, expand the musical horizons of children, and provide an outlet for the creative talents of musicians living in Wyoming.

USHER ART/CULTURE, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT
Take tickets, hand out programs and help patrons find their seats for Saturday night performances.

» Occurrence: Monthly
» Minimum age: 18
» Good for: Adults 18+, Older Adults 55+

Box Office Sales
ART/CULTURE, CUSTOMER SERVICE, SPECIAL EVENT SUPPORT
Sell tickets at concerts and distribute will call tickets.

» Occurrence: Monthly
» Minimum age: 18
» Good for: Adults 18+

Fundraising Committee Member
ART/CULTURE, BOARD/COMMITTEE MEMBERS, SPECIAL EVENT SUPPORT
Help organize and support fundraising events - Derby Daze (May) and Wine on the River (July).

» Occurrence: Monthly
» Minimum age: 21
» Good for: Adults 18+

Rachel Bailey
225 S. David St.
Casper, WY 82601
rachel@wyomingsymphony.org
307-266-1478

Wyoming Veterans Memorial Museum

The Wyoming Veterans Memorial Museum is a non-typical military museum that is exclusively focused on the personal, intimate and sensitive stories of Wyoming veterans who have served in the Armed Forces spanning the Spanish-American War to the modern War on Terrorism.

DOCENT CUSTOMER SERVICE, EDUCATION, GENERAL
Volunteer docent will greet guests, assist with tours, etc.

» Occurrence: Weekly
» Minimum age: 18
» Good for: Adults 18+, Older Adults 55+

Douglas Cubbison
3740 Jourgensen
Casper, WY 82604
douglas.cubbison@wyo.gov
307-472-1857

Youth Crisis Center, Inc.

The Youth Crisis Center, Inc. provides emergency shelter, crisis intervention and group home services to youth and their families.

BOARD MEMBERS ADVOCACY, BOARD/COMMITTEE MEMBERS, SPECIAL EVENT SUPPORT
Board members will be expected to attend monthly meetings, participate in fundraising opportunities and provide community contacts.

» Occurrence: Monthly
» Minimum age: 21
» Good for: Disabled, Adults 18+, Older Adults 55+

Stacy Nelson
1656 E. 12th St
Casper, WY 82601
snnelson@bresnan.net
307-577-5718
Companies often donate capital to worthy causes. But sometimes the most effective contribution is human capital. That is why a number of companies, including Central Wyoming Property Inspections, are mobilizing their employees for charitable campaigns. Workers volunteer to fix schools, build parks and tutor at neighborhood centers. Not only do these employee programs help the community, but they also boost office morale as employees work together for the common good.

“We have great employees and family members who love to volunteer. They are gung ho.”

Toby Peter
Owner and manager at Central Wyoming Property Inspections.

“Our business is home inspections. When we complete a service event and volunteer, we all walk away feeling good! It’s just the right thing to do for the community that has helped our business flourish,” says Toby Peter.
Get Pro Bono

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Awardees are granted the help of one of our pro bono volunteers who work in a variety of fields and are interested in sharing their skills with a qualified nonprofit. The pro bono volunteer will work with your nonprofit for a short-term, specific project designed to build capacity within your nonprofit.

ServeWyoming partners with many organizations doing important work in a range of issue areas. Unfortunately, our own funding limitations keep us from awarding Service Grants to all organizations that apply and our ability to match you with the services you seek is highly dependent on the availability of professional volunteers. Organizations are strongly encouraged to apply as early as possible, so we may also search for volunteers to fulfill the expertise you seek.

Please visit www.servewyoming.org and click on “Get Pro Bono” to review the grant criteria before you apply. If you have questions regarding our grant criteria or the content of any of our Service Grants, please contact the ServeWyoming office, and we will be happy to answer your questions.

The next grant application cycle is TBD. Please check our website often for announcements.

Give Pro Bono

Are you looking for ways to utilize your skills to make a positive impact on your community? Apply your skills to the greater good. Join ServeWyoming’s Pro Bono Volunteer Network! This is a network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Once you have applied, you will be matched when a qualified nonprofit has been awarded a “Service Grant” that requires skills similar to your own. The pro bono volunteer works with the nonprofit on a short-term, specific project designed to build capacity within their organization.

We are continually looking for ways to expand the program and are always in need of more professional volunteers willing to donate their time and expertise to a community organization in need. Help us help the wonderful nonprofits that do so much in your counties by applying to “Give Pro Bono” today!

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro bono” or call us at 307-234-3428.

Volunteering leads to employment

Recent research from the Corporation for National and Community Service (CNCS) provides evidence of a relationship between volunteering and finding employment. As a part of CNCS, we are happy to share this report:

The economic downturn that has plagued the United States economy over the last half decade, and certainly more recently here in Wyoming, has increased the need for pathways to employment for the millions of Americans struggling to find work. Government leaders, nonprofits and news media have long provided anecdotal evidence that volunteering can increase employment prospects by helping job seekers learn new skills, expand their networks and take on leadership roles. Despite this, there has been little quantitative research to date that has established an association between volunteering and finding a job.

CNCS’ new research, “Volunteering as a Pathway to Employment,” provides the most compelling empirical research to date establishing an association between volunteering and employment in the United States.

KEY FINDINGS

» Volunteers have a 27 percent higher likelihood of finding a job after being out of work than nonvolunteers
» Volunteers without a high school diploma have a 51 percent higher likelihood of finding employment
» Volunteers living in rural areas have a 55 percent higher likelihood of finding employment

CNCS also found that volunteering is associated with an increased likelihood of finding employment for all volunteers regardless of a person’s gender, age, ethnicity, geographical area or the job market conditions.

Volunteer Wyoming!
This easy-to-use web-based platform, brought to you by ServeWyoming, matches the right donors, advocates and volunteers with the right opportunities in your neighborhood and it's FREE to use!

Volunteers:
• Click on “LOGIN.”
• Fill out your volunteer profile.
• Search for volunteer needs and events based on interests, zip code or agency.
• “Become a Fan” of your favorite organizations so you’re the first to know about new opportunities in your area.
• Receive suggestions for opportunities based on the causes you’re interested in.

Organizations:
• Click on “SIGNUP.”
• Fill out your agency profile, including pictures and video.
• Start posting your volunteer needs and events!
• Keep your information current so volunteers know when, where, and how to help support your cause!

To get started today, go to www.servewyoming.org and click "Volunteer"