Volunteer Wyoming | 2018

Your resource guide for volunteer opportunities in Laramie County and the surrounding areas

Knife River Corporation
An MDU Resources Company

Serve Wyoming

Corporation for National & Community Service

Workforce Wyoming Services

Wyoming Tribune Eagle

Americorps Wyoming
Serve Wyoming

MISSION
Improving lives and strengthening Wyoming communities through volunteerism.

CONTACT
• WE CAN HELP your organization.
• YOU CAN SERVE in AmeriCorps.
• SEARCH AND POST volunteer opportunities.
• GET HANDS-ON with any of our projects.

www.servewyoming.org
307-234-3428 • 1-866-737-8304

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Program Director
Shonya Neuman
Administrative Assistant
**PROJECTS**

ServeWyoming promotes collaborative efforts among private, non-profit, and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National & Community Service programs such as AmeriCorps*VISTA, Senior Corps and NCCC. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human needs, healthy futures, the economy, youth, & military/veterans & their family.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating, and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

**AMERICORPS*STATE**
Provide funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs and application process begins in the fall of each year.

**DISABILITY INCLUSION & AWARENESS**
Serve as a resource to promote inclusion in volunteerism.

**EMERGENCY PREPAREDNESS**
Provide volunteer reception Center (VRC) training and emergency preparedness strategies to AmeriCorps programs, agencies, and the public, including special needs populations

**PARTNERSHIP BUILDING**
Develop investments and partnerships to sustain ServeWyoming and the programs we support.

**PRO BONO VOLUNTEER NETWORK**
Increase nonprofit capacity through the engagement of highly skilled volunteers.

**PROFESSIONAL DEVELOPMENT & TRAINING**
Increase grantee capacity and statewide awareness of national service through professional development, training and technical assistance, member development, and outreach.

**VOLUNTEER WYOMING**
Serve as a resource to our communities and increase the number and effectiveness of volunteers in Wyoming.

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The opportunities of each nonprofit, included in this publication, belong to the organization and do not reflect the views or opinions of ServeWyoming.

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**CHECK OUT OUR 2017-18 AMERICORPS PROGRAMS**

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For more information about AmeriCorps, visit www.AmeriCorps.gov
When you ask a volunteer, why they give back to their community, you’re bound to get a variety of answers: passion for the cause, to pay it forward, to get out of the house, to meet new people, to get to know my community, etc. From the reason to the experience, volunteering is rarely the same from person to person. What is similar across the board is the enormous benefit of volunteering to both community and the individual.

From the physical, to the emotional, and even the social, volunteers reap amazing benefits simply from giving their time and energy to someone/something else. Read on to learn how when you give your time and money to others this holiday season, you get just as much back in return!

**Volunteering improves your health!** Volunteering has consistently been found to lower stress levels, improve your mood, and make you feel healthier and happier.

**Gives you purpose!** Volunteering can help you feel more connected to your community and help you feel like you’re doing something that matters and contributes to the greater good.

**Get’s you out of the house!** Volunteering is a great reason to get out of your house and escape boredom.

**Helps you meet new people!** Volunteering allows you to broaden your social horizons and meet like-minded people who care about the same things you do.

**Could lead to a new job!** Volunteering increases your chance of finding employment regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions and allows you to add relevant experience to your resume, grow your professional network, and try out a new skill or even a career without the pressure of a long-term commitment. Read more about volunteering leading to employment on p. 22

**Sets you apart from the crowd!** Your volunteer commitments are great things to add to a resume or even a scholarship application.

As our state’s governor-appointed commission for service and volunteerism, ServeWyoming wants you to reap all the benefits of volunteering! ServeWyoming promotes volunteering and service as a means to strengthen communities through days of service, special initiatives, and community partnerships. We also address community needs by administering AmeriCorps*State funding that allows AmeriCorps members to serve in nonprofit, community-based and educational organizations throughout Wyoming. Read more about AmeriCorps on p. 6 and the benefits of AmeriCorps service on p. 23.

In 2007, ServeWyoming launched a program designed to connect potential volunteers with organizations across our state, and to measurably increase the number and effectiveness of volunteers. We call this program Volunteer Wyoming. Read all about how we can help YOU find that next rewarding volunteer opportunity on p. 6

Please consider volunteering or increasing your commitment to community service. The rewards are immediate, lasting, and deeply appreciated!

Executive Director,
ServeWyoming
Want to see your business featured here next year?

Reach over 20,000 readers and inform them about all the great things you are doing to pay it forward, and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction, and quality of life among all Cheyenne-area residents.

Contact ServeWyoming at (307) 234-3428 or shelly@servewyoming.org for more information about sponsorship opportunities!

Volunteer Fair!

Get involved with Cheyenne-area organizations making a difference in your community!

At the Laramie County Library!
Time TBD

Knife River is proud to support volunteerism in our communities, as we work together in Building A Strong America.
What is Volunteer Wyoming?

Volunteer Wyoming is our state-wide Volunteer Center, designed to make finding your next volunteer opportunity as easy as possible! We help connect potential volunteers with local nonprofits in 3 easy ways:

1. Our FREE online matching database, www.volunteerwyoming.org! This online system allows individuals to look for and respond to volunteer needs across the state while also enabling organizations to set up agency profiles, post volunteer needs, promote community events, and even advocate for donations.

2. Call us! If you’d prefer to talk with an actual person, we’re here to help five days a week. Just call 307-234-3428 and tell us what you’re interested in and we’ll help connect you with the nonprofit and/or opportunity to suit your needs.

3. Check out pages 7-20 of THIS Volunteer Guide! We produce localized versions of our online database in 5 counties: Natrona, Laramie, Sheridan, Campbell, and Park. You can also view the Guides on our website (under Resources).

No matter how you prefer to search, at ServeWyoming we’re here to help. So, go online, call us, or pick up a Volunteer Guide!

Volunteerwyoming.org by the numbers!

1,308 Nonprofits Featured
3,851 Volunteers Registered!
489 Active Volunteer Opportunities Currently Posted!

What is AmeriCorps?

AmeriCorps engages more than 75,000 Americans in intensive service each year at nonprofits, schools, public agencies, and community and faith-based groups across the country.

Since the program’s founding in 1994, almost ONE MILLION AmeriCorps members have contributed more than 1.2 billion hours in service across America while tackling pressing problems and mobilizing millions of volunteers for the organizations they serve. Governor Mead announced the 2017-18 AmeriCorps awards to 6 deserving Wyoming programs, with over 150 members, to serve our state. Members will apply their skills and ideals toward helping others and meeting critical community needs. As they serve, they also develop valuable job skills and experience, as well as earn a modest education award, which will enhance their employability throughout their careers.

AmeriCorps State is a program of the Corporation for National and Community Service which supports a wide range of community goals in Wyoming that engage citizens, along with thousands of other Americans across the country, in intensive community service each year in the areas of education, disasters, economic opportunity, environment, healthy futures, veterans and family services.

If you are an organization who wants to host an AmeriCorps program or someone looking to serve your community with purpose, call ServeWyoming at 307-234-3428.
Alliance For Historic Wyoming

Working statewide to protect Wyoming’s historic places and spaces.

**Social Content Creator:** Love your community’s historic places and spaces? Help us show off great things around the state!
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age with Adult:** 12
- **Good For:** Youth, Adults 18+, Older Adults 55+

**Preservation Program Coordinator:** Work to protect Wyoming’s history statewide. Requires monthly conference calls and rewards with cool field trips.
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age with Adult:** 12
- **Good For:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Researcher:** Love historical research? So do we! Help us investigate and promote Wyoming’s past.
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age with Adult:** 12
- **Good For:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Julia Stuble
PO Box 123
Laramie, WY 82073
ExecDirector@historicwyoming.org
(307) 333-3508

Alzheimer’s Association, Wyoming Chapter

Eliminate Alzheimer’s disease through the advancement of research; provide and enhance care and support for all affected, and reduce the risk of dementia through the promotion of brain health.

**Public Policy Advocates:** Advocate with elected officials to create a better world for those with Alzheimer’s and other dementias.
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age with Adult:** 14
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, RSVP

**Support Group Facilitator:** Lead a support group for caregivers or those living with Alzheimer’s or another dementia. Training provided.
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+, RSVP

**Community Educator:** Present a variety of educational programs about dementia to groups in your community. Training & materials provided.
- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Adults 18+, Older Adults 55+

**Contact:** Janet Lewis
2232 Dell Range Blvd., Ste. 200
Cheyenne, WY 82009
jlewis@alz.org
(307) 316-2892

American Cancer Society

Nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.

**Administrative Assistant:** Provide receptionist duties and clerical assistance to Office Manager.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+

**Relay For Life Volunteer:** There are several ways to volunteer with the Relay For Life, on the committee, as a team captain, or as a participant.
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Minimum Age with Adult:** 14
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Contact:** Jennifer Syvertson
333 S. Beech
Casper, WY 82601
jennifer.syvertson@cancer.org
(307) 235-0044
American Red Cross

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Youth Pillowcase Preparedness Presenter: Help teach our youth how to be best prepared with our award winning program in local schools and partner agencies.
Occurrence: Monthly (Scheduled as needed locally)
Minimum Age: 16
Good For: Group, Adults 18+, Older Adults 55+, Family

Disaster Health Services Volunteer: Are you a nurse, EMT, paramedic, doctor, etc? Our team would love to have you help your neighbors as the best part of their worst day.
Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+

Contact: Spencer Pollock
5500 Bishop Blvd.
Cheyenne, WY 82003
spencer.pollock@redcross.org
(307) 421-0630

Black Dog Animal Rescue

The mission of Black Dog Animal Rescue is to provide homeless animals across Wyoming with guaranteed safe and secure placement, promote the use of proven life-saving programs in our communities, and advocate for animal welfare.

Foster Home: Foster families provide safe housing for homeless dogs and cats until they are adopted.
Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+, Family

Transporter: Volunteers drive animals to locations for intake. Usually no more than 100 miles one-way.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 16
Good For: Adults 18+, Older Adults 55+

Contact: Maddi Haak
2407 E. 9th St.
Cheyenne, WY 82001
maddi@bdar.org
(307) 214-6600

Capital City Canine Search and Rescue

CCCSAR is dedicated to training and providing well-trained canine search teams to law enforcement and rescue groups. We also offer educational programs for the public to further their knowledge and interest in the use of dogs in search and rescue.

Dog Trainer/Handler: Learn to train your dog for search and rescue.
Occurrence: Weekly (Practice Mon., Tues., and Sat. & you can work with individual handlers on other days).
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

Trail Layer:
Volunteers lay trails for trailing dogs or hide in an area for air scent dogs.
Occurrence: Weekly (Practice Mon., Tues., Wed., as a group)
Minimum Age: 16
Minimum Age w/Adult: 12
Good For: Adults 18+, Older Adults 55+, Family, RSVP

Contact: Becky Hale
2329 County Rd. 220
Cheyenne, WY 82001
bjacksonhale@hotmail.com
(307) 421-0311

Boys & Girls Club of Cheyenne

To inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible and caring citizens.

Boys & Girls Club Volunteer:
Assist Club staff with youth development activities, play a game, read a book, etc.
Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Contact: Wendy Fanning
515 W. Jefferson Rd.
Cheyenne, WY 82001
wfanning@bgcchey.org
(307) 778-6674 ext. 1002
CASA Volunteer Advocate: CASA advocates work directly with abused and neglected children and the people in their lives. Training required (held 3 times/year).

**Occurrence:** Flexible
**Minimum Age:** 21
**Good For:** Older Adults 55+

Contact: Carol Tullio
1616 E. 19th St., Ste.4
Cheyenne, WY 82001
cctullio@casalc.org
(307) 222-1902

**Cheyenne Animal Shelter**

To enhance the quality of life for animals and people through compassion, respect and education.

**Foster Care Volunteer:** Foster pets in your home until they are ready for adoption.

**Occurrence:** Weekly
**Minimum Age:** 16
**Minimum Age w/Adult:** 10
**Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

**Photographer/Videographer:** Take photos of our adoptable animals with a digital camera for use in marketing their availability. (Must have your own camera)

**Occurrence:** Weekly
**Minimum Age:** 16
**Minimum Age w/Adult:** 10
**Good For:** Adults 18+, Family

**Adoption Liaison:** Assist the public in meeting our animals. Escort animal to visitation area for socialization.

**Occurrence:** Weekly
**Minimum Age:** 16
**Good For:** Adults 18+

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**Cheyenne Botanic Gardens**

**The Cheyenne Botanic Gardens inspires, beautifies & enriches the greater High Plains community through gardening, volunteerism, education, and stewardship.**

**Administrative Assistant Volunteer:** Act as Front desk greeter, educational programming assistant for the Paul Smith Children’s Village and new classroom and provide special event support.

**Occurrence:** Weekly
**Minimum Age:** 18
**Minimum Age w/Adult:** 16
**Good For:** Disabled, Adults 18+, Older Adults 55+, RSVP

**Horticulture & Gardening Volunteer:** Assist with horticulture maintenance in Conservatory, production house, grounds and the Paul Smith Children’s Village.

**Occurrence:** Flexible
**Minimum Age:** 14
**Minimum Age w/Adult:** 12
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Trudy Fox
710 S. Lions Park Dr.
Cheyenne, WY 82001
trudy@botanic.org
(307) 631-6376

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**Cheyenne Capital Chorale**

To inspire excellence in choral music through education, performance and advocacy.

**Singers:** Join a community choral group with singers of all skill levels.

**Occurrence:** Monthly
**Minimum Age:** 18
**Minimum Age w/Adult:** 16
**Good For:** Disabled, Adults 18+, Older Adults 55+, RSVP

Contact: Linda Pechulis
787 Valley View Dr.
Cheyenne, WY 82009
cheyennecapitalchorale@gmail.com
(307) 286-0957

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**Cheyenne Civil Air Partrol Composite Squadron**

Civil Air Patrol, America’s Air Force Auxiliary, supporting America's communities with emergency response, diverse aviation and ground services, youth development and promotion of air, space, and cyber power.

**Aerospace Education:** Educate CAP Cadets, form partnerships with Cheyenne education system for STEM resources and scholarships.

**Occurrence:** Weekly
**Minimum Age:** 12
**Good For:** Youth, Adults 18+

**Emergency Services Volunteer:** Perform the vital role of inland search and rescue as aircrew or ground team members.

**Occurrence:** Weekly
**Minimum Age:** 12
**Good For:** Youth, Adults 18+, Family

**Leadership Training:** Develop leadership skills through hands-on opportunities to real-world challenges. Today’s cadets are tomorrow’s aerospace leaders.

**Occurrence:** Weekly
**Minimum Age:** 12
**Good For:** Youth, Adults 18+, Family

Contact: LuWana DePorter
5500 Bishop Blvd.
Cheyenne, WY 82001
info@cheyennecap.com
(334) 294-6682

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**Contact:** Rheva Cliff
800 Southwest Dr.
Cheyenne, WY 82007
rc cliff@cas wy.org
(307) 213-3058

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www.servingwyoming.org
**Cheyenne Civic Center**

*To present the Civic Center as a leader in providing and promoting quality service to presenters of the arts.*

**Usher:** Ushers are responsible for scanning tickets, answering patron questions, and guiding patrons to seats.

**Occurrence:** Monthly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

**Contact:** Amy Gorbey
510 W. 20th St.
Cheyenne, WY 82001
boxoffice@cheyennecity.org
(307) 637-6363

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**Cheyenne Depot Museum**

*To celebrate the spirit, teamwork, optimism, and sacrifices of the men and women who built and are the life of the Union Pacific Railroad, the Cheyenne Depot, and the City of Cheyenne.*

**Model Railroad Operator:** Assist with operating and showing off the model railroad layout.

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

**Event Volunteer:** Support Depot Plaza events by wrist banding guests and assisting with decoration, setup, and takedown.

**Occurrence:** Semi-annually
**Minimum Age:** 21
**Good For:** Group, Adults 18+, Older Adults 55+, Family

**Contact:** Kaylan Ferrari
P.O. Box 2160
121 W. 15th St. #300
Cheyenne, WY 82003
kaylan@cheyennedepotmuseum.org
(307) 632-3905

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**Cheyenne Family YMCA**

*To strengthen communities through mind, body, & spirit. For Healthy Living, Youth Development, For Social Responsibility.*

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**Cheyenne Day of Giving**

Year-round agency supporter for the sick and in-need in the Cheyenne community. Our annual event to collect hygiene/food items, eyeglasses, blood and more is the 2nd Friday in May.

**Graphic Design Artist:** Help create advertising materials for May event and year round and keep website updated regularly.

**Occurrence:** Flexible
**Minimum Age:** 18
**Good For:** Adults 18+

**Contact:** Greta Morrow
P.O. Box 192
Cheyenne, WY 82003
cheyennedayofgiving@gmail.com
(307) 635-3943

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**Cheyenne Frontier Days Old West Museum**

*To cultivate and preserve the Western legacy of Cheyenne Frontier Days.*

**Volunteer Coordinator:** Admission Desk
**Occurrence:** Flexible
**Minimum Age:** 16
**Good For:** Youth, Adults 18+, Older Adults 55+

**Docent:** Group Tour Guide
**Occurrence:** Flexible
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

**Camp Counselor:** Help lead small groups of children.

**Occurrence:** Annually (1 week in June, 1 week in Aug.)
**Minimum Age:** 13
**Good For:** Adults 18+, Older Adults 55+

**Contact:** Janet Wampler
4610 N. Carey Ave
Cheyenne, WY 82001
janet.wampler@oldwestmuseum.org
(307) 778-1418

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**Social Media Publicist:** Help with Facebook posts and increase our awareness through agencies social media/websites as well.

**Occurrence:** Flexible
**Minimum Age:** 18
**Good For:** Adults 18+

**Contact:** Greta Morrow
P.O. Box 192
Cheyenne, WY 82003
cheyennedayofgiving@gmail.com
(307) 635-3943

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**Maintenance Volunteer:** Help with light maintenance of facility. Great volunteer position for retired handyman. Having a CDL/passenger license is a plus!

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Older Adults 55+

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**Special Events Volunteer:** Assist with special events such as birthday parties, dances, parking lot party, Halloween party, noon years eve, super day & craft fairs.

**Occurrence:** Semi-annually (Feb., June, Aug., Oct., Nov., Dec.)
**Minimum Age:** 18
**Good For:** Adults 18+

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**Filing Volunteer:** Help with filing and organizing business offices.

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Disabled, Older Adults 55+, RSVP

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**Usher:** Ushers are responsible for scanning tickets, answering patron questions, and guiding patrons to seats.

**Occurrence:** Monthly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

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**Event Volunteer:** Support Depot Plaza events by wrist banding guests and assisting with decoration, setup, and takedown.

**Occurrence:** Semi-annually
**Minimum Age:** 21
**Good For:** Group, Adults 18+, Older Adults 55+, Family

**Contact:** Kaylan Ferrari
P.O. Box 2160
121 W. 15th St. #300
Cheyenne, WY 82003
kaylan@cheyennedepotmuseum.org
(307) 632-3905
Cheyenne - Laramie County Health Department Bio Terrorism Division

To offer Medical Countermeasures to the citizens of Laramie County, in the event of a Bio-Terrorism event.

(POD) Point of Dispensing Citizen Volunteer: Assist the Cheyenne – Laramie County Health Department Staff, by acting as support staff in a (POD) Point of Dispensing.
Occurrence: Annually
Minimum Age: 21
Good For: Group, Older Adults 55+

Contact: John Kelley
100 Central Ave.
Cheyenne, WY 82007
jkelley@laramiecounty.com
(307) 633-4063

Cheyenne Noon Lions Club

Where there’s a need, there’s a Lion.

Member: Participate in many community projects within the city and Wyoming.
Occurrence: Monthly (Twice monthly lunch meetings)
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Contact: Bonnie Harrison
PO Box 1584
Cheyenne, WY 82003
bonharrison@bresnan.net
(307) 640-0454

Cheyenne Parks & Recreation

Meet the needs of a changing and growing community by providing a variety of high quality parks and recreation activities, services, and facilities for Cheyenne.

Recreation Attendant: Volunteer at our batting cages, ice and event center, or other facilities helping with customer service, operations, etc.
Occurrence: Weekly
Minimum Age: 16
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Forestry Office Assistant: Help answer phones, customer support, scheduling and additional office work a couple days a week
Occurrence: Weekly
Minimum Age: 18
Good For: Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Cemetery Division Assistant: Help with light office work such as answering phones, customer relations, etc. Fieldwork is also available.
Occurrence: Weekly
Minimum Age: 16
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Jason Sanchez
2101 O’Neil Ave.
Cheyenne, WY 82001
jsanchez@cheyennecity.org
(307) 638-4356

Cheyenne Little Theatre Players

Celebrating creativity and community enrichment through theatre.

Front of House Volunteer: Help with ushering, the house manager, box office, and will call.
Occurrence: Flexible
Minimum Age: 18
Minimum Age w/ Adult: 12
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Cathie Chadwick
2706 E Pershing Blvd.
Cheyenne, WY 82001
ccadwick@cheyennelittletheatre.org
(307) 638-6543
Citizens’ Climate Lobby is committed to two purposes: To create the political will for a stable and sustainable climate and empower individuals in exercising their personal and political power.

Group Outreach Volunteer: Opportunities include tabling, letters to the editor, and education.

Occurrence: Monthly
Minimum Age: 18
Minimum Age w/ Adult: 10
Good For: Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Group Lobbying Volunteer: Opportunities include, lobbying Congress members, lobbying local leaders, and getting endorsements from local businesses.

Occurrence: Monthly
Minimum Age: 18
Minimum Age w/ Adult: 10
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Group Organizer Volunteer: Assist with keeping track of CCL events going on in the city and county.

Occurrence: Monthly
Minimum Age: 18
Minimum Age w/ Adult: 16
Good For: Adults 18+

Contact: Wesley Scott Frain
2622 Maxwell Ave.
Cheyenne, WY 82001
FraIn72@Gmail.com
(307) 631-2673

To organize, fund, and responsibly manage a quality, professional symphony orchestra in order to provide musical enjoyment, growth, and cultural outreach.

Cheyenne Symphony Friends: Contribute time, talent, and energy to support the mission of the Cheyenne Symphony Orchestra.

Occurrence: Monthly
Minimum Age: 18
Good For: Adults 18+

Contact: Christine Pelletier
1904 Thomes Ave.
Cheyenne, WY 82001
christine@cheyennesymphony.org
(307) 778-8561

Cheyenne Regional Medical Center Volunteers

Putting service before self, our family cares for your family with compassion, experience and innovation. We inspire great health!

Gift Shop Volunteer: Requires sales and customer service duties.
Occurrence: Flexible
Minimum Age: 14
Good For: Youth, Adults 18+, Older Adults 55+, RSVP

Home Away From Home Volunteer: Provide receptionist support.
Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+, RSVP

ICU & Info Desk Volunteer: Help patients and families with directions and hospitality.
Occurrence: Flexible
Minimum Age: 14
Good For: Adults 18+, Older Adults 55+, RSVP

Cheyenne Regional Medical Center Foundation

The Foundation informs, develops, and stewards resources to enable the Cheyenne Regional Health System to provide the best possible health care.

Foundation Volunteer: To support various CRMC Foundation events, including large events (200-700 person): Golf Tournament, Employee Silent Auction, Scrub Shuffle (race), etc.

Occurrence: Monthly (Denim-&-Diamonds June, Golf Tournament in Sept., Scrub Shuffle in Sept.)
Minimum Age: 16
Good For: Youth, Adults 18+

Contact: Scott Fox
408 E. 23rd St
Cheyenne, WY 82001
Scott.Fox@crmcwyo.org
(307) 630-0859

Cheyenne Symphony Orchestra

Our mission is to make a positive difference in the lives of the Veterans we serve by providing compassionate, comprehensive, & quality healthcare. Also to promote a community of integrity, respect, stewardship, & excellence by understanding and respecting the diversity of those whom we serve.

Chief Volunteer Service: The Cheyenne VAMC has over 30 positions available. Please call and ask for the list.

Occurrence: Weekly
Minimum Age: 16
Minimum Age w/ Adult: 14
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Linda Brown
2360 E. Pershing Blvd.
Cheyenne, WY 82001
linda.brown1@va.gov
(307) 778-7317

Cheyenne VA Medical Center & Clinics (VAMC), Voluntary Service 135
**Comea, Inc**

To provide a safe, secure and temporary shelter to men, women and children who are homeless. COMEA collaborates with community programs and resources to create opportunities for independent living.

**Administrative Volunteer:** Answer phones, welcome guests and visitors, and general office work.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Good For:** Adults 18+, Older Adults 55+, RSVP

**Kitchen Volunteer:** Helping prepare and/or serve dinner.
- **Occurrence:** Weekly
- **Minimum Age:** 16
- **Minimum Age w/ Adult:** 6
- **Good For:** Youth, Disabled, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Becca Seufer
1504 Stinson
Cheyenne, WY 82001
development@comeashelter.org
(307) 632-3174

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**Equality State Policy Center**

To improve the lives of all Wyoming’s people through transparent government, fair elections, and thriving communities.

**Graphic/Web Designer:** Generate graphics related to our programs and improving our website.
- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Adults 18+, Older Adults 55+

**Data Entry:** Help with data entry and updates in our system to help us better communicate with supporters.
- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Adults 18+, Older Adults 55+

**Contact:** Phoebe Stoner
419 S. 5th St., Ste. 1
Laramie, WY 82070
pstoner@equalitystate.org
(330) 231-8963

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**Feeding Laramie Valley**

Feeding Laramie Valley is a community based, designed and led nonprofit program working for food security and an equitable, just, and sustainable food system in Albany County, Wyoming.

**FLV Shares Volunteer:** Participate in helping to increase food access and equality in Wyoming.
- **Occurrence:** Weekly
- **Minimum Age:** 16
- **Minimum Age w/Adult:** 10
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**FLV Garden Volunteer:** Spend time outdoors working in various garden settings.
- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**FLV Craft and Construction Volunteer:** Enjoy creating, painting, and sign making with different tools for public displays.
- **Occurrence:** Flexible
- **Minimum Age:** 16
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Contact:** Lori Kempter
2950 Spruce Dr.
Cheyenne, WY 82001
lorikempter@hotmail.com
(307) 772-8870

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**Family Promise of Cheyenne**

The mission of Family Promise of Cheyenne is to provide homeless families with emergency and on-going shelter, meals, and supportive services through a unique partnership with various local faith communities.

**Donation Processing:** Intake and sort community donations (housewares, hygiene products, etc.).
- **Occurrence:** Flexible
- **Minimum Age:** 15
- **Minimum Age w/Adult:** 10
- **Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

**Misc. Volunteer:** Multiple volunteer opportunities available. Call for information.
- **Occurrence:** Flexible
- **Minimum Age:** 15
- **Minimum Age w/Adult:** 5
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Contact:** Lina Dunning
968 N. 9th St
Laramie, WY 82072
Info@feedinglaramievalley.org
(307) 223-4399

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**COMEA**

SHELTERING THE JOURNEY HOME.
The Victim Witness Program at the Laramie County District Attorney’s Office strives to ensure a victim of, or a witness to a crime is treated with dignity and compassion and is informed about their case.

Victim Witness Assistant: Work with victim’s of all crime. This includes phone calls, in person meetings and court appearances.
Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+

Contact: Mellissa Walls
310 W. 19th St., Ste. 200
Cheyenne, WY 82002
mellissa@da.co.laramie.wy.us
(307) 633-4361

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Girl Program Manager: Lead a troop, plan fun and educational activities, and guide a girl’s future.
Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Program Coordinator: Plan a one time event or event series for multiple troops to participate in.
Occurrence: Flexible
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Contact: Andrea Percy
428 S. Durbin St., Ste. 102
Casper, WY 82601
andreap@gsmw.org
800-736-5243

The mission of Goodwill Industries of Wyoming is to help people with disabilities and other disadvantages reach their goals and improve their quality of life through learning and the power of work.

Store Assistant: Assist with donated items to proper areas of the sales floor as needed. Also, clean and organize sales floor fixtures.
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 14
Good For: Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Christy Wyler
3301 E. Nationway
Cheyenne, WY 82001
christy.wyler@goodwillwy.org
(307) 459-4879

Grace For 2 Brothers Foundation is dedicated to the advocacy of suicide prevention through awareness and education as well as providing support for survivors of suicide loss.

Graphic Design: Design posters, t-shirts, magnets, and other promotional materials.
Occurrence: Flexible
Minimum Age: 14
Minimum Age w/Adult: 10
Good For: Youth, Adults 18+

Administrative Assistant: Answer phones, take messages, water plants, put away resources, stamp Grace library books, make copies for trainings, and other miscellaneous tasks.
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 12
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Contact: Andrea Percy
428 S. Durbin St., Ste. 102
Casper, WY 82601
andreap@gsmw.org
800-736-5243

To provide children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.

Adult Volunteer: Spend one to one time with a child building a positive mentoring relationship based on similar interests and personalities. Time spent is flexible based on the schedule of the child and volunteer.
Occurrence: Monthly
Minimum Age: 16
Good For: Adults 18+, Older Adults 55+

Contact: Catherine Fuller
1603 Capitol Ave., Ste. 510
Cheyenne, WY 82001
catherine@wyobbbs.org
(307) 514-3383

To show God’s love by bringing people together to build homes, hope, and communities.

ReStore Volunteer: Assist donors and customers and process donations. Customer service is a must!
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 14
Good For: Disabled, Group, Adults 18+, Older Adults 55+, RSVP

Build Season Volunteer: Help build a Habitat home, following instruction from construction supervisor.
Occurrence: Annually (May-Aug.)
Minimum Age: 18
Good For: Group, Adults 18+, Older Adults 55+, RSVP

Contact: Rhianna Brand
1607 Capitol Ave. #330
Cheyenne, WY 82001
admin@gracefor2brothers.com
(307) 256-3344
Housing Authority of the City of Cheyenne, RSVP

Through RSVP volunteers provide their time, talents, experience and skills to agencies while at the same time their lives are enriched by learning fresh skills, meeting new people and staying active in the community.

RSVP Volunteer: Provide time, talents, experience and skills to local agencies while also enriching your life.
Occurrence: Flexible
Minimum Age: 55
Good For: Older Adults 55+
Contact: Wendy Govig
2101 Thomas Ave.
Cheyenne, WY 82009
rsvp_wgovig@vcn.com
(307) 635-2435

Julie’s Career Closet

Women empowering women. We provide professional clothing at no cost to the women of Laramie County.

Fitting Volunteer: Seeking long-term volunteers for direct services, such as clothing fittings.
Occurrence: Weekly
Minimum Age: 21
Good For: Adults 18+
Contact: Angie Beveridge
100 W. 4th St.
Cheyenne, WY 82001
angbeveridge@hotmail.com
(307) 631-5182

K9s 4 Mobility, Inc.

Dedicated to enriching the lives of others through the training, placement and support of Assistance Dog Partnerships.

Kennel Assistant: Clean dog kennels inside and outside. Wash water buckets, crates and beds. Sweep and mop floors. Pick up toys and dog waste in the outside yard.
Occurrence: Weekly
Minimum Age: 15
Minimum Age w/Adult: 12
Good For: Youth, Adults 18+, Family
Contact: Michelle Woerner
11805 Campstool Rd.
Cheyenne, WY 82007
mwoerner@k9s4mobility.org
(307) 222-9597

Laramie County 4-H

The primary goal of 4-H is to assist youth in developing life skills that help them live productive and satisfying lives.

4-H Volunteer: Guide 4-H youth in club and project work through the 4-H program.
Occurrence: Monthly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+
Contact: Becky Brix
1400 E. College Dr.
Pathfinder Rm 406D
Cheyenne, WY 82007
laramiecounty@uwyo.edu
(307) 633-4383

Laramie County Fire District #2

LCFD#2 exists to protect life, home, and property by providing fire suppression, rescue, medical assistance, and public education with proficient well-trained, caring, and compassionate personnel.

Firefighter: Seeking volunteer firefighters for this fall’s recruit academy. Visit www.lcfd2.net for more info
Occurrence: Flexible (Fall academy applications due by Aug. 24th)
Minimum Age: 18
Good For: Adults 18+
Contact: Paul Krix
5800 N. College Dr.
Cheyenne, WY 82009
pkrix@lcfd2.net
(307) 632-5400

Laramie County Library Foundation

The Foundation calls upon private support to assist the Laramie County Library System in serving all people of Laramie County in their quest for lifelong learning and adventure.

Foundation Community Volunteers: Experienced volunteer support needed for Foundation activities including administration, fundraising and special events.
Occurrence: Weekly
Minimum Age: 21
Good For: Adults 18+, Older Adults 55+
Contact: Bruce Thomson
2200 Pioneer Ave.
Cheyenne, WY 82001-3610
Foundation@LCLSonline.org
(307) 773-7221
**Laramie County Library System**

To encourage lifelong learning and adventure for residents of Laramie County.

**Youth Volunteer:** Help with youth programs, program preparation, cleaning, and more!  
Occurrence: Weekly  
Minimum Age: 12  
Good For: Youth, Adults 18+, Older Adults 55+, Family, RSVP

**Maintenance Volunteer:** Pull weeds, wash vehicles, vacuum halls, & clean materials. With 100,000+ square feet to our building, the Laramie County Library needs a lot of help with upkeep and maintenance!  
Occurrence: Weekly  
Minimum Age: 12  
Good For: Youth, Adults 18+, Older Adults 55+, Family, RSVP

**Special Events Volunteer:** Assist with set up and break down and/or facilitate crafts, games, and more. If you’re interested in an event, we can find you a task!  
Occurrence: Weekly  
Minimum Age: 12  
Good For: Youth, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Anna McClure  
2200 Pioneer Ave.  
Cheyenne, WY 82001  
VolCoor@lclsonline.org  
(307) 773-7224

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**LifeChoice Pregnancy Care Center**

LifeChoice exists to honor Jesus Christ by eliminating the perceived need for abortion and empowering a woman in her right to choose life.

**Receptionist:** Help welcome guests, offer water, and sit in the waiting area with them until called for appointment.  
Occurrence: Weekly  
Minimum Age: 18  
Good For: Adults 18+

**Event Support:** Assist with special fundraising events.  
Occurrence: Flexible  
Minimum Age: 18  
Minimum Age w/Adult: 14  
Good For: Adults 18+

**Cleaning Volunteer:** Help keep our space clean and tidy.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Adults 18+

**Contact:** Gloria Davies  
623 W. 20th St.  
Cheyenne, WY 82003  
gdavies@lifechoicepcc.org  
(307) 632-6323

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**Make-A-Wish Wyoming**

Together, we create life-changing wishes for children with critical illnesses.

**Wish Granting Volunteer:** Work closely with local families in many aspects of the wish process, including helping explore the heart of the child’s wish, assisting families with paperwork questions when needed and celebrating wish milestones along the way.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Adults 18+, Older Adults 55+, Family, RSVP

**Special Event Volunteer:** Help with the array of events Make-A-Wish Wyoming is involved with each year, from our Tour de Wish bike/run/walk series to our Stories of Light gala.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Mandy Burton  
236 W. 1st St.  
Casper, WY 82601  
mburton@wyoming.wish.org  
(307) 234-9474

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**Legal Aid of Wyoming Inc.**

A statewide nonprofit organization providing quality civil legal services to eligible people to facilitate and encourage a just legal system.

**Office Assistant:** Help with basic filing, answering of phones, running court documents, cleaning and organization.  
Occurrence: Flexible  
Minimum Age: 16  
Good For: Youth, Disabled, Adults 18+, Older Adults 55+

**Contact:** Connie Lackey  
1813 Carey Ave.  
Cheyenne, WY 82001  
connie@lawyoming.org  
(307) 432-0807

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**Meals on Wheels of Cheyenne**

Meals on Wheels is a non-profit corporation that provides nutritious meals to elderly, disabled, ill, and frail persons in order to allow them to remain in their homes.

**Volunteer Meal Delivery Driver:** Deliver meals using personal vehicle and fuel. Mon - Fri. Daily, weekly, monthly or as available.  
Occurrence: Annually  
Minimum Age: 17  
Minimum Age w/Adult: Any  
Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

**Kitchen Helper:** Help with food preparation: chopping, wrapping, serving, cleaning etc.  
Occurrence: Weekly  
Minimum Age: 14  
Minimum Age w/Adult: 12  
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Merri Burkett  
2015 S. Greeley Highway  
Cheyenne, WY 82007  
volunteer@mealsonwheelsofcheyenne.com  
(307) 635-5542 ext. 104

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**LifeChoice Pregnancy Care**

LifeChoice exists to honor Jesus Christ by eliminating the perceived need for abortion and empowering a woman in her right to choose life.

**Receptionist:** Help welcome guests, offer water, and sit in the waiting area with them until called for appointment.  
Occurrence: Weekly  
Minimum Age: 18  
Good For: Adults 18+

**Event Support:** Assist with special fundraising events.  
Occurrence: Flexible  
Minimum Age: 18  
Minimum Age w/Adult: 14  
Good For: Adults 18+

**Cleaning Volunteer:** Help keep our space clean and tidy.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Adults 18+

**Contact:** Gloria Davies  
623 W. 20th St.  
Cheyenne, WY 82003  
gdavies@lifechoicepcc.org  
(307) 632-6323

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**Legal Aid of Wyoming Inc.**

A statewide nonprofit organization providing quality civil legal services to eligible people to facilitate and encourage a just legal system.

**Office Assistant:** Help with basic filing, answering of phones, running court documents, cleaning and organization.  
Occurrence: Flexible  
Minimum Age: 16  
Good For: Youth, Disabled, Adults 18+, Older Adults 55+

**Contact:** Connie Lackey  
1813 Carey Ave.  
Cheyenne, WY 82001  
connie@lawyoming.org  
(307) 432-0807

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**Make-A-Wish Wyoming**

Together, we create life-changing wishes for children with critical illnesses.

**Wish Granting Volunteer:** Work closely with local families in many aspects of the wish process, including helping explore the heart of the child’s wish, assisting families with paperwork questions when needed and celebrating wish milestones along the way.  
Occurrence: Flexible  
Minimum Age: 18  
Good For: Adults 18+, Older Adults 55+, Family, RSVP

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**Mart (Thrift Store) Volunteer:** Mart (Thrift Store) Volunteer (Donations Management, Food Prep/Delivery):  
Occurrence: Weekly  
Minimum Age: 14  
Minimum Age w/Adult: 12  
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Merri Burkett  
2015 S. Greeley Highway  
Cheyenne, WY 82007  
volunteer@mealsonwheelsofcheyenne.com  
(307) 635-5542 ext. 104
**Team Mentoring:** Mentoring a youth together, for 3 hours a week for a 1 year commitment.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 13  
**Good for:** Adults 18+, Older Adults 55+  
**Contact:** Jan Spires  
1328 Talbot Ct.  
Cheyenne, WY 82001  
oya@cheyennecity.org  
(307) 637-6480

**Recover Wyoming**

*Recover Wyoming advocates for and assists persons seeking or in recovery from substance use disorders.*

**Fundraiser Volunteers:** Assist with our Annual Fundraiser by helping us set up the Sept. event.  
**Occurrence:** Annually (Sept. 24, 2018)  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 12  
**Good For:** Group, Adults 18+, Older Adults 55+  
**Contact:** Laura Griffith  
122 W. Lincolnway  
Cheyenne, WY 82001  
laura.griffith@recoverwyoming.org  
(307) 421-2336

**Special Friends Mentor:** Mentor youth one-on-one, 3 hours a week for a 1 year commitment.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 13  
**Good for:** Adults 18+, Older Adults 55+  
**Contact:** Barbara L. Fecht  
900 Central Ave.  
Cheyenne, WY 82007  
bfecht@needsinc.org  
(307) 632-4132

**Pantry Assistant:** Assist with making food boxes for clients, stocking pantry shelves, intake of food donations.  
**Occurrence:** Flexible  
**Minimum Age:** 16  
**Minimum Age w/Adult:** 10  
**Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP  
**Contact:** Barbara L. Fecht  
900 Central Ave.  
Cheyenne, WY 82007  
bfecht@needsinc.org  
(307) 632-4132

**Administrative Volunteer:** Provide daily office help such as, mailings, phone calls, data entry, etc.  
**Occurrence:** Weekly  
**Minimum Age:** 16  
**Good for:** All  
**Contact:** Amber McDaniel  
2112 Evans Ave.  
Cheyenne, WY 82001  
amber.mcDaniel@nmss.org  
(307) 433-9591

**General Volunteer:** Help on our preserves, assist at service events, and other projects as necessary. Contact the area office for specific info.  
**Occurrence:** Flexible  
**Minimum Age:** 18  
**Good for:** Adults 18+  
**Contact:** Brent Lathrop  
109 E. 17th St., Ste. 211  
Cheyenne, WY 82001  
blathrop@tnc.org  
(307) 432-4055

**The Office of Youth Alternatives**

*To create and support one-to-one mentoring relationships between positive role models and youth facing challenges in their personal, social, and academic lives. Learn more at www.youthalternatives.net*

**Special Friends Mentor:** Mentor youth one-on-one, 3 hours a week for a 1 year commitment.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 13  
**Good for:** Adults 18+, Older Adults 55+  
**Contact:** Brent Lathrop  
109 E. 17th St., Ste. 211  
Cheyenne, WY 82001  
blathrop@tnc.org  
(307) 432-4055

**Court Mentoring:** Mentor youth one-on-one, 2-3 hours a week for the Court duration.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good for:** Adults 18+, Older Adults 55+  
**Contact:** Brent Lathrop  
109 E. 17th St., Ste. 211  
Cheyenne, WY 82001  
blathrop@tnc.org  
(307) 432-4055

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www.servewyoming.org

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**People affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever.**

**WY Bike MS Volunteer:** Serve on planning committees, calls past participants, and provide overall support at the event.  
**Occurrence:** Monthly  
**Minimum Age:** 12  
**Good for:** All

**Walk Event Committee Volunteer:** Help plan walk events in Green River, Thermopolis, Laramie, Casper, and Cheyenne.  
**Occurrence:** Monthly  
**Minimum Age:** 18  
**Good For:** Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Administrative Volunteer:**  
Provide daily office help such as, mailings, phone calls, data entry, etc.  
**Occurrence:** Weekly  
**Minimum Age:** 16  
**Good for:** All  
**Contact:** Amber McDaniel  
2112 Evans Ave.  
Cheyenne, WY 82001  
amber.mcDaniel@nmss.org  
(307) 433-9591

**The Nature Conservancy**

*The mission of The Nature Conservancy is to conserve the lands and waters on which all life depends.*

**General Volunteer:** Help on our preserves, assist at service events, and other projects as necessary. Contact the area office for specific info.  
**Occurrence:** Flexible  
**Minimum Age:** 18  
**Good for:** Adults 18+  
**Contact:** Brent Lathrop  
109 E. 17th St., Ste. 211  
Cheyenne, WY 82001  
blathrop@tnc.org  
(307) 432-4055

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**Special Friends Mentor:** Mentor youth one-on-one, 3 hours a week for 1 year commitment.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 13  
**Good for:** Adults 18+, Older Adults 55+  
**Contact:** Brent Lathrop  
109 E. 17th St., Ste. 211  
Cheyenne, WY 82001  
blathrop@tnc.org  
(307) 432-4055

**Pantry Assistant:** Assist with making food boxes for clients, stocking pantry shelves, intake of food donations.  
**Occurrence:** Flexible  
**Minimum Age:** 16  
**Minimum Age w/Adult:** 10  
**Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP  
**Contact:** Barbara L. Fecht  
900 Central Ave.  
Cheyenne, WY 82007  
bfecht@needsinc.org  
(307) 632-4132

**Donation Sorting:** Sort donations (clothing, housewares, linens, etc.) to make available for clients.  
**Occurrence:** Flexible  
**Minimum Age:** 16  
**Minimum Age w/Adult:** 10  
**Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Administrative Volunteer:** Provide daily office help such as, mailings, phone calls, data entry, etc.  
**Occurrence:** Weekly  
**Minimum Age:** 16  
**Good for:** All  
**Contact:** Amber McDaniel  
2112 Evans Ave.  
Cheyenne, WY 82001  
amber.mcDaniel@nmss.org  
(307) 433-9591

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www.servewyoming.org

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**The Office of Youth Alternatives**

*To create and support one-to-one mentoring relationships between positive role models and youth facing challenges in their personal, social, and academic lives. Learn more at www.youthalternatives.net*

**Special Friends Mentor:** Mentor youth one-on-one, 3 hours a week for a 1 year commitment.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 13  
**Good for:** Adults 18+, Older Adults 55+  
**Contact:** Brent Lathrop  
109 E. 17th St., Ste. 211  
Cheyenne, WY 82001  
blathrop@tnc.org  
(307) 432-4055

**Pantry Assistant:** Assist with making food boxes for clients, stocking pantry shelves, intake of food donations.  
**Occurrence:** Flexible  
**Minimum Age:** 16  
**Minimum Age w/Adult:** 10  
**Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP  
**Contact:** Barbara L. Fecht  
900 Central Ave.  
Cheyenne, WY 82007  
bfecht@needsinc.org  
(307) 632-4132

**Donation Sorting:** Sort donations (clothing, housewares, linens, etc.) to make available for clients.  
**Occurrence:** Flexible  
**Minimum Age:** 16  
**Minimum Age w/Adult:** 10  
**Good for:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Administrative Volunteer:** Provide daily office help such as, mailings, phone calls, data entry, etc.  
**Occurrence:** Weekly  
**Minimum Age:** 16  
**Good for:** All  
**Contact:** Amber McDaniel  
2112 Evans Ave.  
Cheyenne, WY 82001  
amber.mcDaniel@nmss.org  
(307) 433-9591
An evangelical part of the universal Christian Church, with a mission to preach the gospel of Jesus Christ and meet human needs in His name without discrimination.

**Lunch Program Volunteer:** Help prepare and serve the Center's daily free hot lunch or clean up afterwards.
- **Occurrence:** Weekly
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 14
- **Good For:** Group, Adults 18+, Older Adults 55+, Family

**Cheyenne Frontier Days Cowbell Ringer:** Cowboy up with this volunteer opportunity to ring cowbells for The Salvation Army during CFD!
- **Occurrence:** Annually (July 20-29, 2018)
- **Minimum Age:** 18
- **Minimum Age w/Adult:** 14
- **Good For:** Group, Adults 18+, Family, RSVP

**The Salvation Army Community Garden Volunteer:** Help with any of the community garden tasks required to ensure the success of the garden.
- **Occurrence:** Weekly
- **Minimum Age:** 10
- **Minimum Age w/Adult:** 4
- **Good For:** Youth, Group, Family

**Safe Harbor, a Children’s Justice Center**

Provide a safe environment for children to disclose abuse, benefit from a multidisciplinary approach to the investigation of child abuse and, engage in safe parental exchange and visitation.

**General Volunteer:** Provide general services to our program as needed.
- **Occurrence:** Flexible
- **Minimum Age:** 10
- **Good For:** Youth, Group, Family

**Contact:** Lynn Huylar 2712 Thomas Ave Cheyenne, WY 82001 safeharbor6@juno.com (307) 632-1708

**Safehouse Services**

Promote the safety and well being of victims of domestic violence, sexual assault and/or stalking by providing support services and/or shelter

**Volunteer Victim Advocate:** Advocate for victims of domestic violence, sexual assault and stalking.
- **Occurrence:** Flexible
- **Minimum Age:** 18
- **Good For:** Youth, Disabled. Adults 18+, Older Adults 55+, Family

**Contact:** Carla Thurin 714 W. Fox Farm Rd. Cheyenne, WY 82003 help@wyomingsafehouse.org (307) 634-8655

**Serve Wyoming**

Improving lives and strengthening Wyoming communities through volunteerism.

**Seeking Volunteers of All Abilities:** 100's of volunteer opportunities featured on our free website. Find opportunities to suit your needs. Visit www.servewyoming.org and click on “Volunteer.”
- **Occurrence:** Weekly
- **Minimum Age:** 14
- **Minimum Age w/Adult:** 4
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Wanted: Disaster Response Volunteers:** Pre-register as a disaster response volunteer in your area so you’re prepared to help your community in the event of a disaster/emergency. Visit our website or call to sign up.
- **Occurrence:** Monthly
- **Minimum Age:** 15
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Pro Bono Volunteers:** Highly skilled professionals needed to consult nonprofits on specific, short-term projects throughout the County/State
- **Occurrence:** Monthly
- **Minimum Age:** 18
- **Good For:** Group, Adults 18+, Older Adults 55+

**Contact:** Jessica Stanbury 330 S. Center St., Ste. 317 Casper, WY 82602 jessica@servewyoming.org (307) 234-3428

**Event Help:** This position fulfills a variety of duties as needed on planting days, once in the spring and once in the fall (Sept. 22, 2018, spring date TBD).
- **Occurrence:** Flexible
- **Minimum Age:** 10
- **Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Contact:** Jason Hardy 520 W. 8th Ave. Cheyenne, WY 82001 jhardy@cheyennecity.org (307) 634-2769 ext. 5

**18 Volunteer Guide www.servewyoming.org**
**Southeast Wyoming Foster Grandparents Program**

To provide meaningful volunteer opportunities for low income older adults to serve as tutors and mentors to youth with special needs in schools and other community agencies.

**Foster Grandparent - Tutoring in Schools:** Tutor children in reading and math in a supervised elementary school setting. Minimum 15 hours/week.

**Occurrence:** Weekly (year-round opportunities)

**Minimum Age:** 55

**Good For:** Adults 55+

**Foster Grandparent - Tutoring Early Childhood Education:** Support children in early learning environments (Head Start, Stride) pre-reading and social development. 24 hours/week.

**Occurrence:** Weekly (year-round opportunities)

**Minimum Age:** 55

**Good For:** Adults 55+

**Foster Grandparent - Tutor/Mentor High School:** Mentor/encourage students in a high school setting working towards their diploma. Minimum 15 hours/week.

**Occurrence:** Weekly (year-round opportunities)

**Minimum Age:** 55

**Good For:** Adults 55+

**Contact:** Judi Johnston
510 W. 29th St.
Cheyenne, WY 82001
FGP@peakwellnesscenter.org
(307) 634-1265

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**Strong Families Strong Wyoming**

The program works to help teens build better relationships and better futures for a stronger Wyoming.

**Special Events Volunteer:** Help the organization with special projects and events throughout the year.

**Occurrence:** Monthly

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

**Contact:** Jackie Parker
1950 Bluegrass Ct., Ste. 260
Cheyenne, WY 82009
info@sfsw.org
(307) 514-4450

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**Wyoming Coalition for the Homeless/The Welcome Mat**

A day shelter serving homeless men, women and children in Cheyenne.

**Project Assistance:** Organize clothing closet, check in clients, and other projects as needed.

**Occurrence:** Flexible

**Minimum Age:** 15

**Minimum Age w/Adult:** 10

**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Grant Writer:** Direct grant writing proposals for the organization.

**Occurrence:** Flexible

**Minimum Age:** 18

**Good For:** Adults 18+, RSVP

**Contact:** Rachel Bennett
907 Campbell Ave.
Cheyenne, WY 82001
wyomingcoalitionforthehomeless@gmail.com
(307) 634-8499

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**Empowering Wyoming working families to achieve successful home ownership.**

**Family Mentor and Advocate:** Work with potential and current homeowners to offer advice on home maintenance and repair, as well as other areas in which the volunteer has expertise.

**Occurrence:** Monthly

**Minimum Age:** 18

**Good For:** Adults 18+, Older Adults 55+

**Community Events and Fundraising:** Assist with planning or staffing a community event or fundraising activity.

**Occurrence:** Monthly

**Minimum Age:** 14

**Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family

**Board Member:** Assist with major decisions regarding policies and the overall mission and direction of the program.

**Occurrence:** Monthly

**Minimum Age:** 18

**Good For:** Adults 18+

**Contact:** Brenda Birkle
821 W. Pershing Blvd.
Cheyenne, WY 82003
kristen-erin@myfrontdoor.org
(307) 514-5831

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**Foster Grandparent - Tutoring in Schools:** Tutor children in reading and math in a supervised elementary school setting. Minimum 15 hours/week.

**Occurrence:** Weekly (year-round opportunities)

**Minimum Age:** 55

**Good For:** Adults 55+

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**Project Assistance:** Organize clothing closet, check in clients, and other projects as needed.

**Occurrence:** Flexible

**Minimum Age:** 15

**Minimum Age w/Adult:** 10

**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

**Grant Writer:** Direct grant writing proposals for the organization.

**Occurrence:** Flexible

**Minimum Age:** 18

**Good For:** Adults 18+, RSVP

**Contact:** Rachel Bennett
907 Campbell Ave.
Cheyenne, WY 82001
wyomingcoalitionforthehomeless@gmail.com
(307) 634-8499

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**Foster Grandparent - Tutoring Early Childhood Education:** Support children in early learning environments (Head Start, Stride) pre-reading and social development. 24 hours/week.

**Occurrence:** Weekly (year-round opportunities)

**Minimum Age:** 55

**Good For:** Adults 55+

**Contact:** Jackie Parker
1950 Bluegrass Ct., Ste. 260
Cheyenne, WY 82009
info@sfsw.org
(307) 514-4450

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**Foster Grandparent - Tutor/Mentor High School:** Mentor/encourage students in a high school setting working towards their diploma. Minimum 15 hours/week.

**Occurrence:** Weekly (year-round opportunities)

**Minimum Age:** 55

**Good For:** Adults 55+

**Contact:** Judi Johnston
510 W. 29th St.
Cheyenne, WY 82001
FGP@peakwellnesscenter.org
(307) 634-1265
**Wyoming Senior Citizens, Inc.**

A private, nonprofit organization whose purpose is to meet the needs of Wyoming’s older residents and help them maintain their independence.

**Senior Companions:** Provide free in-home independent living assistance to frail, elderly or disabled adults 21+.  
**Occurrence:** Weekly  
**Minimum Age:** 55  
**Good For:** Older Adults 55+

**Wyoming State Health Insurance Information Program:** Provide free one-on-one counseling services to decipher Medicare, Medicaid, and Medigap coverage.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Adults 18+

**Senior Medicare Patrol Program:** Educate beneficiaries on potential Medicare fraud, waste, and abuse.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Adults 18+

**Wyoming State Parks, Historic Sites & Trails**

**Protect and enhance the natural and cultural environment by providing enjoyable, educational and inspiring experiences for present and future generations.**

**Camp Host:** Receive free camping space with hookups in exchange for volunteer service. Two month minimum commitment is required, 24 hours/week per person.  
**Occurrence:** Annually (May 15-Sept. 15)  
**Minimum Age:** 18  
**Good For:** Older Adults 55+

**Historic Governors’ Mansion Volunteer:** Opportunities exist for those with an interest in special events, exhibits, and collections.  
**Occurrence:** Monthly  
**Minimum Age:** 16  
**Good For:** Group, Adults 18+, Older Adults 55+

**Curt Gowdy State Park Visitor Center:** Orient visitors to the park and surrounding area. Sell permits and provide excellent customer service.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Disabled, Group, Adults 18+, Older Adults 55+

**Contact:** Ashley Rooney  
2301 Central Ave., 4th Floor  
Cheyenne, WY 82002  
ashley.rooney@wyo.gov  
(307) 777-6560

**Wyoming State Museum Volunteers, Inc.**

Support the Wyoming State Museum in fulfilling its state wide role to collect, care for, exhibit, interpret its collections, and educate the public on Wyoming’s History.

**Museum Front Desk Assistant:** This individual will greet the public when visitors enter the Museum Lobby.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 12  
**Good For:** Disabled, Adults 18+, Older Adults 55+, RSVP

**Collections Assistant:** This individual assists in tasks assigned by the collections staff. Work is primarily directed toward computer data entry.  
**Occurrence:** Weekly  
**Minimum Age:** 18  
**Good For:** Adults 18+, RSVP

**Education Program Assistant:** This individual will assist the Curator of Education with the preparation for and delivery of education programs offered by the Wyoming State Museum.  
**Occurrence:** Monthly  
**Minimum Age:** 16  
**Minimum Age w/Adult:** 12  
**Good For:** Youth, Disabled, Adults 18+

**Contact:** Cathy Carlisle  
3120 Old Faithful Rd., Ste. 200  
Cheyenne, WY 82001  
wshiipchy@wyoming.com  
(307) 634-1010

**Zonta Club of Cheyenne**

Zonta works to empower women locally and worldwide through service and advocacy, focusing on improving their legal, political, economic, health, educational, and professional status.

**Member:** In addition to regular Member duties, participate in various community service and human trafficking awareness activities.  
**Occurrence:** Flexible  
**Minimum Age:** 18  
**Good For:** Adults 18+, Older Adults 55+

**Z Club Member:** Join the organization at Triumph High School seeking to improve the status of women.  
**Occurrence:** Flexible  
**Minimum Age:** 14  
**Good For:** Youth

**Human Trafficking Awareness and Prevention Campaign:** Assist Zonta in their community activities to raise awareness about human trafficking.  
**Occurrence:** Flexible  
**Minimum Age:** 18  
**Minimum Age w/Adult:** 12  
**Good For:** Good For: Youth, Group, Adults 18+, Older Adults 55+

**Contact:** Kristie Wilsonz  
PO Box 2135,  
Cheyenne, WY 82003  
info@cheyennezonta.org  
(307) 509-0473

**X-JWC**

Women volunteers working for the community.

**Member:** Looking for ladies who are interested in community improvement and volunteer work. Monthly lunch meetings held the first Tuesday of each month.  
**Occurrence:** Monthly  
**Minimum Age:** 18  
**Good For:** Disabled, Adults 18+, Older Adults 55+

**Contact:** Trish Peoples  
2700 Summit Dr.  
Cheyenne, WY 82009  
(307) 637-0131
GET Pro Bono

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Awardees are granted the help of one of our pro bono volunteers who work in a variety of fields and are interested in sharing their skills with a qualified nonprofit. The pro bono volunteer will work with your nonprofit for a short-term, specific project designed to build capacity within your nonprofit.

ServeWyoming partners with many organizations doing important work in a range of issue areas. Unfortunately, our own funding limitations keep us from awarding Service Grants to all organizations that apply and our ability to match you with the services you seek is highly dependent on the availability of professional volunteers. Organizations are strongly encouraged to apply as early as possible, so we may also search for volunteers to fulfill the expertise you seek.

Please visit www.servewyoming.org and click on “Get Pro Bono” to review the grant criteria before you apply.

If you have questions regarding our grant criteria or the content of any of our Service Grants, please contact the ServeWyoming office, and we will be happy to answer your questions.

The next grant application cycle is TBD. Please check our website often for announcements.

GIVE Pro Bono

Are you looking for ways to utilize your skills to make a positive impact on your community? Apply your skills to the greater good. Join ServeWyoming’s Pro Bono Volunteer Network! This is a network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Once you have applied, you will be matched when a qualified nonprofit has been awarded a “Service Grant” that requires skills similar to your own. The pro bono volunteer works with the nonprofit on a short-term, specific project designed to build capacity within their organization.

We are continually looking for ways to expand the program and are always in need for more professional volunteers willing to donate their time and expertise to a community organization in need. Help us help the wonderful nonprofits that do so much in your counties by applying to “Give Pro Bono” today!

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro Bono” or call us at (307) 234-3438.

Emergency Response Volunteers Needed!

Are YOU ready to help your community?

MAKE A DIFFERENCE IN YOUR COMMUNITY BEFORE, DURING AND AFTER A DISASTER

A major disaster could occur at any moment and quickly overwhelm the capacity of Laramie County’s local response organizations. Recovery of our communities after a disaster is dependent on adequate resources and trained volunteers.

Spontaneous unaffiliated volunteers who show up at disaster sites, though well meaning, can slow down the response process and place themselves and others at risk.

The pre-registration of potential volunteers enhances your community’s ability to mobilize appropriate emergency response volunteers as needed to assist with an emergency response. By pre-registering with ServeWyoming, Laramie County residents will be prepared to use their valuable skills, talents and experiences when and where they are needed most.

ServeWyoming wants you to:

Get registered BEFORE a disaster strikes!

To get started, contact ServeWyoming at (307) 234-3428 or go to www.servewyoming.org

“As we all know from past events, it is important to plan ahead to ensure a rapid and successful response in times of disaster, which is why the American Red Cross supports ServeWyoming’s efforts to pre-register volunteers.”

~ Spencer Pollock
Volunteering Leads to Employment!

Research from the Corporation for National and Community Service (CNCS) provides evidence of a relationship between volunteering and finding employment. As a part of CNCS, we are happy to share this report:

The economic downturn that has plagued the United States economy over the last half decade, and certainly more recently here in Wyoming, has increased the need for pathways to employment for the millions of Americans struggling to find work. Government leaders, nonprofits, and news media have long provided anecdotal evidence that volunteering can increase employment prospects by helping job seekers learn new skills, expand their networks, and take on leadership roles. Despite this, there has been little quantitative research to date that has established an association between volunteering and finding a job.

CNCS’ research, “Volunteering as a Pathway to Employment,” provides the most compelling empirical research to date establishing an association between volunteering and employment in the United States.

**KEY FINDINGS**

- Volunteers have a 27 percent higher likelihood of finding a job after being out of work than non-volunteers
- Volunteers without a high school diploma have a 51 percent higher likelihood of finding employment
- Volunteers living in rural areas have a 55 percent higher likelihood of finding employment

CNCS also found that volunteering is associated with an increased likelihood of finding employment for all volunteers regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions.

AmeriCorps Improves Lives Though Service

I still cannot answer the question of what brought me to this state, but I can easily answer why I stayed. In 2011, I was fortunate enough to serve as an AmeriCorps member and work for the Wyoming Conservation Corps as a crew leader. During that time, I learned what it meant to be an effective leader. Years later, those eight months of service remain the most impactful months of my life. I graduated college with substantially less debt than my average classmate because of my AmeriCorps education award. In 2014, I was fortunate enough to be hired by a prestigious consulting firm. It wasn’t my two degrees or my past work experience that enticed them to call me in for an interview. It was my AmeriCorps service and time with the Wyoming Conservation Corps that inspired them to interview me and a major reason why they hired me. After two and a half years with that company, I got accepted into the Wyoming College of Law and will graduate in 2019. In addition to benefitting my education, my career, and confirming a home I love, my AmeriCorps service still benefits me, every weekend that I get to hike or bike the trails built by the members and volunteers of WCC.

I cannot convey enough the benefits of AmeriCorps programs and the foot forward in life that it gave me and so many of its members. AmeriCorps programs made this state feel like a community and I will always be proud of my alumni status and eternally grateful for the opportunities my experience continues to give me.

~ Andrea Harrington, Wyoming Conservation Corps’ AmeriCorps Alum

After graduating from the University of Washington with a B.A. in Business Administration, I found my lack of professional experience and the tanking economy left me unable to land my dream job. While job searching on the Internet, I remembered that someone had told me about a program called AmeriCorps. After checking out the AmeriCorps job listings, I stumbled upon an opportunity to work at ServeWyoming as an AmeriCorps*VISTA. Thinking of my family’s summer road trip to Yellowstone, I applied and my time as an AmeriCorps*VISTA in Wyoming would literally change my life for years to come.

Through the AmeriCorps*VISTA program, for the first time I felt like I was gaining professional work experience, learning valuable skills, and finding much needed direction regarding what I ultimately wanted to do for a career. The icing on the cake? Knowing I was truly making a difference.

AmeriCorps is and will always be an invaluable experience that provides today’s youth with real world work experience, an appreciation for community service, and a chance to experience a truly life-changing opportunity. Creating community-minded, passionate, and engaged citizens is something that every state in our country desires. In a state that is already struggling to keep its younger generations in the state, Wyoming AmeriCorps is a vital piece of the puzzle, providing unique, entry-level professional work opportunities, while attracting both local and out-of-state youth to experience the wonders of Wyoming.

~ Clinton Harper, ServeWyoming AmeriCorps VISTA Alum

My volunteer experience started at ServeWyoming. I spent my time there learning about different organizations in the Casper area and their volunteer needs. Through this experience I learned about the impact of volunteering in our community. My time at ServeWyoming introduced me to the wide range of ways I could volunteer, and I was introduced to AmeriCorps service. I was given the opportunity to be an AmeriCorps volunteer where I served a year term with Greater Wyoming Big Brothers Big Sisters. During my time at GWBBBS I was fortunate enough to get on the job training, able to network with professionals in the community, and received a $2000 education award. I will use all that I have learned through my volunteering experience in my future career as a social worker. I am happy to know that I made a difference and I’m proud to be an AmeriCorps alum. I get to be part of a great group of people with the goal of helping others and making the world a better place.

~ Kayla Smiley, Greater Wyoming Big Brother Big Sisters AmeriCorps Alum
Volunteer Wyoming!
This easy-to-use web-based platform, brought to you by ServeWyoming, matches the right donors, advocates, and volunteers with the right opportunities in your neighborhood and it’s FREE to use!

Volunteers:
• Click on “LOGIN/JOIN.”
• Fill out your volunteer profile.
• Search for volunteer needs & events based on interests, zip code, or agency.
• “Become a Fan” of your favorite organizations so you’re the first to know about new opportunities in your area.
• Receive suggestions for opportunities based on the causes you’re interested in.

Organizations:
• Click on “SIGNUP”
• Fill out your agency profile, including pictures and video.
• Start posting your Volunteer Needs and Events!
• Keep your information current so volunteers know when, where, and how to help support your cause!

To get started today, go to www.servewyoming.org and click “Volunteer”

Improving lives & strengthening Wyoming communities through volunteerism