VOLUNTEER WYOMING

2014 INAUGURAL EDITION

CELEBRATION
ServeWyoming’s 10 year anniversary

VETERANS
Welcome at Serve Wyoming

AmeriCorps turns 20!

YOUR RESOURCE GUIDE FOR VOLUNTEER OPPORTUNITIES IN LARAMIE COUNTY
Serve Wyoming

MISSION
Improving lives and strengthening Wyoming communities through volunteerism.

CONTACT
• WE CAN HELP your organization.
• YOU CAN SERVE in AmeriCorps.
• SEARCH AND POST volunteer opportunities.
• GET HANDS-ON with any of our projects.

COMMISSION MEMBERS
Melissa Bartley, Ex-Officio, Cheyenne
Amy Busch, Ex-Officio, Cheyenne
Mindi Crabb, Pinedale
Jennifer Crowe, Banner
Ron Cunningham, Lander
Anna Edwards, Casper
Cody Friedlan, Immediate Past Chair, Gillette
Travis Jordan, Washington D.C.
Brandon Kosine, Chair, Casper
Gerry Maas, Laramie
Nancy McKenzie, Sheridan
Maurice Morton, Treasurer, Casper
Spencer Pollock, Cheyenne
Stephanie Pyle, Ex-Officio, Cheyenne
Linda Roosa, Green River
Mary Rosenberg, Treasurer, Riverton
Molly Spangler, Cheyenne
Gus Stonum, Vice Chair, Laramie
Dean Welch, Casper
Zoe White, Secretary, Pinedale

STAFF MEMBERS:
Shelly McAlpin
Executive Director

Nuriéh Glasgow
Program and Training Officer

Jessica Stanbury
Program Coordinator
ServeWyoming promotes collaborative efforts among private, non-profit and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National & Community Service programs such as AmeriCorps*VISTA, Senior Corps and NCCC. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human needs, and homeland security.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

**AMERICORPS*STATE**
Providing funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs and application process begins in the Fall of each year.

**DISABILITY INCLUSION & AWARENESS**
Serve as a resource to promote inclusion in volunteerism.

**EMERGENCY PREPAREDNESS**
Serve as a neutral convener to mobilize and train volunteers in the time of an emergency or disaster.

**PARTNERSHIP BUILDING**
Develop investments and partnerships to sustain ServeWyoming and the programs we support.

**PRO BONO VOLUNTEER NETWORK**
Increase nonprofit capacity through the engagement of highly skilled volunteers.

**PROFESSIONAL DEVELOPMENT & TRAINING**
Increase grantee capacity and statewide awareness of national service through professional development, training and technical assistance, member development, and outreach.

**VOLUNTEER WYOMING**
Serve as a resource to our communities and increase the number and effectiveness of volunteers in Wyoming.

## INDEX

<table>
<thead>
<tr>
<th>Opp. Type</th>
<th>Page #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration/Organizational Support</td>
<td>9, 11, 12, 13, 14, 15, 16, 17, 18, 19</td>
</tr>
<tr>
<td>Advocacy</td>
<td>8, 9, 11, 12, 13, 17, 18, 19</td>
</tr>
<tr>
<td>Animal Science</td>
<td>9, 10, 14, 17</td>
</tr>
<tr>
<td>Art/Culture</td>
<td>8, 10, 11, 14, 19</td>
</tr>
<tr>
<td>Board/Committee Members</td>
<td>9, 12, 13, 16, 17, 18, 19</td>
</tr>
<tr>
<td>Childcare</td>
<td>14, 15, 17</td>
</tr>
<tr>
<td>Civic Participation</td>
<td>8, 11, 17, 18, 19</td>
</tr>
<tr>
<td>Communications/Marketing</td>
<td>15, 17, 19</td>
</tr>
<tr>
<td>Construction/Home and Lawn Maintenance</td>
<td>10, 11, 13, 14, 17, 18, 19</td>
</tr>
<tr>
<td>Counseling Information Support</td>
<td>8, 14, 17, 18</td>
</tr>
<tr>
<td>Customer Service</td>
<td>8, 11, 12, 13, 14, 15, 16, 17, 19</td>
</tr>
<tr>
<td>Disaster/Emergency Services</td>
<td>8, 9, 17</td>
</tr>
<tr>
<td>Donations Management</td>
<td>8, 11, 12, 14, 15, 16, 17</td>
</tr>
<tr>
<td>Education</td>
<td>8, 11, 13, 14, 15, 17, 18, 19</td>
</tr>
<tr>
<td>Environmental</td>
<td>13, 17, 19</td>
</tr>
<tr>
<td>Faith Based</td>
<td>13, 17, 18</td>
</tr>
<tr>
<td>Family Services</td>
<td>9, 13, 14, 17, 18</td>
</tr>
<tr>
<td>Food Prep/Delivery</td>
<td>11, 12, 15, 16, 17, 18</td>
</tr>
<tr>
<td>General</td>
<td>8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19</td>
</tr>
<tr>
<td>Health/Personal Care</td>
<td>8, 10, 15, 17, 18</td>
</tr>
<tr>
<td>Internship</td>
<td>16, 17</td>
</tr>
<tr>
<td>Mentoring</td>
<td>8, 9, 12, 13, 14, 16, 17</td>
</tr>
<tr>
<td>Recreational Activities</td>
<td>8, 10, 11, 12, 15, 16, 17, 18, 19</td>
</tr>
<tr>
<td>Special Event Support</td>
<td>8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 19</td>
</tr>
<tr>
<td>Transportation/Automotive/Mechanical</td>
<td>8, 10, 14, 16, 17</td>
</tr>
<tr>
<td>Youth</td>
<td>8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19</td>
</tr>
</tbody>
</table>

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## 2013-14 AMERICORPS PROGRAMS!

### PROGRAMS

| University of Wyoming - Wyoming Conservation Corps | 24 | Promote leadership and provide natural resource and environmental management experiences to young adults. |
| Greater Wyoming Big Brothers Big Sisters | 67 | Provide outreach and support to new mentors and recruit AmeriCorps members to improve the lives of youth in Wyoming. |
| Teton Science Schools | 58 | Provide education and science training for educators, youth & young adults and promote environmental education. |
| Wyoming Coalition Against Domestic Violence & Sexual Assault | 15 | Provide leadership, education & systems advocacy to advance social change and end violence, including crisis intervention. |
| Big Brothers Big Sisters of Northwest Wyoming | 16 | Provide after school education and enrichment activities, mentoring & homework assistance to local youth. |
Dear Friends of ServeWyoming,

2014 will mark ServeWyoming’s 10th anniversary as an independent non-profit. This milestone gives us a chance to reflect on our past decade of accomplishments and growth. ServeWyoming is our state’s Commission on National and Community Service. An integral component of our mission is to effectively leverage federal funds to help address critical needs across the state. It’s a unique responsibility. We are the one entity that, by Executive Order, exists for Wyoming to access AmeriCorps funds.

As a cornerstone of our voluntary advocacy efforts, the 2014 Volunteer Guide, serves to encourage members of our community to get out and support a local organization, project, or cause. We strive to make finding your next volunteer opportunity, or even your next job (see p. 22) as easy as possible by connecting you to the local agencies making a difference every day.

We appreciate your support and interest in our work and know that you, our partners, rely on us to deliver results. That responsibility is our constant driver, and we will continue our strong focus on proven approaches and program enhancements to ensure that the next 10 years are just as noteworthy as our first.

Shelly McAlpin
Executive Director,
ServeWyoming

Check out our 2013 Annual Report at www.servewyoming.org
Volunteers are an integral part of the Wyoming community, providing a valuable service to our neighborhoods, schools, health facilities, and community organizations. By generously donating their time and talents to people in need, volunteers positively impact the quality of life of others and strengthen our community. Whether educating children, aiding the ill, enriching culture, protecting the environment, or feeding the hungry, your favorite organization needs your help.

Wyoming volunteers make a positive difference in communities all around the state. According to the latest data from the Corporation for National and Community Service, more than 120,000 Wyoming residents reported serving 14.8 million hours of service for a nonprofit or community organization in 2012. This translates to more than $288.7 million in value to communities and organizations throughout Wyoming.

As our state’s governor-appointed commission for service and volunteerism, ServeWyoming strives to build a culture of citizenship, service and responsibility in Wyoming. It is our mission to improve lives and strengthen Wyoming communities through volunteerism. ServeWyoming promotes volunteering and service as a means to strengthen communities through days of service, special initiatives, and community partnerships. In 2013, 11,609 Wyoming citizens utilized Volunteer Wyoming, resulting in a total of 11,336 reported hours of service. These volunteers contributed $221,505 in value to our state. We also address community needs by administering AmeriCorps*State funding that allows AmeriCorps members to serve in nonprofit, community-based and educational organizations throughout Wyoming. Read more about the 2013-2014 AmeriCorps Programs funded by ServeWyoming on page 3.

In 2007, ServeWyoming launched a program designed to connect potential volunteers with organizations across our state, and to measurably increase the number and effectiveness of volunteers. We call this program Volunteer Wyoming. The online matching database, www.volunteerwyoming.org has been a vital part of the program and in October of 2013 we upgraded the system to have a cleaner, more user friendly interface, making it easier to use for volunteers and nonprofit organizations.

Sign up as a volunteer or organization today! Go to www.servewyoming.org, click on “Volunteer Now!” and select “Login/Join” to access the system as a volunteer or as a new or an existing organization. Fill in the information fields and you will be on your way to a great volunteer connection! Plus, pay attention to a few new features, including video and photo upload options, and the “Become a Fan” button—by clicking this button on an agency’s page, you will be the first to know when that agency adds a new volunteer need or posts an upcoming event, donation request, etc.
For more than a century, BNSF Railway Company (BNSF) has played an important role in Wyoming’s economy. As Wyoming’s largest coal transportation provider, last year alone BNSF delivered nearly 220 million tons of Wyoming’s Powder River Basin coal to plants in 26 states where it was used to produce energy that powered our nation’s economy.

Contributing to Wyoming’s economy is a priority at BNSF. In recent years, BNSF has invested more than $250 million in the state to expand and improve an essential transportation link that generates billions of dollars of economic prosperity for Wyoming citizens.

Since 2011, BNSF has been instrumental in locating 20 new or expanded facilities in Wyoming, creating more than 90 jobs and more than $100 million in investments. Projects include Genesis Energy LP and Pronghorn Rail Services LLC in Bill, as well as Midwestern Pipeline Services and Granite Peak Development in Cheyenne.

While it takes capital investments to help keep Wyoming’s economy on track, it also takes the hard work and dedication of more than 1,300 BNSF railroaders in this state, accounting for nearly $100 million in annual payroll.

More than 2 million carloads of freight were transported in or out of Wyoming in 2013, with coal being the primary commodity hauled. Last year, BNSF loaded an average of 45.7 coal trains per day in the Powder River Basin. To meet the world’s growing demand for energy, BNSF remains committed to expanding its capacity to better serve the economy and to help create jobs.

Our contribution doesn’t end at our tracks. The BNSF Foundation contributed more than $150,000 in donations last year alone to support local schools, arts and civic organizations, and various other charities to improve the quality of life in Wyoming. This is why BNSF supports ServeWyoming’s efforts to provide this Volunteer Guide resource to Laramie County.
AARP: Real Possibilities Right Here in Wyoming

AARP is so much more than advocacy and discounts. Take a closer look and you’ll be surprised at what “REAL POSSIBILITIES” we have to offer right here in Wyoming.

In Wyoming, we age with confidence, experience and innovation. We are dedicated to helping the 50 plus population as they strive to achieve their aspirations and goals, whether it’s conquering technology, living a healthy lifestyle or finding a volunteer opportunity in their community.

Mary Alice Teague found her volunteer possibility as an AARP Foundation Tax-Aide preparer in Cheyenne. Before Mary retired in 2001, she worked as an accountant for major accounting firms and had her own business. She decided to use her skills and experience by volunteering with the AARP Foundation Tax-Aide program. Mary is one of many volunteers who provide this free service to individuals 60 or older and live on a low-income. AARP Wyoming has many volunteer opportunities available.

Becoming a Community Contact: Community contacts are the “boots on the ground” of AARP. They keep us informed about the needs of the 50 plus workers, retirees and seniors. They use their networks and connections with other groups to provide educational forums that are important such as brain health, caregiving, financial security, and/or starting a small business.

Join the volunteer Government Relations Team: In coordination with the AARP Wyoming office, volunteer advocates educate state legislators on AARP Wyoming issues that are important to the 50 plus. The state office provides training and staff support to volunteers as they work on consumer and financial security issues; health and long-term care legislation; and utility issues.

Volunteer with the utility team: Utility rate hikes can make or break a monthly budget for many people, especially for those who are retired and living on a fixed income. With staff support, utility team volunteers monitor local utility rate cases, advocate or testify at local hearings and meetings on behalf of residential utility consumers.

Become an AARP Driver Safety instructor: These volunteer instructors provide driver safety classes to individuals who are 55 and older. They epitomize the hands-on volunteer community service AARP is known for. Volunteer instructors help drivers improve their driving skills and stay safe on the road. Driver Safety class participants are eligible to receive a discount on their auto insurance after completing the class.

Help with AARP’s annual Day of Service & Remembrance. It’s a day for staff and volunteers to give time to their local communities. They pay tribute to fallen heroes by participating in community events like Cheyenne’s National Day of Service to be held on September 13, 2014. AARP is teaming up with Cheyenne Light, Fuel, & Power and Habitat for Humanity to weatherize & beautify homes for low income seniors, families, and veterans.

If you would like to discover the real volunteer possibilities described above, please contact the AARP Wyoming office in Cheyenne toll-free at: 1-866-663-3290 or visit www.aarp.org/wy.

Want your Community Business to be featured here next year?

Reach over 16,000 households, inform readers about all the great things you are doing to pay it forward, and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction and quality of life among all Cheyenne area residents.

Contact ServeWyoming at (307) 234-3428 or shelly@servewyoming.org for more information about sponsorship opportunities.
The American Cancer Society is the nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

Relay For Life Volunteer
There are several ways to volunteer with the Relay For Life, on the committee, as a team captain, or as a participant.
Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 14
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Cancer Resource Center Volunteer
As a CRC volunteer you will help cancer patients by fitting wigs, getting information about their cancer, being supportive and helping make their cancer journey easier. This position is located at the Cancer Resource Center located inside the Cancer Center at Cheyenne Regional Medical Center.
Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Road to Recovery Driver
Help provide transportation for cancer patients to and from treatment locally.
Occurrence: Weekly, as needed
Minimum Age: 25
Good For: Good For: Adults 18+, Older Adults 55+, RSVP

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Disaster Action Team Member (DAT)
Respond and provide resources to families that need assistance after house fires.
Occurrence: Monthly
Minimum Age: 18,
Good For: Adults 18+, Older Adults 55+, RSVP

Preparedness Team Member
Help teach and promote safety to local businesses and families.
Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 13
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Disaster Workforce Administration
Deploy Red Cross volunteers to disasters throughout the country.
Occurrence: Monthly
Minimum Age: 18
Good For: Disabled, Adults 18+, Older Adults 55+, RSVP

Contact: Abby Eichorn
P.O. Box 586
5500 Bishop Blvd.
Cheyenne, WY 82003
abby.eichorn@redcross.org
(307) 421-2960

17th Street Arts Festival Performance Artist Liaison
The Liaison will assist SSAF Performance Artists in stage setup during the Festival.
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

17th Street Arts Festival Greeter
The Greeter will welcome SSAF patrons to the Festival location and distribute Festival guides.
Minimum Age: 16
Good For: Youth, Adults 18+, Older Adults 55+

Contact: Bill Lindstrom
P.O. Box 247
3621 Pioneer Ave.
Cheyenne, WY 82003
bill.lindstrom@artscheyenne.com
(307) 222-4091

Big Brothers Big Sisters
To provide children facing adversity with strong and enduring, professionally supported 1 to 1 relationships that change their lives for the better, forever.

Big Brother or Big Sister
Mentor a child between the ages of 5-16.
Occurrence: Weekly
Minimum Age: 17
Good For: Adults 18+, Older Adults 55+, Family

Group Activities Volunteer
Participate with groups of kids between 5-16.
Occurrence: Monthly
Minimum Age: 17
Good For: Adults 18+, Older Adults 55+

Contact: Monica Miller
1603 Capitol Ave., Ste. 510
Cheyenne, WY 82001
info@wyobbbs.org
(307)514-3383

17th Street Arts Festival Visual Artist Liaison
The Liaison will assist SSAF Visual Artists in exhibit setup, staffing and strike during the Festival.
Minimum Age: 18 - Good For: Adults 18+, Older Adults 55+

Contact: Lindsay Kowalski
P.O. Box 3063
Cheyenne, WY 82003
333 S. Beech
Casper, WY 82601
lindsay.kowalski@cancer.org
(307) 235-0044

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Casper, WY 82601
lindsay.kowalski@cancer.org
(307) 235-0044
Volunteer Guide 9

Black Dog Animal Rescue, Inc.

To provide homeless animals across Wyoming with guaranteed safe and secure placement, promote the use of proven life-saving programs in our communities, and advocate for animal welfare.

Foster Homes
Provide care for shelter dogs in their own homes until the dogs are adopted.

Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 8
Good For: Adults 18+, Older Adults 55+, Family

Adoption Ambassadors
Ambassadors raise awareness about and advocate for adoption of specific adoptable dogs.

Occurrence: Weekly
Minimum Age: 15, Minimum Age w/Adult: 8
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Fundraising Events
Committee volunteers organize, coordinate, solicit donations/sponsorships for, and follow-up with these events.

Occurrence: Semi-annually (June and Nov.)
Minimum Age: 18 Minimum Age w/Adult: 16
Good For: Disabled, Group, Adults 18+, Older Adults 55+

Contact: Emilee Intlekofer
1917 House Ave.
Cheyenne, WY 82001
emilee@bdar.org
(307)214-6600

Boys & Girls Club Cheyenne

To inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible and caring citizens.

Volunteer with Youth
Just a couple hours a week can make a real difference in a young person's life.

Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Adults 18+

Volunteer Clerical
Assisting with promotions, events, office, and misc. clerical duties.

Occurrence: Weekly
Minimum Age: 18
Good for: Adults 18+

Contact: Margie McLaughlin
515 W. Jefferson Rd.
Cheyenne, WY 82007
mmclaughlin@bgcchey.org
(307) 778-6674

CASA of Laramie County

CASA of Laramie County is to provide a court appointed voice for abused and neglected children-protecting their fundamental rights to be safe, treated with dignity and the opportunity to grow in a safe environment.

CASA Volunteer Advocate
CASA volunteers advocate for children who are in the court system as a result of abuse or neglect.

Occurrence: Semi-annually (Training sessions in the Fall and Winter)
Minimum Age: 21
Good For: Adults 18+, Older Adults 55+

CASA of Laramie County Board of Directors
Volunteer Community Board Positions
Occurrence: Monthly
Minimum Age: 21
Good For: Adults 18+, Older Adults 55+

Volunteer Committee Members
Board Committee Member.

Occurrence:
Minimum Age: 21
Good For: Adults 18+, Older Adults 55+

Contact: Carol Tullio
P.O. Box 1915
3001 Henderson Dr., Ste. E
Cheyenne, WY 82003
cuttlio@casalc.org
(307) 222-1902

Capital City Canine Search and Rescue

CCCSAR is dedicated to training and providing well-trained canine search teams to law enforcement and rescue groups. We also offer educational programs for the public to further their knowledge and interest in the use of dogs in search and rescue.

Dog Trainer/Handler
Learn to train your dog for search and rescue.

Occurrence: Weekly (Practice Mon., Tues., and Sat. & you can work with individual handlers on other days).
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Group, Adults 18+, Older Adults 55+, Family, RSVP

Trail Layer
Volunteers lay trails for trailing dogs or hide in an area for air scent dogs.

Occurrence: Weekly
(Practice Mon., Tues., Wed., as a group)
Minimum Age: 16
Minimum Age w/Adult: 12
Good For: Adults 18+, Older Adults 55+, Family, RSVP

Contact: Deb Horton
2329 County Rd. 220
Cheyenne, WY 82001
GHorton1@aol.com
(307) 256-4533
The mission of the Cheyenne Animal Shelter is to enhance the quality of life for animals and people through compassion, respect and education.

Animal Care
Volunteers will assist with cleaning kennels and provide enrichment to the animals. They will also socialize cats/dogs as well as walk dogs, and reinforce or teach basic commands to dogs. **Occurrence:** Weekly
**Minimum Age:** 15
**Minimum Age w/Adult:** 10+
**Good For:** Youth, Adults 18+, Older Adults 55+, Family

Play Group Assistant
Volunteers will help facilitate dog play time by getting animals in/out of kennels. **Occurrence:** Weekly
**Minimum Age:** 15
**Good For:** Adults 18+

Offsite Support
Volunteer will attending weekend events, walk dogs, interact with community members wanting to adopt. **Occurrence:** Weekly
**Minimum Age:** 15
**Minimum Age w/Adult:** 10
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Contact:
Danielle Fasen
800 Southwest Dr.
Cheyenne, WY 82007
dfasen@caswy.org
(307) 632-6655

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Where singers of all skill levels can perform music of all types and Cheyenne audiences can enjoy live choral music.

**Singer**
Singers rehearse and perform a wide variety of choral music together, both accompanied and acapella.
**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Disabled, Group, Adults 18+, Older Adults 55+, RSVP

Contact:
Sheila Green
911 E. 18th St.
Cheyenne, WY 82001
sheilagreen_558@msn.com
(307) 286-5577

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To celebrate the spirit, teamwork, optimism and sacrifices of the men and women who built and are the life of the Union Pacific Railroad, the Cheyenne Depot and the City of Cheyenne.

**Model Railroad Operator**
Assist with operating and showing off the model railroad layout.
**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+
**Older Adults 55+**

**Event Volunteer**
Support for Depot Plaza events. Wrist banding guests, decoration, setup and take down.
**Occurrence:** Semi-annually

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The Cheyenne Family YMCA mission is to provide services to youth, adults and families through physical, mental and educational programs designed to cultivate physical, mental and spiritual well being.

**Special Event Assistance**
Help with Fairs, Birthday Parties, Parking Lot Party, In-Door Park Celebrations (winter months), Craft Fairs, and Community Events. **Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

**Maintenance**
Help with facility and equipment repairs—great for a retired person who is a handyman! **Occurrence:** Weekly
**Minimum Age:** 55
**Good For:** Older Adults 55+

**Youth Sports**
Referees and Coaches. Sports in summer are outside and in the winter months are in our gym. **Occurrence:** Monthly
**Minimum Age:** 18
**Good For:** Adults 18+

Contact:
Chris Shay
1426 E. Lincolnway
Cheyenne, WY 82001
cshay@cheyennemyca.org
(307) 634-9622
Cheyenne Frontier Days Old West Museum

The Cheyenne Frontier Days Old West Museum is dedicated to educating the community about the history and culture of Cheyenne Frontier Days from the event’s earliest inspiration to its present celebration.

Front Desk Volunteer
Meet & greet visitors from all over the world and introduce them to the history of Cheyenne Frontier Days.
Occurrence: Weekly
Minimum Age: 16
Good For: Adults 18+, Older Adults 55+

Exhibits and Woodshop Volunteers
Help research, build and maintain Museum exhibits.
Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Docents
Volunteer docents lead visitors of all ages on tours to expand the visitors’ Cheyenne Frontier Days experience.
Occurrence: Weekly
Minimum Age: 16
Good For: Youth, Adults 18+, Older Adults 55+

Contact: Janet Wampler
P.O. Box 2720
4610 N. Carey Ave.
Cheyenne, WY 82003
owmvc@bresnan.net
(307) 778-7290

Cheyenne Regional Medical Center

To nurture and improve the health of individuals and the quality of life for our community.

Information Desk Greeters
Greet all visitors to the facility and offer assistance.
Occurrence: Weekly
Minimum Age: 18
Good For: Youth, Adults 18+
Older Adults 55+, RSVP

Home Away From Home Staff
Greet and check in guests, instructing them as to the guidelines.
Occurrence: Weekly
Minimum Age: 18
Good For: Youth, Adults 18+
Older Adults 55+, RSVP

Gift Shop Staff
Complete purchase transactions, replenish stock.
Occurrence: Weekly
Minimum Age: 14
Minimum Age w/Adult: 14”
Good For: Youth, Adults 18+, Older Adults 55+, RSVP

Contact: Arlene Flood
214 E. 23rd St.
Cheyenne, WY 82001
arlene.flood@crmcwyo.org
(307) 633-7513

Cheyenne Symphony Orchestra

To organize, fund and responsibly manage a quality, professional symphony orchestra in order to provide musical enjoyment, growth and cultural outreach.

Symphony Friends
Provide hospitality and transportation for musicians as well as office help and special event support.
Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 12+
Good For: Group, Adults 18+, Older Adults 55+, Family

Symphony Friends-Special Events
Assist the symphony in producing fundraising events.
Occurrence: Monthly
Minimum Age: 21+
Good For: Adults 18+, Older Adults 55+

Symphony Friends-Hospitality
Prepare and provide cookies, snacks and drinks for symphony musicians during rehearsals and concerts.
Occurrence: Semi-annually (Weeks leading up to concerts: 9/13/14, 10/11/14, 12/13/14, 1/31/15, 2/28/15, 4/25/15)
Minimum Age: 18
Minimum Age w/Adult: 12+
Good For: Group, Adults 18+, Older Adults 55+, Family

Contact: Elizabeth McGuire
P.O. Box 851
1904 Thomes Ave.
Cheyenne, WY 82003
executivedirector@cheyennesymphony.org
(307) 778-8561

Cheyenne - Laramie County Health Department Bio Terrorism Division

To provide Medical Countermeasures via POD’s Points of Dispensing to 95,00 County residents in a 48 hour period related to a Bio-Terrorism Event.
Community Action of Laramie County is dedicated to eliminating poverty by empowering people through education, advocacy, crisis intervention and providing opportunities toward self-sufficiency.

Evening/Weekend Host
Volunteers spend time with the families at the Host facility during the evening Monday-Friday and all day on the weekend. Volunteers interact with the children and parents.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 1
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Dinner Host
Volunteers provide nutritious meals for the families in the evening Monday-Friday and on the weekends, all meals are provided. Volunteers usually sit down with the families and enjoy mealtime.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 1
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Overnight Host
These volunteers spend the night with the families at the Host facility. The volunteer is given a private sleeping room with a bed or air mattress.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 1
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Contact: Laurie Hessel
1400 E. College Dr., CCI 125
Cheyenne, WY 82007
hessel@circleswyoming.org
(307) 214-1332

Kitchen Service
Assist in the prep and service of meals.
Occurrence: Monthly
Minimum Age: 12
Minimum Age w/Adult: 6
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Front Desk Assistance
Answer phones, welcome guests and visitors, and general office work.
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 16
Good For: Youth, Disabled, Adults 18+, Older Adults 55+, Family, RSVP

Clothing Room Organization
Sort and organize donations.
Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 12
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Paul Tucker
1504 Stinson
Cheyenne, WY 82001
assistant@comeashelter.org
(307) 632-3174

COMEA House and Resource Center

It is the mission of COMEA to provide safe, secure, and temporary shelter to men, women and children who are homeless. COMEA collaborates with community programs and resources to create opportunities for independent living. It is the vision of COMEA to become a regional leader in the compassionate care and collaborative delivery of services to men, women and children who are homeless.

COMEA House and Resource Center

Girl Scouts of Montana and Wyoming

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Troop Volunteer
Participate in exciting activities with a small group of girls- be the leader, co-leader or adult volunteer.
Occurrence: Semi-annually
Minimum Age: 18
Minimum Age w/Adult: 18
Good For: Disabled, Adults 18+, Older Adults 55+, Family

Series Volunteer
Limited availability? Share your passion with a focused group of girls who want to learn your skill or pursue your area of interest.
Occurrence: Monthly
Minimum Age: 18
Volunteer Guide 13

Volunteer Guide 13

Habitat for Humanity of Laramie County, Inc.

Seeking to put God’s love into action, Habitat for Humanity brings people together to build homes, communities and hope.

ReStore Volunteer
Assisting with donation drop-offs and processing donations. Advocating for Habitat.

Occurrence: Weekly
Minimum Age: 17
Minimum Age w/Adult: 15
Good For: Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Kate Wright
P.O. Box 2809
1805 Ames Ave.
Cheyenne, WY 82003
info@cheyennenhfh.org
(307) 637-8067

Habitat for Humanity Build Site Volunteer
Volunteer on construction job under the supervision of foreman. Painting, drywall, typical home-building activities.

Occurrence: Annually (May 10 - Aug. 24)
Minimum Age: 18
Minimum Age w/Adult: 15
Good For: Group, Adults 18+, Older Adults 55+

Habitat for Humanity of Albany County

Habitat for Humanity works in partnership with God and people everywhere, from all walks of life, to develop communities with people in need by building and renovating houses, so that there are decent houses in decent communities in which every person can experience God’s love and can live and grow into all that God intends.

Board Member
Looking for new board members dedicated to Habitat for Humanity’s mission.

Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 18
Good For: Disabled, Adults 18+, Older Adults 55+

Contact: Nicole Lopez
P.O. Box 688
302 South 2nd St., Ste. 212
Laramie, WY 82073
habitat.albanycowy@gmail.com
(307) 745-4130

Board Member
Looking for new board members dedicated to Habitat for Humanity’s mission.

Occurrence: Monthly
Minimum Age: 18
Minimum Age w/Adult: 18
Good For: Disabled, Adults 18+, Older Adults 55+

Contact: Nicole Lopez
P.O. Box 688
302 South 2nd St., Ste. 212
Laramie, WY 82073
habitat.albanycowy@gmail.com
(307) 745-4130

Contact: Alissa Thyfault
428 S. Durbin Street Ste. 102
Casper, WY 82601
alissat@gsmw.org
(800)736-5243

Headquarters
2303 Grand Ave.
Billings, MT 59102
alissat@gsmw.org
(800)736-5243

Grace For 2 Brothers Foundation

Suicide prevention through awareness and education.

Administrative Assistant
Volunteer to help with office tasks; varied duties.

Occurrence: Weekly
Minimum Age: 18+
Good For: Disabled, Adults 18+, Older Adults 55+

Special Event Support
Various duties for annual Walk of Grace.

Occurrence: Annually (Weekend of Grace is held the 2nd weekend of Aug.).
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

General
Volunteers needed in various capacities.

Occurrence: Weekly
Minimum Age: 18
Good For: Disabled, Adults 18+

Contact: BJ Ayers
109 E. 17th St.
Cheyenne, WY 82001
gracefor2brothers@gmail.com
(307) 432-4049

Contact: Kate Wright
P.O. Box 2809
1805 Ames Ave.
Cheyenne, WY 82003
info@cheyennenhfh.org
(307) 637-8067

www.servewyoming.org
**HealthWorks**

To provide quality health care services to those in need with integrity and respect in a caring environment

**Booth Attendant**
Greet guests and distribute information at an annual fundraiser.
**Occurrence:** Annually (09/19/2014)
**Minimum Age:** 18
**Good For:** Adults 18+

**Contact:** Billie Noble
2508 E. Fox Farm Rd. 1-1A
Cheyenne, WY 82007
bnoble@cheyennehealth.org
(307) 222-1805

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**Laramie County 4-H**

The primary goal of 4-H is to assist youth in developing life skills that help them live productive and satisfying lives. Some important life skills include making decisions, solving problems, relating to others, planning and organizing, communicating with others, leading self and others, and applying science and technology.

**4-H Leader**
Guide 4-H youth in club and project work through the 4-H program.
**Occurrence:** Monthly
**Minimum Age:** 21
**Good For:** Adults 18+, Older Adults 55+

**Contact:** Tansey Sussex
310 W. 19th St., Ste. 100
Cheyenne, WY 82001
larcntex@uwyo.edu
(307) 633-4383

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**Laramie County Head Start**

Laramie County Head Start is a life changing organization of proactive teams, with a shared vision, serving as a foundation for sustainable futures for children and families.

**Classroom Assistant**
Assist in preparing materials for lessons, sanitize classroom, interact and play with children.
**Occurrence:** Monthly
**Minimum Age:** 15
**Good For:** Youths, Disabled, Adults 18+, Older Adults 55+, RSVP

**Office Assistance**
Organize, clean, prepare materials, and type information. Spanish speaking abilities a plus.
**Occurrence:** Monthly
**Minimum Age:** 15
**Minimum Age w/Adult:** 12
**Good For:** Youth, Adults 18+, Older Adults 55+, RSVP

**Transportation/Facilities Assistant**
Clean, repair, paint and maintain facilities and equipment.
**Occurrence:** Monthly
**Minimum Age:** 15
**Minimum Age w/Adult:** 12
**Good For:** Youth, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Alicia Schutte
200 W. 17th St., Ste. 210
711 Warren Ave.
Cheyenne, WY 82001
alicia@calc.net
(307) 634-5829

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**K9s 4 Mobility, Inc.**

Dedicated to enriching the lives of others through the training, placement and support of Assistance Dog Partnerships.

**Puppy Trainer**
To raise and train a puppy from 8 weeks to one year of age.
**Occurrence:** Weekly
**Minimum Age:** 12
**Good For:** Youth, Adults 18+, Family

**Foster Family**
To foster a rescue or shelter dog that is between the ages of 10 months and 1 year, usually for 3-4 months.
**Occurrence:** Weekly
**Minimum Age:** 12
**Good For:** Youth, Adults 18+, Family

**Office Assistance**
Assist with putting out the newsletter and other educational material.
**Good For:** Youth, Group, Adults 18+, Older Adults 55+, RSVP

**Contact:** Michelle Woerner
3928 Dey Ave.
11805 Campstool Rd.
Cheyenne, WY 82001
info@k9s4mobility.org
(307) 222-9597

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**Volunteer Program Advocate**
Answer Phones; Help inform victims of status of their case; Send letters; Office support and data entry
**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

**Contact:** Eileen M. Gavagan
310 W. 19th St., Ste. 200
Cheyenne, WY 82001
eileen@da.co.laramie.wy.us
(307) 633-4360

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**HealthWorks**

Where health happens

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**HealthWorks**

**Volunteer Guide**
14
**Laramie County Library Foundation**

The Foundation calls upon private support to assist the Laramie County Library System in serving all people of Laramie County in their quest for lifelong learning and adventure.

**Foundation Community Volunteers**
Experienced volunteer support needed for Foundation activities including administration, fundraising and special events.

**Occurrence**: Weekly
**Minimum Age**: 21
**Good For**: Adults 18+, Older Adults 55+

**Contact**: Bruce Thomson
2200 Pioneer Ave.
Cheyenne, WY 82001-3610
Foundation@LCLSonline.org
(307) 773-7221

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**Lions of Wyoming Foundation**

It is the specific mission of the Lions of Wyoming Foundation to provide quality programs and services to the people of Wyoming for the detection, treatment and rehabilitation of visual impairments.

**Encourage and support lifelong learning and adventure.**

**Summer Reading Help**
Volunteers are needed to run the Prize Tent and hand out Summer Reading prizes to children that have met their reading goal. Most shifts are 2-3 hours with two volunteers being scheduled for each shift.

**Occurrence**: Annually (June 6, 2014-Aug 9, 2014)
**Minimum Age**: 12
**Good For**: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Special Events**
The library hosts many events especially planned for our community members. Volunteers are needed to help set-up events, organize activities,

**Rest Stop Host/Hostess**
Serve beverages and snacks to bike riders in a 100 mile supported bike ride.

**Occurrence**: Annually (Second Sunday in August; August 10, 2014).
**Minimum Age**: 14
**Minimum Age w/Adult**: 10
**Good For**: Youth, Adults 18+, Older Adults 55+

**Early Childhood Vision Screening**
Helper Assist with vision screening in Preschools or Day Cares. Typing and helping with small children. Screening equipment training provided.

**Occurrence**: Monthly
**Minimum Age**: 18
**Good For**: Adults 18+, Older Adults 55+

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**Make-A-Wish Wyoming**

We grant the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength, and joy.

**Wish Granter**
Wish Granters meet with wish kids to determine their one true wish. They help with wish parties and other activities during the course of the wish.

**Occurrence**: Semi-annually (depends on where wish kids are living, volunteer work is sporadic).
**Minimum Age**: 18
**Good For**: Adults 18+

**Contact**: Sara Miller
P.O. Box 273
201 E. 2nd St., Ste. 27
Casper, WY 82602
smiller@wyoming.wish.org
(307) 234-9474

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**Event set up/tear down**
Assist with set up of dinner and exposition - setting up tables and chairs, putting away after; bussing tables, serving water.

**Occurrence**: Annually (Oct. 4, 2014)
**Minimum Age**: 18
**Minimum Age w/ Adult**: 12
**Good For**: Adults 18+

**Contact**: David Orr
224 Talon Ct.
Cheyenne, WY 82009
dorr7111@gmail.com
(307) 631-5423
Meals on Wheels of Cheyenne, Inc.

To assist disabled, ill, frail, elderly and other homebound persons in maintaining themselves in their own homes by providing meals and other services.

**Driver**
Deliver meals once a week between 10:30 and 1:00 using own gas and car.

**Occurrence:** Annually
**Minimum Age:** 16
**Minimum Age w/Adult:** Any
**Good For:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Kitchen Helper**
Assist staff by dishing up, and packaging food, serving food, and clean-up.

**Occurrence:** Annually
**Minimum Age:** 18
**Minimum Age w/Adult:** Any
**Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Mart Volunteer
Sort, price and display merchandise for our retail mart store.

**Occurrence:** Annually
**Minimum Age:** 8
**Minimum Age w/Adult:** Any
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Sharon Benson
2015 S. Greeley Highway
Cheyenne, WY 82007
SBenson@mealsonwheelsofcheyenne.com
(307) 635-5542

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National MS Society

We mobilize people and resources to drive research for a cure and to address the challenges of everyone affected by MS.

**Bike MS**
Help provide support to 300 cyclists as they ride to create a world free of MS in Sundance WY. Volunteer positions for all ages and skill sets. Go to www.bikemswyoming.org for more info.

**Occurrence:** Annual (August)
**Minimum Age:** 16
**Minimum Age w/Adult:** 12
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Walk MS**
Help provide support as participants walk to create a world free of MS in Cheyenne, Casper, Laramie, Rock Springs, and Gillette.

**Occurrence:** Annually (Dates vary. Please visit www.walkmswyoming.org for info.)
**Minimum Age:** 12
**Minimum Age w/Adult:** 12
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Barbara Fecht
900 Central Ave.
Cheyenne, WY 82007
bfecht@needssinc.org
(307) 632-4132

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Needs, Inc.

To provide the clients of Needs, Inc. with the basic needs of life, and the tools to help them improve their lives.

**Sorter**
Sort donations (clothing, housewares, etc.) and place in store area.

**Occurrence:** Weekly
**Minimum Age:** 18
**Minimum Age w/Adult:** 12
**Good For:** Youth, Adults 18+, Older Adults 55+

**Pantry Assistant**
Assemble food boxes for clients. Sort food and stock pantry/warehouse.

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

Contact: Molly Lavach
2112 Evans Ave.
Cheyenne, WY 82001
molly.lavach@nmss.org
(307) 433-9590

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Meals on Wheels of Cheyenne, Inc.

To assist disabled, ill, frail, elderly and other homebound persons in maintaining themselves in their own homes by providing meals and other services.

**Driver**
Deliver meals once a week between 10:30 and 1:00 using own gas and car.

**Occurrence:** Annually
**Minimum Age:** 16
**Minimum Age w/Adult:** Any
**Good For:** Group, Adults 18+, Older Adults 55+, Family, RSVP

**Kitchen Helper**
Assist staff by dishing up, and packaging food, serving food, and clean-up.

**Occurrence:** Annually
**Minimum Age:** 18
**Minimum Age w/Adult:** Any
**Good For:** Youth, Group, Adults 18+, Older Adults 55+, Family, RSVP

Mart Volunteer
Sort, price and display merchandise for our retail mart store.

**Occurrence:** Annually
**Minimum Age:** 8
**Minimum Age w/Adult:** Any
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Sharon Benson
2015 S. Greeley Highway
Cheyenne, WY 82007
SBenson@mealsonwheelsofcheyenne.com
(307) 635-5542

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National MS Society

We mobilize people and resources to drive research for a cure and to address the challenges of everyone affected by MS.

**Bike MS**
Help provide support to 300 cyclists as they ride to create a world free of MS in Sundance WY. Volunteer positions for all ages and skill sets. Go to www.bikemswyoming.org for more info.

**Occurrence:** Annual (August)
**Minimum Age:** 16
**Minimum Age w/Adult:** 12
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Walk MS**
Help provide support as participants walk to create a world free of MS in Cheyenne, Casper, Laramie, Rock Springs, and Gillette.

**Occurrence:** Annually (Dates vary. Please visit www.walkmswyoming.org for info.)
**Minimum Age:** 12
**Minimum Age w/Adult:** 12
**Good For:** Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

Contact: Barbara Fecht
900 Central Ave.
Cheyenne, WY 82007
bfecht@needssinc.org
(307) 632-4132

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Needs, Inc.

To provide the clients of Needs, Inc. with the basic needs of life, and the tools to help them improve their lives.

**Sorter**
Sort donations (clothing, housewares, etc.) and place in store area.

**Occurrence:** Weekly
**Minimum Age:** 18
**Minimum Age w/Adult:** 12
**Good For:** Youth, Adults 18+, Older Adults 55+

**Pantry Assistant**
Assemble food boxes for clients. Sort food and stock pantry/warehouse.

**Occurrence:** Weekly
**Minimum Age:** 18
**Good For:** Adults 18+, Older Adults 55+

Contact: Molly Lavach
2112 Evans Ave.
Cheyenne, WY 82001
molly.lavach@nmss.org
(307) 433-9590

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16 Volunteer Guide www.servewyoming.org

www.servewyoming.org
Recovery Wyoming

The mission of Recover Wyoming is to advocate for persons in recovery and mobilize resources to aid them, their families & allies to increase the occurrence and quality of long-term recovery from addiction.

Recovery Center Volunteer
Assist in keeping the Recovery Center open, answer phones and help with upcoming events.

Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Contact: Laura Griffith
1603 Capitol Ave., Ste. 405
Cheyenne, WY 82001
laura.griffith@recoverwyoming.org
(307) 421-7261

Rev3 Adventure

Our mission is to provide high quality race events that get the entire family involved. We provide a family friendly atmosphere.

Rev3 Race Events
Water stations, race location volunteers.

Occurrence: Annually (7/18/14 - 5K Glow Run - 6:00 PM - 10:00 PM, 7/19/14 - Casper Strong - 10:00 AM - 6:00 PM, 7/19/14 - Urban Challenge - 9:00 AM - Noon, 7/20/14 - Family Adventure Race - 10:00 AM - 2:00 PM)
Minimum Age: 14
Minimum Age w/Adult: 10
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Contact: Vanessa Spiller
6700 Folkers Landing
Centreville, VA 20121
vkspiller@gmail.com
(703) 835-7886

Safehouse Services

The Safehouse mission is to promote the safety and well being of victims of domestic violence, sexual assault and/or stalking by providing support services and/or shelter.

Volunteer Victim Advocate
Working directly by providing assistance for victims seeking safety.

Occurrence: Weekly
Minimum Age: 18
Good For: Youth, Disabled, Adults 18+, Older Adults 55+, Family

Donation Management and Maintenance
Sort and organize donations. Provide maintenance services.

Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Special Projects and Fundraising
Assist staff with special projects, networking, presentations and fundraising.

Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Group, Adults 18+, Older Adults 55+

Contact: Carla Thurin
P.O. Box 1885
714 W. Fox Farm Rd.
Cheyenne, WY 82003
help@wyomingsafehouse.org
(307) 634-8655

ServeWyoming

Improving lives and strengthening Wyoming communities through volunteerism.

Seeking Volunteers of All Abilities
100's of volunteer opportunities featured on our free website. Find opportunities to suit your needs. Visit www.volunteerwyoming.org or www.servewyoming.org and click on “Volunteer Now.”

Occurrence: Weekly
Minimum Age: 14
Minimum Age w/Adult: 4
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family

Pro Bono Volunteers Needed
Highly-skilled professionals needed to consult nonprofits on specific, short-term projects throughout the County/State.

Occurrence: Monthly
Minimum Age: 18
Good For: Group, Adults 18+, Older Adults 55+

Contact: Jessica Stanbury
P.O. Box 1271
229 E. 2nd St., Ste. 203
Casper, WY 82602
Jessica@servewyoming.org
(307) 234-3428

Strong Families

Our program works to help young single parents be successful in their relationships and in their careers.

Volunteer Special Events
Volunteers need to help with special projects.

Occurrence: Monthly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Contact:
Misty Saxon
P.O. Box 884
316 W. 17th St.
Cheyenne, WY 82003
misty@hccwy.com
(307) 514-4450
**The Salvation Army**

*Doing the Most Good*

The Salvation Army’s ministry is motivated by the love of God. Its mission is preaching the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Kitchen Help**
Helping prepare lunch for our daily soup kitchen.

Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+

**Housekeeping**
Helping us keep our facilities clean on a weekly basis.

Occurrence: Annually
Minimum Age: 14
Good For: Youth, Disabled, Adults 18+, Older Adults 55+, Family

**Maintenance**
Facilities maintenance which includes light construction and yard work.

Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

**Contact:** Halley Trembath
601 E. 20th St.
Cheyenne, WY 82001
halley.trembath@usw.salvationarmy.org
(307) 634-2769

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**United Way of Laramie County**

*A better Laramie County.*

**Community Investment Team member**
Funding decisions are made by three volunteer teams based on our work in the areas of education, income and health.

**Occurrence:** Annually
(Will meet throughout the year as needed)

Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

**Campaign Team**
Volunteers assist the fundraising efforts by sharing our story with businesses and individuals.

**Occurrence:** Semi-annually (Time is flexible during the annual campaign (June - December)).

Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

**Contact:** Sara Weber
1401 Airport Parkway, Ste. 220
Cheyenne, WY 82001
liveunited@unitedwayoflaramiecounty.org
(307) 638-8904

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**Wyoming Family Home Ownership Program**

**Mentor for a WYFHOP family:**
Mentor and build relationships with WYFHOP saving and homeowner families.

**Occurrence:** Monthly
Minimum Age: 18
Minimum Age w/Adult:
Good For: Adults 18+, Older Adults 55+, Family

**Contact:** Nita Stephenson
3120 Old Faithful #200
Cheyenne, WY 82001
scpmgr@wyoming.com
(307) 634-1010

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**Wyoming Senior Citizens, Inc.**

A private, nonprofit organization whose purpose is to meet the needs of Wyoming’s older residents and help them maintain their independence.

**Senior Companions**
Provide free in-home independent living assistance to frail, elderly or disabled adults 21+.

**Occurrence:** Weekly
Minimum Age: 55
Good For: Older Adults 55+

**Wyoming State Health Insurance Information Program and Senior Medicare Patrol Volunteer**
Provide free one-on-one counseling services to decipher Medicare, Medicaid, Medigap coverage and drug plans.

**Occurrence:** Weekly
Minimum Age: 18
Good For: Adults 18+

**Health Insurance Marketplace Volunteer**
Insurance minded folks to explain health care system, guide newly insured with access questions.

**Occurrence:** Annually (Nov. 15, 2014-Feb. 15 2015)
Minimum Age: 18
Good For: Disabled, Adults 18+, Older Adults 55+

**Contact:** Tammy Howard
P.O. Box 21682
2232 Dell Range Blvd., Ste. 312
Cheyenne, WY 82003
tammy@wfyhop.org
(307) 514-5831

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**Wyoming Family Home Ownership Program**

**Meal Preparation**
Prepare and serve meals for families at our 12 week financial preparedness course (Fall 2014).

**Occurrence:** Weekly
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Youth, Disabled, Group, Adults 18+, Older Adults 55+, Family, RSVP

**Contact:** Tammy Howard
P.O. Box 21682
2232 Dell Range Blvd., Ste. 312
Cheyenne, WY 82003
tammy@wfyhop.org
(307) 514-5831
Wyoming State Museum Volunteers

WYOMING STATE MUSEUM VOLUNTEERS, INC.

The mission of the organization shall be to support the Wyoming State Museum in fulfilling its statewide role to collect, care for, exhibit, and interpret its collections.

Museum Front Desk Assistant
Individual greets public when entering the Museum. Guests counted and offered information concerning the Museum.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Disabled, Adults 18+

Collections Assistant
Assist the collections staff with the care and preservation of the Museum’s collections.
Occurrence: Weekly
Minimum Age: 18
Good For: Adults 18+

Education Programs Assistant
Assist the Curator of Education with educational programs as offered by the Wyoming State Museum.
Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 12
Good For: Youth, Disabled, Adults 18+

Contact: Nathan Doerr
2301 Central Ave.
Cheyenne, WY 82002
nathan.doerr@wyo.gov
(307) 777-7021

Wyoming State Parks, Historic Sites & Trails

Wyoming State Parks, Historic Sites & Trails protect and enhance the natural and cultural environment by providing enjoyable, educational and inspiring experiences for present and future generations.

Camp Host
Receive free camping space with hookups in exchange for volunteer service. Two month minimum commitment is required, 20 hours/week per person.
Occurrence: Annually (May 15-Sept. 15)
Minimum Age: 18
Good For: Older Adults 55+

Camp Host
Receive free camping space with hookups in exchange for volunteer service. Two month minimum commitment is required, 20 hours/week per person.
Occurrence: Annually (May 15-Sept. 15)
Minimum Age: 18
Good For: Older Adults 55+

Historic Governors’ Mansion Volunteer
Opportunities exist for those with an interest in special events, exhibits, and collections.
Occurrence: Monthly
Minimum Age: 16
Good For: Group, Adults 18+, Older Adults 55+

Curt Gowdy State Park Visitor Center
Orient visitors to the park and surrounding area. Sell permits and provide excellent customer service.
Occurrence: Weekly
Minimum Age: 18
Good For: Disabled, Group, Adults 18+, Older Adults 55+

Contact: Ashley Rooney
2301 Central Ave., 4th Floor
Cheyenne, WY 82002
ashley.rooney@wyo.gov
(307) 777-6560

Zonta Club of Cheyenne

Improve the legal, political, economic, health, educational and professional status of women through service and advocacy.

Member
Member of the Zonta Club of Cheyenne.
Occurrence: Monthly
Minimum Age: 18
Good For: Adults 18+, Older Adults 55+

Z Club
Seeking high school students at Triumph High school who would like to be a member of the Z Club.
Occurrence: Monthly
Minimum Age: 14 (high school)
Good For: Youth

Zonta Ladies Night Out Event Help
Assist with our annual event that raises funds to support entities that improve the status of women.
Occurrence: Annually (March 6, 2015/the Friday night closest to March 8th each year)
Minimum Age: 18
Minimum Age w/Adult: Any
Good For: Youth, Group, Adults 18+, Older Adults 55+, Family

Contact: Kathy Cathcart
P.O. Box 2135
Cheyenne, WY 82003-2135
kcathcart@thealignteam.org
(307) 772-9003

X-JWC

X-JWC is dedicated to Community Improvement through Volunteer Service. X-JWC supports General Federated Women’s Clubs with their efforts to decrease domestic violence and to aid the victims of domestic violence.
The Wyoming Inclusion Team is made up of members dedicated to creating a brighter future for people with disabilities, where they are fully and meaningfully included as citizens, volunteers, employees and leaders in a variety of positions in Wyoming. We are committed to encouraging and empowering non-profit organizations to foster a culture of inclusiveness so that members of our communities with disabilities improve their quality of life.

The team recently concluded survey’s for volunteers and non-profit organizations. Information collected from these two surveys will provide the Wyoming non-profits with information, analysis, and feedback from volunteers with and without disabilities, about the overall inclusion climate in Wyoming. We will also use this information to inform the Wyoming Inclusion team of ways in which we may be able to provide resources to Wyoming nonprofits to help strengthen inclusive practices, including training and technical assistance, peer mentoring and future collaboration. **The full report is now available on our website, www.servewyoming.org!**

We are also looking for new team members. If you are interested in being part of our group or would like more information, please contact Nurieh at nurieh@servewyoming.org or (307) 234-3428.
GET Pro Bono

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Awardees are granted the help of one of our pro bono volunteers who work in a variety of fields and are interested in sharing their skills with a qualified nonprofit. The pro bono volunteer will work with your nonprofit for a short-term, specific project designed to build capacity within your nonprofit.

ServeWyoming partners with many organizations doing important work in a range of issue areas. Counties where we are able to offer assistance include: Campbell, Laramie, Natrona, and Sheridan. Unfortunately, our own funding limitations keep us from awarding Service Grants to all organizations that apply and our ability to match you with the services you seek is highly dependent on the availability of professional volunteers. Organizations are strongly encouraged to apply as early as possible, so we may also search for volunteers to fulfill the expertise you seek.

Please visit www.servewyoming.org and click on “Get Pro bono” to review the grant criteria before you apply. If you have questions regarding our grant criteria or the content of any of our Service Grants, please contact the ServeWyoming office, and we will be happy to answer your questions.

The next grant application cycle is TBD. Please check our website often for announcements.

GIVE Pro Bono

Are you looking for ways to utilize your skills to make a positive impact on your community? Apply your skills to the greater good. Join ServeWyoming’s Pro Bono Volunteer Network! This is a network of Wyoming professionals who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others and learn more about the nonprofits in your community.

Rather than cash grants, ServeWyoming facilitates grants of professional consulting services called “Service Grants.” Once you have applied, you will be matched when a qualified nonprofit has been awarded a “Service Grant” that requires skills similar to your own. The pro bono volunteer works with the nonprofit on a short-term, specific project designed to build capacity within their organization.

We are able to offer assistance to nonprofits in Campbell, Laramie, Natrona, and Sheridan counties. We are continually looking for ways to expand the program to other counties and are always in need for more professional volunteers willing to donate their time and expertise to a community organization in need. Help us help the wonderful nonprofits that do so much in your counties by applying to Give Pro Bono today!

If you are interested in applying, please go to www.servewyoming.org and click on “Give Pro bono” or call us at (307) 234-3438.

Emergency Response
Volunteers Needed!

Are YOU Registered & Ready?

Make a difference in your community before, during and after a disaster

A major disaster could occur at any moment and quickly overwhelm the capacity of Laramie County’s local response organizations. Recovery of our communities after a disaster is dependent on adequate resources and trained volunteers.

Spontaneous unaffiliated volunteers who show up at disaster sites, though well meaning, can slow down the response process and place themselves and others at risk.

The pre-registration of potential volunteers enhances your community’s ability to mobilize appropriate emergency response volunteers as needed to assist with an emergency response. By pre-registering with ServeWyoming, Laramie County residents will be prepared to use their valuable skills, talents and experiences when and where they are needed most.

ServeWyoming wants you to:
Get registered BEFORE a disaster strikes!

To get started, contact ServeWyoming at (307) 234-3428 or go to www.servewyoming.org
New, groundbreaking research from the Corporation for National and Community Service (CNCS) provides evidence of a relationship between volunteering and finding employment. As a part of CNCS, we are happy to share this report:

The economic downturn that has plagued the United States economy over the last half decade has increased the need for pathways to employment for the millions of Americans struggling to find work. Government leaders, nonprofits, and news media have long provided anecdotal evidence that volunteering can increase employment prospects by helping job seekers learn new skills, expand their networks, and take on leadership roles. Despite this, there has been little quantitative research to date that has established an association between volunteering and finding a job.

CNCS’ new research, “Volunteering as a Pathway to Employment,” provides the most compelling empirical research to date establishing an association between volunteering and employment in the United States.

**KEY FINDINGS**
- Volunteers have a 27 percent higher likelihood of finding a job after being out of work than non-volunteers
- Volunteers without a high school diploma have a 51 percent higher likelihood of finding employment
- Volunteers living in rural areas have a 55 percent higher likelihood of finding employment

CNCS also found that volunteering is associated with an increased likelihood of finding employment for all volunteers regardless of a person’s gender, age, ethnicity, geographical area, or the job market conditions.

AmeriCorps Celebrates 20 Years!

Join us wishing AmeriCorps a Happy Birthday in September 2014!

Every day in communities across America, including WYOMING, AmeriCorps members are making a powerful impact on the most critical issues facing our nation. As 2014 begins, we will recognize the commitment of AmeriCorps members and alums and highlight the extraordinary impact AmeriCorps has made for 20 years.

Since its inception, more than 820,000 men and women have taken the AmeriCorps pledge, serving more than one billion hours and improving the lives of countless Americans.

“As an AmeriCorps member, now I’m able to give back, make an impact, and provide service to the organization that helped me!”
-Kaisha McCutchan,
AmeriCorps member with Greater Wyoming Big Brothers Big Sisters

For more information visit www.nationalservice.gov
Do you know the one place you can go to learn how you can be active in the community?

In an effort to increase the collaboration, connections, and relationships among local non-profits and community members,

ServeWyoming is excited to introduce the next generation Volunteer Wyoming platform

powered by “Get Connected/Galaxy Digital.”

Volunteer Wyoming is an easy-to-use web-based platform that matches the right donors, advocates, and volunteers with the right opportunities in your neighborhood. Use Volunteer Wyoming to find ways to donate unused materials and household items to agencies in need, advocate for a cause that requires your passionate voice, and volunteer your time in ways that make a real difference.

*To learn about training opportunities, contact our office at (307)234-3428 or jessica@servewyoming.org

To get started today, go to www.servewyoming.org and click “Volunteer Now!”

ServeWyoming — Improving lives & strengthening Wyoming communities through volunteerism