2015 Volunteer Guide

Brought to you by these great sponsors:

Serve Wyoming

Your resource guide for volunteer opportunities in Sheridan County
ServeWyoming is Governor Matt Mead’s Commission on National and Community Service, promoting efforts among private, non-profit and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National & Community Service programs such as AmeriCorps*VISTA and Senior Corps. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human needs, healthy futures, the economy, and military/veterans.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

**AMERICORPS*STATE**—providing funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs and application process begins in the Fall of each year.

**DISABILITY INCLUSION & AWARENESS**—connecting individuals with disabilities and organizations who work with individuals with disabilities with training and volunteer opportunities.

**EMERGENCY PREPAREDNESS**—providing training to AmeriCorps programs, agencies, and the public, including special needs populations, on emergency preparedness strategies.

**PRO BONO VOLUNTEER NETWORK**—offering “Service Grants” of professional consulting services to qualified nonprofits. The Pro Bono Volunteer Initiative was established in an effort to create a network of business and social leaders interested in volunteering their services, time and money to local nonprofits.

**VOLUNTEER WYOMING**—increasing the number of and effectiveness of volunteers; provide strategies for recruiting training, placing or matching, and recognizing volunteers. The Volunteer Wyoming website www.volunteerwyoming.org is available statewide.
Dear Friends of ServeWyoming,

I believe in the power of people to bring about change where it is most needed. Sometimes the change is a simple connection an AmeriCorps member makes when they connect to others through their service. Other times, a connection through service can bring about life-long change, such as when an AmeriCorps Member mentors a child, or tutors a struggling student. The results can open doors for that child or student long into their adulthood.

Everyone who has served in a volunteer capacity knows the satisfaction it provides. Selfless acts help both the individual being served and the person serving. It also leads to employment opportunities, as was the case with Patrick Harrington. He previously served as an AmeriCorps member with the Wyoming Conservation Corp (WCC) in 2010 and 2011. This opportunity connected him to natural resource and environmental experiences while promoting leadership. WCC AmeriCorps members perform a variety of conservation and natural resource management work for our state, and ServeWyoming is honored to fund this AmeriCorps program going on its 9th year. Patrick’s experiences led him to become WCC’s Assistant Director. Patrick shares, “Through National Service I learned what it meant to be a part of a community, and how together we all become much greater than our individual selves.”

Patrick’s national service road to employment is not unique. Recent studies from the Corporation for National and Community Service found that those serving make connections and learn valuable skills. Skills that employers value and help AmeriCorps members connect to employment and succeed in their careers. The majority of AmeriCorps members come from a pool of young adults who are eager for the opportunity to serve their nation and Wyoming! The AmeriCorps members serve in tough situations for a year as mentors, tutors, environmental and disaster responders, domestic violence educators, and fight for food security in our state. All the while, these members bring energy and fresh ideas to their assignments, which is wildly impressive to say the least!

AmeriCorps provides other rewards that go beyond positive service experiences. Members earn a scholarship to reduce college costs or repay student loans. This increases economic opportunity for AmeriCorps members by encouraging post-secondary education and reducing student debt. AmeriCorps increases civic responsibility and awareness while transforming their lives for the better.

ServeWyoming believes in the power AmeriCorps service can bring not just the individual members, but also the organizations they serve with and the communities they support. As our state’s Commission on National and Community Service we see first hand how transformative AmeriCorps can be. An integral component of our mission is to effectively leverage federal funds to help address critical needs across the state. It’s a unique responsibility. We are the one entity that, by Executive Order, exists for Wyoming to access AmeriCorps funds.

The power of our organization comes through how we manage those resources be it charitable, federal or state dollars and deliver outcome-focused programming. Inside this Guide, you will find the latest on our various programs: Volunteer Wyoming, AmeriCorps, Disability Inclusion and Emergency Preparedness, including data showing our commitment to improving lives and strengthen Wyoming communities through volunteerism.

As a cornerstone of our voluntary advocacy efforts, the following Spring 2015 Volunteer Guide serves to encourage members of our community to get out and support a local organization, project, or cause. We strive to make finding your next volunteer opportunity, or even your next employee (see p. 22) as easy as possible by connecting you to the local agencies making a difference every day in our community.

That’s the beauty of service, whether it’s through AmeriCorps or general civic participation – the ability to improve lives while transforming communities through the power of our people. We appreciate your support and interest in our work and know that you, our partners, rely on us to deliver results. That responsibility is our constant driver, and we will continue our strong focus on proven approaches and program enhancements to ensure Wyoming is stronger because of service.

In Service,

Shelly McAlpin
Executive Director, ServeWyoming

www.servewyoming.org
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For more information about AmeriCorps, visit www.AmeriCorps.gov
April didn’t just bring our first glimpse of spring, it was also National Volunteer Month! While ServeWyoming believes volunteers should be celebrated every day, this important month reminds us to take the time to formally thank the many individuals that give their time and effort to organizations and causes throughout our wonderful state.

Volunteers are an integral part of the Wyoming community, providing a valuable service to our neighborhoods, schools, health facilities, and community organizations. By generously donating their time and talents to people in need, volunteers positively impact the quality of life of others and strengthen our community. Without volunteers’ selfless assistance, many organizations would not be able to continue providing the valuable services that keep our communities, our state, the country and even our world turning.

Wyoming volunteers make a positive difference in communities all around the State. According to the latest data from the Corporation for National and Community Service, more than 127,020 Wyoming residents reported serving 13.6 million hours of service for a nonprofit or community organization in 2013. This translates to more than $306.3 million in value to communities and organizations throughout Wyoming.

As our state’s governor-appointed commission for service and volunteerism, ServeWyoming strives to build a culture of citizenship, service and responsibility in Wyoming. It is our mission to improve lives and strengthen Wyoming communities through volunteerism. ServeWyoming promotes volunteering and service as a means to strengthen communities through days of service, special initiatives, and community partnerships. We also address community needs by administering AmeriCorps*State funding that allows AmeriCorps members to serve in nonprofit, community-based and educational organizations throughout Wyoming. Read more about the 2014-2015 AmeriCorps Programs ServeWyoming funded on page 4.

In 2007, ServeWyoming launched a program designed to connect potential volunteers with organizations across our state, and to measurably increase the number and effectiveness of volunteers. We call this program Volunteer Wyoming. In 2014, more than 18,000 Wyoming citizens utilized Volunteer Wyoming, resulting in more than 2,993 reported hours of service. These volunteer opportunities are generated through the Professional Volunteer Network, service events such as MLK Day and the 9/11 Day of Remembrance, and through our online matching database, www.volunteerwyoming.org. This database allows individuals to look for and respond to volunteer needs across the state while also allowing organizations to set-up agency profiles, post volunteer needs, promote community events, and even advocate for donations. In December 2014, 1,270 nonprofit agencies were active on the site, 2,657 volunteers were registered, and 408 volunteer active opportunities were posted.

Sign up as a volunteer or organization today! Go to www.servewyoming.org, click on “Volunteer Now!” and select “Login/Join” to access the system as a volunteer or as a new or an existing organization. Fill in the information fields and you will be on your way to a great volunteer connection! Volunteers, don’t forget to “Become a Fan” of your favorite nonprofit agencies. By clicking this button on an agency’s page, volunteers will be the first to know when that agency adds a new volunteer need or posts an upcoming event, donation request, etc. See our Volunteer Wyoming ad on the back of this Guide for more information and login instructions!

To all of the volunteers out there, give each other a pat on the back, a sincere ‘thank you,’ and know that you are appreciated, not just in April, but EVERY SINGLE DAY!
GET Pro Bono

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Awardees are granted the help of one of our pro bono volunteers who work in a variety of fields and are interested in sharing their skills with a qualified nonprofit. The pro bono volunteer will work with your nonprofit for a short-term, specific project designed to build capacity within your nonprofit.

ServeWyoming partners with many organizations doing important work in a range of issue areas. Counties where we are able to offer assistance include: Campbell, Laramie, Natrona, and Sheridan. Unfortunately, our own funding limitations keep us from awarding Service Grants to all organizations that apply and our ability to match you with the services you seek is highly dependent on the availability of professional volunteers. Organizations are strongly encouraged to apply as early as possible, so we may also search for volunteers to fulfill the expertise you seek.

Please visit www.servewyoming.org and click on “Get Pro Bono” to review the grant criteria before you apply. If you have questions regarding our grant criteria or the content of any of our Service Grants, please contact the ServeWyoming office, and we will be happy to answer your questions.

The next grant application cycle is TBD. Please check our website often for announcements.

GIVE Pro Bono

Are you looking for ways to utilize your skills to make a positive impact on your community? Apply your skills to the greater good. Join ServeWyoming’s Pro Bono Volunteer Network! This is a network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Once you have applied, you will be matched when a qualified nonprofit has been awarded a “Service Grant” that requires skills similar to your own. The pro bono volunteer works with the nonprofit on a short-term, specific project designed to build capacity within their organization.

We are able to offer assistance to nonprofits in Campbell, Laramie, Natrona, and Sheridan counties. We are continually looking for ways to expand the program to other counties and are always in need for more professional volunteers willing to donate their time and expertise to a community organization in need. Help us help the wonderful nonprofits that do so much in your counties by applying to Give Pro Bono today!

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro Bono” or call us at (307) 234-3428.
AARP Foundation Tax-Aide

David McClintock
d.b.mcclintock@gmail.com

1125 Airport Rd.
Sheridan, WY 82801
307-672-3276

**Mission:** AARP Foundation Tax-Aide is a free volunteer run income tax assistance and preparation service.

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Advocacy & Resource Center

Bonnie Young
bonnie@arcsheridan.org

P.O. Box 581
136 Coffeen Ave.
Sheridan, WY 82801
307-672-7471

**Mission:** The Advocacy & Resource Center exists to empower people affected by domestic violence, sexual assault and other forms of violence to realize lives of choice, safety, and freedom.

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American Cancer Society

Lindsay Kowalski
lindsay.kowalski@cancer.org

Welch Cancer Center
1585 W. 5th
Sheridan, WY 82801
307-235-0044

**Mission:** The American Cancer Society is the nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

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**Volunteer Opportunities**

**Counselor:** Provides free income tax assistance and preparation. **Occurrence:** Annually (Fall and Winter). **Minimum Age:** 18.

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**Volunteer Opportunities**

**24/7 Crisis Line Volunteer:** Crisis line volunteers respond to calls from victims of violent crime, primarily domestic violence and sexual assault. **Occurrence:** Monthly. **Minimum Age:** 19.

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**Volunteer Opportunities**

**Relay For Life Committee Member/Team Captain:** Help plan and execute the Society’s annual fundraiser in Sheridan. **Occurrence:** Monthly. **Minimum Age:** Any.

**Cancer Resource Center Volunteer:** Give cancer patients information and other support at Welch Cancer Center. **Occurrence:** Weekly. **Minimum Age:** 18.

**Look Good, Feel Better Volunteer:** Licensed cosmetologists assist cancer patients with beauty and skin care during treatment. **Occurrence:** Monthly. **Minimum Age:** 18.
Antelope Butte Foundation

Jamie Schectman
jamie@antelopebuttefoundation.org
P.O. Box 6624
504 S. Thurmond
Sheridan, WY 82801
530-386-6597

Mission: To provide accessible, affordable skiing and year-round mountain recreation and training, with a focus on youth and beginners.

Volunteer Opportunities

Antelope Butte Summer Festival Volunteer:
Antelope Butte Foundation is hosting its second annual Summer Festival. Last year 500 people participated and we expect more this year. We are looking for volunteers to assist with various duties (competitions, youth games, camp hosts, etc). Occurrence: Annually (July 17-19, 2015). Minimum Age: 21.

Big Horn Equestrian Center

Kate Hammerich
info@thebhec.org
P.O. Box 6413
Sheridan, WY 82801
307-673-0454

Mission: We provide a multi-use recreational facility for community and fundraising events.

Volunteer Opportunities

Events Assistance: Support needed for special events throughout the summer. Occurrence: Monthly. Minimum Age: 21, 10 w/adult.


CHAPS Equine Assisted Therapy

Kristen Marcus
info@chapswyo.org
PMB 201, 1590
1842 Sugarland Dr., Ste. B
Sheridan, WY 82801
307-673-6161

Mission: To provide quality equine therapies to individuals and groups in Sheridan and Johnson Counties.

Volunteer Opportunities


Barn Volunteer: Barn volunteers help with the feeding and daily care of the horses. Must be able to carry 50+ lbs. Occurrence: Weekly. Minimum Age: 16.

Mission: Child Advocacy Services of the Big Horns will advocate for children and families to promote safe, nurturing permanent homes by working with our partners, staff, board and volunteers in our community.

Volunteer Opportunities


City of Sheridan Parks Division

Steve Gage sgage@sheridanwy.net
P.O. Box 848
55 Grinell Plaza
Sheridan, WY 82801
307-675-4260

Mission: To preserve our parks, pathways, cemetery and open space, and improve our quality of life, by providing the highest quality service, upkeep, maintenance and development.

Volunteer Opportunities

Adopt a Park: Duties include maintenance, upkeep, care and development of parks, pathways and public areas. Occurrence: Weekly/Year Round. Minimum Age: 14, 10 w/adult.

Dog & Cat Shelter, Inc.

Debie Crawford dogncat@fiberpipe.net
84 E. Ridge Rd.
Sheridan, WY 82801
307-674-7694

Mission: To provide a shelter where unwanted and abandoned dogs and cats can be humanely housed until adopted to qualified homes. The shelter also cares for lost animals until they are reclaimed by their owners.

Volunteer Opportunities


Cat Socializing: Socialize & nurture cats while they await new homes: Keep cats happy by playing with and loving them, giving them laps to sit on. Occurrence: Weekly. Minimum Age: 18, 4 w/adult.

Publish Animal Videos to Petfinder and YouTube: Publish videos of adoptable animals to Petfinder & YouTube. Delete videos when animals are adopted. Occurrence: Weekly. Minimum Age: 18, 15 w/adult.
First Light Children’s Center

Betsy Tengesdal
btengesdal@firstlightsheridan.com
366 Brundage St.
Sheridan, WY 82801
307-673-0403

Mission: To provide a secure and loving program partnering with families to develop virtue, values and character, inspiring success in school and in life.

Volunteer Opportunities


Downtown Sheridan Association

Beth Holsinger
daexecdir@downtownsheridan.org
P.O. Box 13
121 S. Main St.
Sheridan, WY 82801
307-672-8881

Mission: To enhance and preserve historic downtown Sheridan to ensure economic prosperity.

Volunteer Opportunities

Third Thursday Street Fest Volunteer: DSA is looking for volunteers to join the committee and attend bimonthly committee meetings to help organize the events. The meetings run May-Sept. We also need volunteers to help for two - five hours setting up, closing streets and tearing down the event.
Occurrence: Monthly. Minimum Age: 18, 12 w/adult.

Farmers’ Market Volunteer: Help with set-up and tear down of events. Includes staging, tents, tables & chairs. Also need help closing streets and directing traffic. The set-up happens from 2pm - 4pm, with tear down at 7pm. Occurrence: Weekly (First weekend of July-First weekend of Oct.). Minimum Age: 18, 12 w/adult.

Goose Creek Polo Cup Volunteer: Volunteers need to help with tent, table & chair set-up, parking, selling event memorabilia, kids activities during the event and general clean-up as well as tearing down the tents, tables & chairs. Set-up starts at 8am, tear down is at 7pm. Occurrence: Annually (July 26, 2015). Minimum Age: 18, 12 w/adult.

Equality State Policy Center

Brianna Jones
info@equalitystate.org
P.O. Box 961
Cheyenne, WY 82003
307-472-5939

Mission: The Equality State Policy Center works for state government accountability, transparent tax policy, and for policies that help Wyoming’s working families.

Volunteer Opportunities

Graphic Designer: Help design graphic materials to be used both in print and online, including infographics, banners, etc. Occurrence: Monthly. Minimum Age: 18.
First People’s Center for Education

Charitina Fritzler
charitina.fritzler@fpcfe.org
808 Coffeen Ave.
Sheridan, WY 82801
307-673-0035

Mission: To improve and support teacher effectiveness in Native communities, because we believe America’s First Children deserve the best. Our Vision is Native American self-determination through quality education.

Habitat For Humanity of the Eastern Big Horns

Nancy Marchese
habitat@sheridanhabitat.org
P.O. Box 61961
1141 Crook St.
Sheridan, WY 82801
307-672-3848

Mission: To eliminate poverty housing from Sheridan County and make decent shelter a matter of conscience and action.

Volunteer Opportunities

Webmaster Volunteer: FPCFE is interested in finding an individual with the expertise to help us migrate our current website from Wordpress to a more user-friendly webpage program (ie. such as WIX). This will allow a non-expert/non-techy individual to update and maintain our website. Occurrence: Flexible to individual. Minimum Age: 18.

Fund Development Volunteers: We need volunteers to help explore and develop funding opportunities. Previous experience preferred. Occurrence: Flexible to individual. Minimum Age: 18.

Media Developer/Public Service Announcement (PSA): FPCFE is interested in finding an individual/organization who could create a promotional video. FPCFE does not have the equipment, funds or expertise to do so. Our goal is to upload the video on our website as a “click and play,” which will enhance our marketing and fundraising efforts and promote awareness and education about how and why FPCFE does the important work that we do. Occurrence: Flexible to individual. Minimum Age: 18.

Volunteer Opportunities


“Big” (site based): Volunteer mentor spends one hour per week at a specified location with a child. Occurrence: Weekly. Minimum Age: 16, 5 w/adult.

Volunteer Opportunities

Construction Volunteer: Habitat homes are built by a volunteer workforce. Volunteers are guided by our construction staff. Occurrence: Weekly. Minimum Age: 18, 16 w/adult.

Mission: To embrace, encourage, and empower those facing unplanned pregnancy through educational, material, social, and spiritual resources.

Volunteer Opportunities

Church Liaison: Serve as a link between Legacy and your church, communicating ministry events and updates. Occurrence: Semi-annually (Jan-Mar for baby bottle fundraisers; May and June for Walk for Life). Minimum Age: 18, 16 w/adult.


Maintenance Help: Various seasonal maintenance duties including cleaning gutters, inspecting furnace, flushing hot water heater, etc. Occurrence: Semi-annually (Fall and Spring). Minimum Age: 18, 12 w/adult.
Make-A-Wish Wyoming

Tess Kersenbrock
tkersenbrock@wyoming.wish.org
P.O. Box 273
201 E. 2nd St. Ste.27
Casper, WY 82602
307-234-9474

Mission: We grant the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Volunteer Opportunities


Mah’heo’o is On the Rez Every day Ministries (M.O.R.E.)

Ministries

Christie American Horse
moreontherezeveryday@yahoo.com
859 Bellevue Ave.
Sheridan, WY 82801
307-461-3730

Mission: A Nazarene Compassionate Ministry, M.O.R.E. Ministries seeks to encourage Native American families living on and off of the reservations in ways that will preserve dignity and cultivate hope for a joyful future. It is also our goal to encourage Christian churches on the reservations.

Volunteer Opportunities

Wyoming Coordinator: Working closely with our district Director, this volunteer would coordinate the ministry to the Wind River Indian Reservation (and possibly the Northern Cheyenne and Crow Indian Reservations). They would oversee Wyoming volunteers and the expansion of the ministry to the Wind River Reservation. Occurrence: Weekly. Minimum Age: 18.

Grant Writer: Be in charge of grant proposals and research. If successful, the volunteer position could change to a paid position. Occurrence: Weekly. Minimum Age: 18.

Donations Coordinator/Delivery: The volunteer would be in charge of soliciting donations, inventory and delivery of donations (this could involve more than one volunteer). Occurrence: Monthly. Minimum Age: 18.

Lunch Together/Soup Kitchen

Doug Goodwin
pastordoug@sheridandisciples.org
102 S. Connor
First Congregational Church
100 W. Works
Sheridan, WY 82801
307-674-6795

Mission: No one goes hungry in Sheridan County.

Volunteer Opportunities

**Volunteer Opportunities**

**Mailing Assistants:** Help to prepare and mail newsletters and fundraiser materials. Occurrence: Monthly. Minimum Age: 18, 15 w/adult.


**Internships:** Assist with various programs as needed. Occurrence: Semi-annually. Minimum Age: 18.

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**Second Chance Sheridan Cat Rescue**

Elaine Kristiansen
secondchance@sheridancatrescue.org
P.O. Box 7254
305 Broadway
Sheridan, WY 82801
307-461-9555

Mission: To welcome in special-needs cats so they may live their remaining days in dignity and peace. In doing so, we can protect them from cruelty, mistreatment, and premature death.

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**ServeWyoming**

Jessica Stanbury
jessica@servewyoming.org
229 E. 2nd St., Ste. 203
Casper, WY 82601
307-234-3428

Mission: Improving lives and strengthening Wyoming communities through volunteerism

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**Volunteer Opportunities**

**Mailing Assistants:** Help to prepare and mail newsletters and fundraiser materials. Occurrence: Monthly. Minimum Age: 18, 15 w/adult.


**Internships:** Assist with various programs as needed. Occurrence: Semi-annually. Minimum Age: 18.

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**ServeWyoming**

Jessica Stanbury
jessica@servewyoming.org
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307-234-3428

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**Volunteer Opportunities**

**Mailing Assistants:** Help to prepare and mail newsletters and fundraiser materials. Occurrence: Monthly. Minimum Age: 18, 15 w/adult.


**Internships:** Assist with various programs as needed. Occurrence: Semi-annually. Minimum Age: 18.
Sheridan County Chamber of Commerce

Dixie Johnson
dixiejohnson@sheridanwyomingchamber.org

171 N. Main St., Ste. D
Sheridan, WY 82801
307-672-2485

Mission: The proactive voice of local business, working for the promotion, protection, and prosperity of our members and community.

Volunteer Opportunities

Christmas Stroll 2015 Committee: Active member of Christmas Stroll Committee in planning and organizing the event and/or volunteering at event itself. Occurrence: Monthly during Fall months & November 27th. Minimum Age: 18.


Chamber Committee or Board Member: Become a member of one of the ongoing Chamber Committees or Apply for a Term on the Board of Directors: Ag & Natural Resources, Ambassadors, Business Retention & Expansion, Government Affairs. Must be affiliated with a Chamber member business or organization. Occurrence: Monthly. Minimum Age: 18.

Sheridan 4-H

Liz Shaffer
lshaffe1@uwyo.edu

3401 Coffeen Ave.
Sheridan, WY 82801
307-674-2980

Mission: 4-H is a positive youth development organization with numerous opportunities to help youth excel!

Volunteer Opportunities

Sheridan County 4-H Leader: Leaders work with youth through a variety of projects to promote youth leadership and growth. Occurrence: Flexible. Minimum Age: 18.

Chamber of Commerce

Mission: Maintain the collections and exhibits pertaining to the history of Sheridan County and the closely related surrounding area and communities.

Volunteer Opportunities

Collections Aide: Collections aides assist Museum Staff with tasks connected to cataloging and managing our historical collections. Occurrence: Weekly. Minimum Age: 18.


Sheridan County YMCA

Doreen Chong
dchong@sheridanymca.org

417 N. Jefferson St.
Sheridan, WY 82801
307-674-7488

Mission: The Y is dedicated to putting Christian principles into practice through programs that build healthy spirit, mind and body for all. We are committed to refusing no child membership for reasons of economic hardship.

Volunteer Opportunities

Healthy Kitchen Helper: Serve as an aide to our cook to prepare and serve healthy meals to our child care program; prepare and serve healthy snacks to general membership. Occurrence: Weekly. Minimum Age: 18.

Member Services: Greet members; ensure members have access to enter facility, provide service center support (towels, rackets, etc.). Occurrence: Weekly. Minimum Age: 18, 14 w/adult.

Weight Room Attendant: Greet members, model appropriate behavior, assist members with weight/cardio equipment orientation and usage, and clean machines. Occurrence: Weekly. Minimum Age: 18, 16 w/adult.

Sheridan Health Center

Cathi Kindt
clinic@actaccess.net

P.O. Box 682
31 E. Whitney St.
Sheridan, WY 82801
307-675-2444

Mission: To provide primary medical care to the uninsured Sheridan County adult whose household income makes it difficult to receive medical care.

Volunteer Opportunities

Board Member: Serve on the volunteer board of directors to provide governance. Term is three years. Occurrence: Monthly. Minimum Age: 18.


Sheridan County Suicide Prevention Coalition

Anne Quast
aquast@pmowyo.org

23 N. Scott St., Ste. 20
Sheridan, WY 82801
307-655-2444

Mission: To mobilize every Sheridan County resident and provide them with the tools to work together to prevent suicide and the devastation it causes.

Volunteer Opportunities


Outreach Volunteer: Help with outreach/PR to spread the Coalition’s message. We’re always looking for individuals from all sectors and backgrounds to expand our capacity. Occurrence: Monthly. Minimum Age: 18.
Volunteer Guide 2015

Sheridan High School
Interact Club

Kathleen Pilch
kathleen.pilch@scsd2.com
1056 Long Dr.
Sheridan, WY 82801
307-672-2495 ext. 2109

Mission: To provide service and promote leadership through the development of the students within the community.

Sheridan Jaycees

Billie Chapman
sheridanjaycees@gmail.com
P.O. Box 242
Sheridan, WY 82801

Mission: To provide development opportunities that empower young people to create positive change.

Sheridan Memorial Hospital

Patty Forister
pattyforister@sheridanhospital.org
1401 W. 5th St.
Sheridan, WY 82801
307-675-2620

Mission: To lead in providing and supporting excellent healthcare.

Volunteer Opportunities

High School Student Volunteers: High school students (14-18) will provide various volunteering in the Sheridan community. Occurrence: Annually. Minimum Age: 14.

Member or Volunteer: You can join our membership (must be age 18-40) or look into helping with one of our projects. Occurrence: Monthly. Minimum Age: 18, 5 w/adult.

Mail Delivery: Deliver the mail to various departments throughout the hospital. Occurrence: Weekly. Minimum Age: 21.


Sheridan Recreation District

Richard Wright
richard.wright@sheridanrecreation.com
P.O. Box 6308
1579 Thorne-Rider
Sheridan, WY 82801
307-674-6421

**Mission:** It starts in parks.

Sheridan Senior Center

Nancy McKenzie
ssccvol@fiberpipe.net
211 Smith St.
Sheridan, WY 82801
307-672-2240

**Mission:** To Celebrate, Embrace and Serve older adults for the betterment of our community!

Sheridan VA Healthcare System – Volunteer Program

Terry S. Parsley
Terry.Parsley@va.gov
1898 Fort Rd.
Sheridan, WY 82801
307-675-3023

**Mission:** To provide a structured volunteer program under the management of Department of Veterans Affairs (VA) compensated employees in cooperation with community resources to serve Veterans and their families with dignity and compassion.

Volunteer Opportunities

**Volunteer Opportunities**

**Sheridan Senior Center**

- **Home Delivered Meal Volunteer Drivers:** Volunteers needed for regular routes or as substitute drivers for weekday or weekend routes. **Occurrence:** Weekly. **Minimum Age:** 18, 1 w/adult.
- **Green Boomerang (the Senior Center’s Thrift Store):** Volunteers needed to cashier, process donations, supervise departments, assist with customer service. **Occurrence:** Weekly. **Minimum Age:** 18.
- **Dining Room Assistance:** Serve beverages, carry trays, call tables, and assist with special events. **Occurrence:** Weekly. **Minimum Age:** 18.

**Volunteer Opportunities**

**Volunteer Opportunities**

**Volunteer Opportunities**

**Volunteer Opportunities**

- **Seasonal Parks Maintenance:** Maintain ball-fields, parks, and recreation areas within the City of Sheridan (e.g. mowing, weed-eating). **Occurrence:** Weekly (May-Oct.). **Minimum Age:** 17.
- **Recreation Supervisors:** 20 hrs a week supervising sports and recreational activities. **Occurrence:** Weekly. **Minimum Age:** 21.

**Volunteer Opportunities**

- **Patient Escort Service Volunteer:** Will safely transport patients to appointments within the Medical Center. **Occurrence:** Weekly. **Minimum Age:** 16, 14 w/adult.
- **Host Desk Volunteer:** Make and provide fresh coffee for veterans in the outpatient/pharmacy waiting areas. **Occurrence:** Weekly. **Minimum Age:** 18.
- **Library Volunteer:** Accurately checks materials in/out and searches collection for overdue materials. **Occurrence:** Weekly. **Minimum Age:** 18.
The Food Group

Melissa Hubert
thefoodgroupwy@gmail.com
51 Coffeen Ave. #101-101
Sheridan, WY 82801
307-763-0850

Mission: Seeking to alleviate childhood hunger by providing food on the weekends to children in Sheridan County, Wyoming who need it.

Volunteer Opportunities

Food Sorter,Picker Upper, and Deliverer: Help pick up, sort, and deliver food to sites. Occurrence: Weekly. Minimum Age: 18, any w/adult.

Tongue River Valley Community Center

Erin Kilbride
trvcc9191@gmail.com
P.O. Box 792
411 Dayton St.
Ranchester, WY 82839
307-655-9491

Mission: To enrich community life by providing educational, social, recreational, and cultural opportunities that cultivate positive values, and good character.

Volunteer Opportunities

Youth Service Volunteer: Work with youth programs; should be energetic, compassionate, etc. Occurrence: Semi-annually. Minimum Age: 18, 15 w/adult.

Trail End State Historic Site

Cynde Georgen
cynde.georgen@wyo.gov
400 Clarendon Avenue
Sheridan, WY 82801
307-674-4589

Mission: To interpret this significant historic house and its related properties in context with regional and social history of the early 20th century, primarily 1913-1933.

Volunteer Opportunities

Grounds Assistant: Assist groundskeeper with caring for historic gardens and grounds. Some knowledge of plants is preferred. Occurrence: Weekly. Minimum Age: 16, 12 w/Adult.

Wyoming Senior Citizens, Inc.

Jim Kauffman
kauffman@wyoming.com
951 Werner Ct. #295
Casper, WY 82601
307-235-5959

Mission: Help people remain independent. We also give people a tax-free stipend for helping others with tasks that might be difficult to do.

Volunteer Opportunities

Volunteer Coordinator: Help Wyoming Senior Citizens Inc. volunteers be as effective as possible in Sheridan.

Box Office Volunteer: This volunteer will take tickets at events, usher, sell concessions, and help with bulk mail.
Occurrence: Monthly. Minimum Age: 18, 12 w/adult.

WYO Theater

Carlyn King
business@wyotheater.com
P.O. Box 528
42 N. Main
Sheridan, WY 82801
307-672-9083 ext. 101

Mission: To inspire, educate and entertain.

Volunteer Opportunities

Box Office Volunteer: This volunteer will take tickets at events, usher, sell concessions, and help with bulk mail.
Occurrence: Monthly. Minimum Age: 18, 12 w/adult.

Volunteer Coordinator: Help Wyoming Senior Citizens Inc. volunteers be as effective as possible in Sheridan.
Emergency Response
Volunteers Needed!!

Are you ready to help your community?

MAKE A DIFFERENCE IN YOUR COMMUNITY BEFORE, DURING, AND AFTER A DISASTER

A major disaster could occur at any moment and quickly overwhelm the capacity of Sheridan County’s local response organizations. Recovery of our communities after a disaster is dependent on adequate resources and trained volunteers.

Spontaneous unaffiliated volunteers who show up at disaster sites, though well meaning, can slow down the response process and place themselves and others at risk.

The pre-registration of potential volunteers enhances your community’s ability to mobilize appropriate emergency response volunteers as needed to assist with an emergency response. By pre-registering with ServeWyoming, Sheridan County residents will be prepared to use their valuable skills, talents and experiences when and where they are needed most.

ServeWyoming wants you to:

Get registered BEFORE a disaster strikes!

To get started, contact ServeWyoming at (307) 234-3428 or go to www.servewyoming.org.
Need Good Employees?
Hire a National Service Member!

National service develops essential skills that make AmeriCorps and Peace Corps alumni assets for organizations and companies seeking high-quality employees. National service alumni are strong leaders who are motivated, flexible, innovative, and outcome-oriented. They learn quickly and work well on diverse teams.

AmeriCorps and Peace Corps alumni know how to mobilize others to tackle some of the most pressing challenges facing our nation and our world. On a survey at the conclusion of their service, more than three-quarters of AmeriCorps members felt they gained an understanding of the solutions to the challenges faced by communities where they served and that AmeriCorps would improve their performance at a future job.

“If you’re an employer who wants to hire talented, dedicated, patriotic, skilled, tireless, energetic workers, look to AmeriCorps, look to the Peace Corps... Citizens who perform national service are special. You want them on your team.”

— President Obama

To learn more about National Service, visit http://www.nationalservice.gov.
Volunteer Tips

- **Spend time researching volunteer opportunities!** Try to find a good match between your interests, the amount of time you are willing to volunteer and the organizations that address issues you care about.

- **Choose your level of involvement!** You can choose to be involved at a variety of levels, from short-term episodic projects to longer-term skills-based opportunities such as serving on a board of directors.

- **Start with what you know!** Are you passionate about the work of a specific organization and want to help them achieve their mission? Do you like leading, coaching or mentoring others? Have you been volunteering a long time and seek more responsibility? Answering these questions can help you determine where and how you want to volunteer.

- **Challenge yourself to continually try new things!** Not only does it make life more interesting, but it allows you to add more skills to your repertoire. Ever wondered what it would be like to search for fossils and go on digs? Get in touch with your museum. Always wanted to see what it’s like to be in the limelight? Talk to your local community theater. Are you a huge soccer fan? Be a coach. The possibilities are endless!

- **Volunteer from home (or work):** You don’t have to go to a specific place to volunteer. You can collect food, clothing or pennies and donate them to an organization. Organizing a project for your neighborhood, workplace or family is a flexible way to benefit a nonprofit of your choice.

- **Looking to make some new friends and new connections?** Volunteering is a great way for you to meet new people, find like minded individuals, and get more connected with your community.

- **Volunteer as a group.** Do you want to build a greater sense of teamwork and strengthen relationships? Talk with the volunteer coordinator at an organization about volunteering with your friends and coworkers. Volunteering together is a great way to build team unity!

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**Want your community business to be featured HERE next year?**

Reach over 10,000 households, inform readers about all the great things you are doing to pay it forward, and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction, and quality of life among all Sheridan-area residents.

Contact ServeWyoming at (307) 234-3428 or shelly@servewyoming.org for more information about sponsorship opportunities!
DO YOU KNOW THE ONE PLACE YOU CAN GO TO LEARN HOW YOU CAN BE ACTIVE IN THE COMMUNITY?

VOLUNTEER WYOMING!
This easy-to-use web-based platform, brought to you by ServeWyoming, matches the right donors, advocates, and volunteers with the right opportunities in your neighborhood and it’s FREE to use!

VOLUNTEERS:
• Click on “LOGIN/JOIN.”
• Fill out your volunteer profile.
• Search for volunteer needs & events based on interests, zip code, or agency.
• “Become a Fan” of your favorite organizations so you’re the first to know about new opportunities in your area!

ORGANIZATIONS:
• Click on “AGENCY SIGNUP.”
• Fill out your agency profile, including pictures and video.
• Submit the information and start posting your Volunteer Needs and Events!
• Keep your information current so volunteers know when, where, and how to help support your cause!

To get started today, go to www.servewyoming.org and click “Volunteer Now!”

Brought to you by these great sponsors: